

*Are you fed up going to the same resort year after year,  
getting sunburnt, eating dodgy food and coming back  
feeling more stressed than before you went away?*

*For this special summer edition  
we thought we'd give you some  
ideas for taking a different kind  
of holiday, one that will make  
you feel you've spent your  
time and money well.*



## Making a change as good as a rest

### Wildlife holidays

For those people who love to be close to nature there are plenty of holidays out there catering to all kinds of interests. Here are a few ideas for you to consider:

#### Whale watching

It's hard to beat the feeling of euphoria brought on by the sight of a leaping whale. Seeing these gentle giants in their natural habitat is a truly heart-stopping experience and one that more and more people are sharing.

**Exodus Holidays** offer wildlife holidays including a 4 day break viewing Orcas from boats as well as a chance to see the Northern Lights.

www.exodus.co.uk Tel: 0870 950 0039  
email: sales@exodus.co.uk

**The Irish Whale and Dolphin Group** offers weekend whale-watching trips. Cape Clear in County Cork is Ireland's southernmost island and an excellent spot for watching whales. You can spot Minke either from a boat or from the natural vantage point of the island's high cliffs. Leatherback turtles and sharks are also spotted every year.

www.iwdg.ie Tel: 00-353-23-31911  
email: enquiries@iwdg.ie



**The Whale and Dolphin Conservation Society (WDCS)** has a travel wing called 'Out of the Blue'. They offer whale and dolphin watching holidays all over the world from as far away as Antarctica to as nearby as Wales.

www.wdcs.org Tel: 01249 449533/547  
email: outoftheblue@wdcs.org

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**020 7686 4300**

for credit/debit card readings with our personal service and money back guarantee.

**0906 110 4326**

for our premium rate readings service – open 24 hours.  
Live calls cost £1.50 per minute and are recorded.

**ROI 1580 106 822** €2.40 per minute

**Text our Psychics!**

Text **Temple** then your question and send to **84184**. Each reply costs £1.50.

Accuracy cannot be guaranteed.



CONTACTS



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Chris Odle

Write to Chris if you have any comments about Star Temple.



Managing Director/ Readers Manager

Robin Roper

Admin enquiries to 01822 616922.



Customer Services Team

If you would like to speak with one of our eight friendly reception staff – Julia, Matt, Cally, Carrie, Emily, Lauren, Sophie and Jodi – please telephone our credit card booking line on 020 7686 4300.



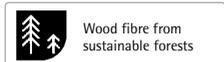
Also contact reception for general enquiries concerning Credit Card and Premium line readers.



Address

Star Temple Ltd  
P.O. Box 132, Tavistock PL19 0WA

Star Temple News uses environmentally friendly paper



Editor's Letter

Welcome to our first double issue July/August newsletter. To do our bit for the environment we've decided that we need to cut down on

the paper we use and minimise the waste that we produce. One way that we can do that is to print less issues of this newsletter.

For this first bi-monthly edition we thought it was the right time of year to think about the holidays we have taken recently and the kind of holidays that we might like to try in the future. We hope you find the selection of holidays interesting and thought provoking. And when you're sitting down to plan your summer or winter holidays for the coming year we hope you'll consider some of the options we've featured.

Don't worry, I haven't forgotten about your stars! From now on we will be including the stars for the next two months so you can read what the planets have in store for you even further into the future.

If you have any comments you'd like to make about our new bi-monthly newsletter or any other aspect of Star Temple News please do contact me on pat@startemple.net.

And don't forget that you can also do your bit and save paper by asking to receive your newsletter electronically. If you would like to do this please contact us and we will be happy to put you on the electronic mailing list.

Pat Blackett  
Pat Blackett

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Other wildlife breaks

Despite the ever-changing human world, nature remains a continuing essential tonic to life, in all its amazing forms. If you're more interested in wildlife with feathers or fur then there are specialist holiday firms who can cater to your needs.

The Travelling Naturalist is a small, specialist tour operator that has been running for over twenty years. They take small groups of like-minded people into some of the best areas for wildlife and allow you time to appreciate the natural history there.

PO Box 3141, Dorchester, Dorset DT1 2XD  
www.naturalist.co.uk Tel: 01305 267994  
email: jamie@naturalist.co.uk

Limosa Holidays is one of the world's leading specialist bird watching and wildlife tour operators with more than two decades of experience behind them. They offer a range of tours from ones that focus solely on birds through to holidays with broader natural history appeal.

Suffield House, Northrepps, Norfolk NR27 0LZ  
www.limosaholidays.co.uk Tel: 01263 578143  
email: enquiries@limosaholidays.co.uk

Wildwings offers open sea voyages with holidays to the Scottish and North Atlantic Islands, Emperor Penguin Icebreaker Safaris and trips to the Antarctic Peninsula.

577-579 Fishponds Road, Fishponds, Bristol BS16 3AF. www.wildwings.co.uk Tel: 0117 9658 333  
email: wildinfo@wildwings.co.uk

Haunting holidays

How about combining the excitement of the unknown with relaxation in a haunted place? There are several companies that offer paranormal investigations in some of the most haunted hotels, castles and houses in the UK and Europe. Why not turn up and tune in?

Fright Nights offers breaks where you can investigate haunted mansions in Southern Engalnd. Houses include the famously haunted Devonport House, Greenwich and Preston Manor, Brighton (as seen on Most Haunted).

Mystery Towers Ltd, Bridge House,  
1 Bridge Street, Sheffield S21 1AH  
www.frightnights.co.uk Tel: 0114 251 3232

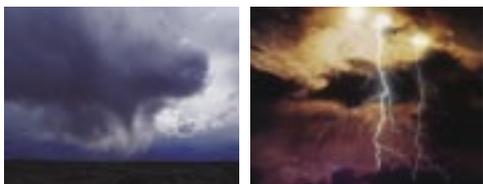
Ghost Tours UK organises paranormal investigations throughout the UK. Are you brave enough to join them?

www.GhostToursUk.co.uk Tel: 07982 689 986

Paranormal Tours organise weekly ghost hunts at some of the UK's most haunted locations. They only book locations with recent reports of activity to increase the chances of witnessing something paranormal.

www.paranormaltours.com Tel: 0871 288 4026  
email: enquiries@paranormaltours.com





## Weather and astronomy related holidays

Are you fed up with endless blue skies when you go away? There are holidays that cater to people who want to chase storms and view nature at its most dangerous and exciting. Why not go where the bad weather is for a change and try a storm chasing holiday?

**TRADD** are a company based in the USA that has been running tours since 1995. They claim to show visitors how to chase and view storms the safe way.

www.traddtornadochasingtours.com  
email: traddservice@yahoo.com

**Stormchasers.co.uk** are organising a guided lightning photography expedition to Tuscon, Arizona at the end of July 2007. In Arizona the desert air is very dry and in the monsoon season thunderstorms have very high bases giving very long, bright forked lightning. Visibility is extremely good so you can see the lightning from miles away.

www.stormchasers.co.uk  
Tel: 07711 152226  
email: alister@stormchasers.co.uk

Or perhaps the calmer pastime of watching an eclipse is more to your taste?

Watching a total eclipse means different things to different people. Some want to perform scientific experiments, some want to capture its spectacular beauty on film, and others simply want to witness first-hand the sheer excitement and beauty of this most extraordinary piece of natural theatre. On 1 August 2008 there will be

an 'arc of darkness' stretching from northern Canada, across Eurasia and into China.



**Explorers Tours** has arranged expeditions to observe almost all total eclipses since 1981. They are now offering a special programme for the 2008 total solar eclipse.

Explorers, 8 Minster Court, Tuscum Way, Camberley, Surrey GU15 3YY  
www.explorers.co.uk Tel: 01276 406877  
email: astro@explorers.co.uk

**Explore Worldwide** are offering holidays for small groups. They provide experts to accompany you and offer breaks to various locations around the world which will experience the total eclipse in August 2008.

Explore Worldwide Ltd, Nelson House, 55 Victoria Road, Farnborough, Hampshire GU14 7PA  
www.explore.co.uk Tel: 0870 333 4001  
email: res@explore.co.uk

## Singles holidays

There are many companies that now offer holidays specifically designed for single people without holiday makers having to pay the single person supplement. You might have a partner but just want the flexibility to spend time as you please on your holiday or, if you are single, to get the chance to meet a whole set of like-minded people.

**Speedbreaks** specialises in arranging singles holidays, weekends and days out. These include skiing, snowboarding, tennis, sailing, diving, walking and activity and adventure holidays.

2-5 Benjamin Street, Farringdon, London EC1M 5QL  
www.speedbreaks.co.uk  
Tel: 0800 612 2202



**Friendship Travel** offers solo singles holidays in the UK, Europe and Worldwide.

www.friendshiptravel.com Tel: 0870 8500 344  
email: enquiries@friendshiptravel.com

**Solitair Holidays** offers you the flexibility to enjoy your singles holidays as you please with the opportunity to meet other single people.

www.solitairhols.co.uk Tel: 0845 123 5515  
email: enquiries@solitairhols.com

## Foodie holidays

Instead of dining out at five-star restaurants for your holiday, why not trade in your fancy garb for a chef's apron and learn to create your own meals? Or, for a short holiday, why not spend a lazy weekend tasting wine? Food holidays are extremely varied, with as many options as there are types of food. Whether you would rather be doing the cooking or the sampling, or both, there is a food holiday available for every level of cooking skill, area of culinary interest, and budget. Many operators are flexible and are happy to offer tour-only prices if you wish to make your own flight or accommodation arrangements. Some also offer extended trips and add-ons if you are interested in taking a longer holiday. Generally the cookery courses do not require any experience, just a love of food and a willingness to learn.

**Martin Randall Travel - Gastronomy Tours** offers cultural tours which combine the enjoyment and appreciation of fine cuisine and wines with art and history. Located in Europe's more renowned gastronomic heartlands, such as Burgundy or Emilia-Romagna, as well as lesser known havens of good food and wine, such as Puglia.



Voysey House, Barley Mow Passage, London W4 4GF  
www.martinrandall.com  
Tel: 0208 742 3355  
email: info@martinrandall.co.uk

With **On the Menu** you learn to cook sensational food in spectacular locations. From India to Indonesia, Morocco to Mexico, or Sydney to Seville, you'll find vibrant cities, idyllic beaches, lush country and ancient lands – all with great cuisine. 68-70 North End Road, London W14 9EP  
www.holidayonthemenu.com Tel: 08708 998844  
email: info@holidayonthemenu.com

**Arblaster & Clarke Wine Tours** are the world's leading specialist in wine tours. They offer over 70 escorted trips to 17 countries. From a few days in Champagne to a longer stay in Chile, South Africa or Australia. Also gourmet holidays in Italy and France and an annual wine cruise.

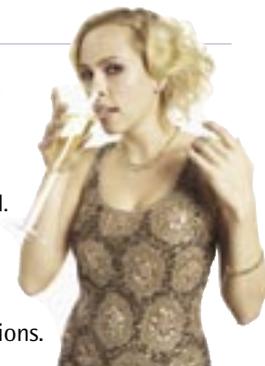
Cedar Court, 5 College Street, Petersfield, Hampshire GU31 4AE  
www.winetours.co.uk Tel: 01730 263111  
email: sales@winetours.co.uk

**India On the Go** offers culinary holidays in tropical Goa. Learn to cook traditional India food while catching a tan at the same time. Just steps away from Anjuna Beach, this culinary/beach tour is truly a one-of-a-kind. www.indiaonthego.com Tel: 020 7371 1113  
email: info@onthegotours.com

## For vegetarians

If you are a vegetarian or vegan then going on holiday can be quite tricky.

**Vegi-Ventures** offers small friendly holidays with great vegetarian and vegan food. Their holidays range from a break in the UK to Turkey, Peru, Guatemala and Grenada. Castle Cottage, Castle Acre, Norfolk PE32 2AJ  
www.vegiventures.com Tel: 01760-755888  
email: holidays@vegiventures.com



## ▷ No money to spend?

Why not try a volunteering holiday and give something back to the world? This type of holiday can be a highly rewarding and life changing experience.

**WWOOF** is a worldwide exchange network where bed, board and practical experience are given in return for work. Stays of varied length are possible. WWOOF provides opportunities for organic training, changing to a rural life, cultural exchange or being part of the organic movement.

11 Falcon House Gardens, Wootton Hill, Newbury, Berkshire RG20 9UQ  
www.wwoof.org.uk

**Responsible Travel** can offer advice on volunteer travel options and volunteering holidays. They have information on specialist and responsible operators committed to supporting local communities and the environment.

www.responsibletravel.com Tel: 01273 600030  
email: amelia@responsibletravel.com

**GVI** can offer a unique travel experience. If you would like to make a difference in some of the world's most critical conservation and community then you could volunteer with GVI. There are over 150 projects including challenging Marine Conservation and Wildlife Research expeditions in Africa and Latin America and volunteer teaching and wildlife projects in over 30 countries worldwide.

www.gvi.co.uk Tel: 0870 608 8898  
email: info@gvi.co.uk



## Sustainable tourism

Can you make a difference? Just simple things can make an enormous difference when you travel. Think how you can have a positive impact on the people and places you visit, and help ensure that they inspire future generations of travellers. Here are a few organisations that have advice on how you can ensure that your holiday has the least impact possible on the environment and on the local culture. ☐

### FURTHER INFORMATION

#### The Travel Foundation

The CREATE Centre, Smeaton Road, Bristol BS1 6XN

www.thetravelfoundation.org.uk

Tel: 0117 9273049

email: admin@thetravelfoundation.org.uk

#### Climate Care

112 Magdalen Road, Oxford OX4 1RQ

www.climatecare.org Tel: 01865 207 000

email: mail@climatecare.org

#### The Carbon Neutral Company

Bravington House, 2 Bravington Walk, Regent Quarter, Kings Cross London N1 9AF

www.carbonneutral.com Tel: 020 7833 6000

email: shop@carbonneutral.com

#### Born Free Foundation

3 Grove House, Foundry Lane, Horsham, West Sussex RH13 5PL

www.bornfree.org.uk Tel: 01403 240170

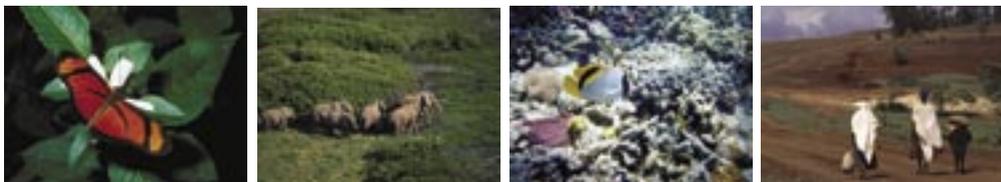
email: info@bornfree.org.uk

#### WWF-UK Souvenir Alert Campaign

WWF-UK, Panda House, Weyside Park, Godalming, Surrey GU7 1XR

www.wwf.org.uk Tel: 01483 426444

email: supporterrelations@wwf.org.uk



Welcome to our monthly update which lists our readers for both the credit card and premium rate lines, giving full details including when they are available.

Callers are requested to always contact Star Temple readers through our main telephone numbers listed here, so that readers' schedules continue to be respected.

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### CREDIT CARD READERS

7 days, 9am-midnight

**020 7686 4300**

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#### Hayley

Credit Card Readings

Sun 7pm-midnight



Hayley is always happy to answer specific questions. A sensitive young clairvoyant, she will give you a very rounded reading as she links with all the factors that are affecting your situation. If you wish she will use Tarot for confirmation of what she has picked up psychically, although her precognitive abilities mean that she often anticipates which cards will appear! Hayley likes to read beneath the superficial to touch your deep inner person, leaving you with a stronger belief in yourself.

#### Akasha

Credit Card Readings

Sat 7pm-midnight



Akasha's readings are essentially concerned with your life's purpose. A gifted clairaudient and natural healer, she tunes in through angels before channelling "guidance, advice and messages" from Atavars – enlightened spiritual Masters. "They will tell you what they want you to know", she says. "It may not always be what you expect but it will be what you need to know". People often tell her that they can feel the love and encouragement that she is channelling. It is as though their soul has been touched, leaving them stronger and more aware.

#### Jan

Credit Card Readings

Tue 6pm-10pm

Sun 9am-12 noon/6pm-9pm



A highly experienced reader, Jan works with a spirit guide – a Chinese mandarin – who, she says, is "a very honest gentleman; he wouldn't let me mislead people". She will tell you the truth, but in an understanding and positive way. "It's not what life is doing to you, it's what life is doing for you". Jan will use her powerful clairvoyant insights to enable you to understand the mystery of your own unique life, helping you to take control of your future.

#### Jacki

Credit Card Readings

Mon, Wed, Thu 2pm-6pm



Jacki, a working medium and healer for over 30 years, comes from a long line of psychics. Her own varied life experiences have helped to make her a compassionate and understanding reader and she holds a regular development circle. Hearing your voice, she makes a strong link with Spirit – enabling you to see your situation more clearly and explore the opportunities for change and development – and she can also link with your loved ones. Jacki's clients say she always leaves them feeling reassured and far more focussed.

#### Thomas

Credit Card Readings

Wed, Fri, Sat & Sun 7pm-midnight



Thomas uses psychic, clairvoyant and mediumship skills and receives impressions from simply hearing your voice. Spirit people communicate with him through symbols, images and voice. He works with three spirit guides: oriental gentleman, Pang, Orion who helps with healing and his strongest guide, Red Moon, assisting with mediumistic healing. His guides are often helpful with identifying significant periods of time. Clients find Thomas has a relaxing and calming influence and will often return verifying his messages at a later date.

**Marie***Credit Card Readings***Wed, Fri, Sat** 2pm-7pm

▶ Marie, a gifted psychic-medium and clairvoyant, quickly picks up on whichever subject you would like her to focus on. "It is like watching a film" she says "then, through the ability to hear Spirit, I receive a stream of information to back that up". Marie can 'slip in' to another person's psyche, unravelling in detail the specific thoughts, motivations and true feelings of those around you and helping to examine and heal all kinds of relationship. With her advanced Spiritualist training, she feels privileged to pass on evidence and messages from loved ones in Spirit. "I work only from a place of complete truth".

**Mia***Credit Card Readings***Mon** 2pm-midnight**Wed, Thu, Fri, Sat** 7pm-midnight

▶ Mia uses her natural clairvoyant and clairsentient gifts to connect with you and Spirit to bring light to your current situation and help you find your own personal truths. She has since childhood had powerful psychic visions and prophetic dreams. Mia studied theology at University and her continuing interest in spiritual and mystical traditions across the globe grounds her own intuitive insights. Working without cards, her compassionate, direct and inspiring readings will help you to discover what it is that you most need to know.

**Wayne***Credit Card Readings***Mon** 7pm-midnight **Tue, Thu** 9pm-midnight**Sun** 10pm-midnight

▶ Wayne realised that he had psychic ability during his teens. With the help of his guides he developed his skills over the years and is now a very experienced spiritual medium, clairvoyant, clairaudient, clairsentient, healer and psychometrist. He is also a Reiki master and Tarot interpreter. "I sense my client's energies as soon as I hear their voice and I try to pass on messages as gently and clearly as I can. Honesty is my fundamental policy – honesty, and the highest good". His clients testify that Wayne's readings leave them feeling uplifted and motivated and a lot more in control of their lives.

**Cassandra***Credit Card Readings***Tue, Fri** 9am-2pm**Thu** 2pm-7pm

▶ A very experienced clairvoyant, clairsentient and psychic astrologer, Cassandra channels information from her spiritual guides to give you a sympathetic and helpful reading whatever your questions or concerns. She tunes in to loved ones through your voice and, as a Past Life Therapist, can reveal how your previous incarnations and those of the people around you are affecting your current situation. Although serious about her own and others' spiritual development, Cassandra believes in the power of laughter to heal and this is reflected in her readings.

**Kathryn***Credit Card Readings***Mon, Wed** 10am-2pm**Thu, Sat** 6pm-10.45pm**Fri** 6.15pm-10.45pm

▶ A much sought after Clairvoyant Kathryn will help you unlock the secrets of your future life path. She provides her many clients with authentic and honest readings. Issues such as relationships, friendships and marriages are closely examined in the strictest confidence. Kathryn has developed her own unique style of reading, combining her different psychic gifts to give you new insight and understanding into your life. Kathryn may also be consulted regarding the removal of negative energies and thought patterns.

**Jayne***Credit Card Readings***Tue, Thu, Fri** 7pm-midnight**Wed** 2pm-7pm **Sun** 6pm-11pm

▶ Working with her spirit guide, Alexei, Jayne tells things as they are, have been and will be. A gifted clairvoyant-medium and clairaudient, she has been a professional reader for over thirty years and her friendly and warm manner is born out of a lifetime of trauma and miracles. With the belief that everything happens for a reason and every negative has a positive, Jayne uses her psychic ability to help people move forward with hope and belief in themselves. "Life's lessons can make us stronger – there is always a better way".

**Richard***Credit Card Readings***Tue** 2-7pm / 7.30pm-midnight**Wed** 7pm-midnight**Thu** 2-6pm / 7.30pm-midnight**Sun** 9am-2pm / 7pm-midnight

▶ Richard was four years old when he first became aware of his remarkable psychometric abilities. Although tools such as tarot cards, crystals and a mandala are used to focus energy, he depends on his clairsentience to read the forces surrounding his clients. He works with his guides (the main one being a young girl named Grace) and occasionally with people in spirit connected with the client who enable him to give insightful advice. Richard prefers to be an all-rounder, helping people with whichever issues they feel they need advice on at the time.

**Lynn***Credit Card Readings***Tue, Sun** 2pm-9pm **Wed** 6pm-10pm**Thu** 10am-3pm **Fri** 2pm-6pm

▶ Lynn describes what happens during a reading as "like someone switching a T.V. on in my head". A clairvoyant and spiritual healer for more than twelve years, she is frequently consulted on love and relationship issues, being able to tune in to others involved in a situation. Lynn's insights into the past and present convince her clients that she has established a genuine link, giving them confidence in her guidance for the future. "I see reading as a privileged responsibility and get great comfort from being able to channel help and empowerment to people in times of need."

**Julie***Credit Card Readings***Mon, Sun** 1pm-11pm**Wed, Fri** 7pm-midnight**Sat** 2pm-7pm

▶ Julie has clairvoyance as well as mediumship, clairaudient and clairsentient abilities. She learned initially from her grandmother, who read playing cards and tea leaves. Later she began to pick up on spirit energy in buildings and trained in healing, Reiki and psychic development. Also experienced in NLP, counselling and hypnotherapy, she uses a crystal ball and psychometry and has familiarity with tarot from individual "party" readings. A multi-talented reader who loves helping people using whichever of her talents is most needed.

**Carla***Credit Card Readings***Mon, Thu, Fri** 2-6/7-9pm **Tue** 10am-2pm**Sat** 9am-2pm **Sun** 2pm-7pm

▶ Inheriting her gifts of clairvoyance and empathy from her mother and grandmother who were both psychics, Carla links to your feelings – emotional and physical – while receiving strong mental visual images that enable her to understand and interpret your situation. She can also use Tarot if you wish. Carla has helped many clients through difficult times with her caring, informative readings and her emphasis on the future. "There is always a more positive path forward. I like to give people the awareness and self-belief to find and follow it".

**Terence***Credit Card Readings***Mon** 7.30pm-midnight**Thu** 7pm-midnight

▶ With a family background in healing, Terence began developing his psychic talents in his twenties. Using clairvoyance together with tarot cards, a family gift, he frequently receives powerful picture images alongside the card designs. Terence can find information from personal items such as jewellery and, in telephone work, makes a similar link through your star sign. Relationships are a speciality but he will always seek to focus in on your main concerns and desires and point you in the right direction.

**Christine***Credit Card Readings***Wed** 2pm-7pm **Sat** 10am-2pm

▶ As a young woman Christine spent many years on a spiritual quest before she could accept that the 'knowing' which had been hers from birth 'unprompted and unwanted' was a precious gift to be shared with others. "I now believe that I act as a 'radio', tuned into an omnipotent force of pure Love... I am only an instrument". Clairvoyant, clairaudient and clairsentient, Christine has worked as a trance medium and healer. She offers compassionate, practical direction and understanding – and a peek into the future – to those seeking guidance and support.



**Jeannie**

*Credit Card Readings*

**Tue, Wed, Thu** 9am-2pm

▶ When Jeannie was seven years old her mother gave her a set of tarot cards. An unusual present for such a young child – but in this case mother certainly knew best, because Jeannie is powerful natural psychic who, although she helped to design the beautiful 'Daughters of the Moon' tarot deck, now works almost entirely with Spirit. Clairvoyant, clairaudient and clairsentient, she aims to put people in touch with their own intuitive awareness so that they can trust in their path.



**Hazel**

*Credit Card Readings*

**Mon, Tue, Sun** 9pm-midnight

**Fri, Sat** 7pm-midnight

▶ As a child Hazel struggled to make her family accept and understand her strong psychic powers. Now she says "Spirit is my life". A popular platform medium, she also teaches spiritual development, does voluntary work in hospices and runs her own healing centre. Helped by her 'honest and down to earth' Egyptian guide, Hazel tells it as it is, but with empathy and compassion. "My aim is to bring light to anyone who is struggling in darkness and to give them informed and positive hope for the future. That's my philosophy. That's how I work".



**Amber**

*Credit Card Readings*

**Mon, Tue, Wed** 7pm-midnight

▶ A warm and reassuring lady, Amber has a long history in the field of psychic work. Her reading ability was evident from when she was only thirteen years old, with her gifts of clairvoyance, mediumship and psychometry (holding an object to divine information about its owner) running in the family. Amber is in very direct spiritual contact when she gives her readings. In most instances it takes her no more than a minute to "link in". You can be sure of a friendly and sympathetic approach.

...

**PREMIUM RATE READERS**

7 days, 24 hours a day

ring

**0906 110 4326**

**ROI 1580 106 822**

or any of our published premium numbers and be put through to whoever is available or choose a particular reader by entering their pin code.

If you would like a reading with a preferred reader, see when she/he is on and dial one of our numbers.

When prompted enter their pin.

Or if you don't mind who you speak to hold the line to be put through to the next available reader.

**IMPORTANT NOTE**

We have not had enough space to list all our premium rate readers, so if you have had a reading with someone who is not listed and need their pin number, please ring us on 020 7686 4300 and we will be happy to give it to you.

...



**Rudi**

*Premium Rate (PIN 7717)*

**Tue** 10am-2pm

*Credit Card Readings*

**Mon, Thu** 9am-2pm **Wed, Fri** 10am-2pm

▶ Combining powerful psychic insights with a reassuringly understanding approach, Rudi is an experienced platform medium, clairvoyant and Tarot reader whose list of clients includes some familiar public names. He also teaches psychic development and is writing a book on his experiences in the world of Spirit. Rudi strives to empower you to make your own choices, often bringing closure to unhappy situations. He feels privileged to be a medium: "It proves to me that our loved ones are alive in the spirit world – when my clients come to know that too it is so fulfilling".



**Lola**

*Premium Rate (PIN 7759)*

**Sun** 9am-2pm

*Credit Card Readings*

**Sat** 9am-2pm

▶ Psychic ability runs on both sides of Lola's family. From childhood, she has accepted prophetic dreams and spirit world insights as everyday occurrences. "Everyone has an eternally wise Higher Self that connects Spirit, where all understanding exists". A natural clairsentient and clairvoyant medium, Lola channels information via the Higher Self by sensing the subtle vibrations in people's speech as they describe their situation. Able to tune into and advise on most topics including relationships, she is a particularly clear channel for business, career and legal information.



**Elizabeth**

*Premium Rate (PIN 7715)*

**Mon, Thu** 8am-2pm **Fri** 9am-2pm

**Sat** 2pm-7pm

▶ When she was eight years old Elizabeth began to do automatic writing. What appeared was extraordinary – information that no child could possibly know or understand. Now she uses her strong clairvoyant, clairaudient and clairsentient gifts to help her clients to gain insight into their lives in such a way that they can appreciate and respect their own identity. "We are here to love ourselves and each other". A reading with Elizabeth will strengthen your self-belief in a profound and convincing way.



**Laura**

*Premium Rate (PIN 7732)*

**Wed** 7pm-10pm **Thu** 10am-2pm

**Fri** 10am-2pm / 7pm-11pm **Sat** 2pm-7pm

▶ Because she was born into a psychic family Laura's parents encouraged her natural gifts and she began healing at the age of six. As a qualified nurse she continued to work with Spirit until she found that, as her clairvoyant abilities developed and deepened, more and more people were seeking her help on a wide range of issues. Becoming a professional reader "just sort of happened"! A very accurate and intuitive psychic, Laura now runs her own healing sanctuary. "It is my mission to be of service to people; to bring light, love and hope into their lives".



**Tom**

*Premium Rate (PIN 7757)*

**Tue, Thu, Fri, Sun** 2pm-7pm

*Credit Card Readings*

**Tue** 7.30pm-10pm

▶ Tom learned his psychic skills directly from his guides in the Other World, who he first saw at the age of seven. A multi-talented reader, he is clairvoyant, clairsentient, a spirit medium, past life therapist, dream analyst and healer, and he uses crystals, pendulum, cards or crystal ball when he feels they are appropriate. Tom gets straight to the heart of the matter. "I like to be as clear as possible, mentioning actual events, dates and times". Accurate and very understanding, he can throw light on all areas of your life, but specialises in relationship issues.



**Karena**

*Premium Rate (PIN 7703)*

**Mon** 7pm-midnight **Thu, Sat** 7pm-11pm

*Credit Card Readings*

**Fri** 7pm-11pm

▶ A warm and understanding reader with many years experience, Karena inherited her psychic gifts from her grandmother. A powerful clairsentient, she links immediately through the voice and she can also use crystals, tarot or crystal ball to channel the insights that will be most valuable to you. "Honesty is very important to me", she says. "I don't hold things back, because it is only when we really understand our situation that we can begin to move forward". Feedback from her clients confirms Karena's conviction that what she does is very rewarding "I just want to help. I am so grateful for my gift".



**Amethyst**

*Premium Rate (PIN 7790)*

**Mon, Wed** 6pm-11.30pm

**Tue** 2pm-8pm

▶ Amethyst has been aware of Spirit and the need for healing people, animals and Mother Earth since she was a child. Working with her guides, Senegal and Durula – both ancient Tibetans – and Grey Wolf, a very wise old spirit, she also receives help from the angelic realms to give positive guidance to all in need. She runs healing and development circles and raises much-needed money for animal charities through psychic fairs. Using cards or crystal ball when appropriate, Amethyst seeks to provide self-empowering insights with her uplifting, healing readings.

**Kerrie***Premium Rate (PIN 7716)***Tue** 7pm-11pm **Thu** 7pm-midnight  
**Sat** 9am-2pm

▶ As a child Kerrie could see energies, and when people came to her with problems she would "know the answer without considering how" – but it was when she attended a spiritualist church in her twenties that her gift truly flourished. Highly telepathic, clairvoyant, clairaudient and clairsentient, she believes that traumas in her own early life provided valuable lessons and she is a very sympathetic and non-judgemental reader. A natural healer, Kerrie found that Reiki further enhanced her psychic powers. Although specialising in relationships, she brings genuine understanding to your concerns, whatever the issue.

**Eric***Premium Rate (PIN 7742)***Mon, Thu** 2pm-7pm **Wed** 9am-2pm*Credit Card Readings***Tue** 2pm-7pm

▶ Eric works in his own healing sanctuary, leading development groups. A gifted all round psychic, he is clairvoyant, clairaudient and clairsentient, reads Tarot, is a member of the Home Counties Association of Spiritual Healers and a popular platform medium. Spiritually aware from childhood and experienced with many of life's problems, Eric likes to give proof of his link with Spirit during his empathic readings. "The guides are often family members or friends of my clients. The evidence is profoundly astonishing – and their help is invaluable and uplifting".

**Alison***Premium Rate (PIN 7706)***Mon, Wed, Thu** 2pm-7pm **Tue** 6pm-10pm  
**Fri** 7pm-midnight

▶ Alison's name in the world of Spirit, which has guided and influenced her throughout her life, is Earth Angel. "I work with love and have a deep awareness of the interconnectedness of all things". In the course of developing her natural clairvoyant and healing abilities she has learned many skills and is now a respected and sought-after Reiki Master, Angel and Tarot card reader, Colour Therapist and Hatha Yoga teacher. A much-travelled psychic, she gains great satisfaction from devoting herself to "the work that Spirit has asked me to perform: helping others to achieve understanding, well-being and true peace of mind".

**Tanith***Premium Rate (PIN 7710)***Mon, Wed, Sat** 10pm-2am

▶ Tanith read palms as a young girl and soon realised that what she was picking up was uncannily accurate.

Throughout her years of nursing and raising a family she continued to develop her clairvoyant gifts, finding that her telepathic ability to link into what others were feeling enabled her to show them how to redirect their energy in a healing and beneficial way. With her strong belief in peace, Tanith will help you to find your own inner peace of mind and spirit.

**Liz***Premium Rate (PIN 7720)***Tue, Fri** 7pm-11pm **Sat** 10am-2pm  
**Sun** 2pm-7pm*Credit Card Readings***Sat** 7pm-11pm **Sun** 10am-2pm

▶ Spiritually and psychically aware from childhood, Liz inherited her gifts from her grandmother, who was herself a popular medium. Using her counselling skills in all aspects of her psychic work, Liz has helped many clients traumatised by life's problems and dilemmas. Clairvoyant, spiritual-medium, tarot and dream interpreter and healer, she combines impressive accuracy with honesty and compassion. "I like to help people become stronger by showing them how to tap into their own psychic powers – Divine guidance is there for us all. I am just a messenger".

**Tricia***Premium Rate (PIN 7711)***Tue** 10pm-2am  
**Wed** 9pm-midnight

▶ Psychic medium Tricia, an experienced intuitive healer, counsellor and teacher will initially confirm a genuine link with you before guiding you compassionately through your consultation. Straight-talking Tricia, a qualified life coach, can help you to move forward in all areas of your life – relationships, career, finance – whichever issue you wish to explore when you call her. Working in many countries, including France and China, has brought her enormous satisfaction, none more so than in seeing others grow and prosper through gaining deeper insights into their lives. "It is such a privilege working with Spirit".

**Neelam***Premium Rate (PIN 7743)***Tue, Thu, Sat** 7pm-10pm

▶ Neelam has been aware of her natural psychic ability since the age of twelve. She is guided by the spirit of the Indian saint, Sai Baba, and through him she has had many prophetic visions. To help others understand and deal with their situation she can channel into past lives and into the past, present and future, as well as pass on important messages from the other side. As an astrologer and numerologist she can give more detailed guidance when specific direction is required. This, coupled with her spiritual gift, gives powerful healing and guidance to all who need it.

**Beth***Premium Rate (PIN 7700)***Mon, Sun** 9am-2pm/6pm-11pm  
**Tue** 9am-2pm **Sat** 2pm-7pm

▶ In touch with the world of Spirit since the age of five, Beth has helped countless people to understand their life's purpose. "Our guides are always with us" she says. "They want to help us and only by listening to them can we really move forward". Experiences in her own life have given her a compassionate understanding of the problems of others. Spiritual medium, clairvoyant, healer and teacher, Beth is also a talented Tarot interpreter. This very empathic and positive psychic's warmth and concern for her clients, and the genuine truths of their situations, come over in all her readings.

**Harry***Premium Rate (PIN 7726)***Tue, Thu** midnight-6am  
**Fri, Sat** midnight-9am

▶ Harry has been working as a clairvoyant for over twenty years, since a critical illness in his early twenties reawakened the psychic connections with Guides that had been a daily part of his early childhood. Having also worked in a number of other occupations, Harry has a broad experience of life. He aims to take an equally compassionate approach to all clients, whatever their inner or outer circumstances. His readings also encompass the practical aspect, seeking not just the bare facts of a person's life but also how they can change their circumstances to better suit their needs.

**Jenny***Premium Rate (PIN 7736)***Mon** 9pm-midnight **Wed** 10am-2pm  
**Sun** 6am-10am/9pm-midnight

▶ Clairvoyant Jenny welcomes questions. Strongly empathic, this gentle and compassionate psychic healer senses your magnetic force as soon as she hears your voice and with the help of her spirit guide, a young Indian girl called White Eagle, goes straight to the heart of your concerns. Working with crystals and cards when she intuitively feels they are appropriate as well as with her 'wonderful' angels, Jenny involves her clients in her ethical, in-depth readings as fully as possible. "I like to give people the peace of mind that comes from genuine enlightenment and leave them with a feeling of hope".

**Selina***Premium Rate (PIN 7727)***Tue, Wed** 6am-10am  
**Thu, Fri** 9am-2pm

▶ Working purely through Spirit, clairvoyant medium Selina always tries to give her clients evidence that only they could recognise, to show them that she has established a genuine link. With her intuitive understanding of the principles of cause and effect she is able to bring clarity to the most complex and bewildering situations, honestly but sympathetically. "I read from the heart", she says. A practitioner of Reiki, hypnosis and drama therapy, above all Selina has a deep reverence for nature and the divinity of Mother Earth and this is reflected in all that she does.

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# Astrology Pat Blackett

**July** Mercury changes to direct motion in the nurturing and family-oriented sign of Cancer on 10 July. This is followed by the New Moon in the same sign on 14 July as well as planet of love, Venus, moving into the perfectionist and critical sign of Virgo on the same date. Don't imagine you can hide your flaws from your nearest and dearest ▷

## Aries (Mar 21 - Apr 20)

**July** Venus makes you irresistibly hot and seductive: admirers should beware getting their fingers burnt! The focus is on home and family and the signs are strong that you're all moving forward together. Don't dismiss a traditional approach on 1 July. If you are mindful of others' sensibilities you will get the cooperation you need. When Venus rewinds on 27 July you face a tantalising choice as two people compete for your attention.

**August** Jupiter turns social after 7 August which means spending much more time out of doors with your friends and family. Want to take risks? Play it safe for a little while longer. Other people's motives are not clear to you so just ask them directly what they are planning. There's news about an ambitious travel plan on 23 August. Showering those you care about with TLC can bring you happiness as well.

## Gemini (May 22 - Jun 22)

**July** Mercury in backward motion makes you the subject of gossip related to your love life. It's time to lean on close friends for support on 1 July and this difficult time will soon pass. Later in the month you should be able to make a proper financial plan and stick to it. On 29 July there is good news about an old debt. If you ask your family or friends what it is they want from you then you could be surprised by the answer you get.

**August** Mars in your sign from 7 August lends you his strength and energy: you should be feeling determined and ready to move on. Instead of being back stage you are now in the limelight and you'll love every minute. Good relationships deepen while wrong ones will fade away. Seductive Venus turns on your magnetism on 15 August. Be generous with your success and your time and make sure others get their fair share.

## Taurus (Apr 21 - May 21)

**July** Your energy and confidence are high with Mars in your sign. You are in a 'make it happen' mood as far as work is concerned. Make sure you pamper yourself on 9 July when things at home could get rather intense: forget those tasks and concentrate on feeling good. The Sun in your communication chart enables you to put ideas into words that will inspire others. Venus in your chart of love from 14 July means romance is well-starred.

**August** It's time to find a fairer way to share out responsibilities allowing you to free up time and energy for your own plans. You can't put off a big decision or leave it to someone else: bite the bullet and state your position on 1 August. It's time to take charge of your own life. Beware taking a friendship too much for granted on 28 August. Sensual Venus is moving backwards and this means you can regain some lost time with someone special.

## Cancer (Jun 23 - Jul 23)

**July** A mix of love and money works to your advantage on 1 July. The Sun and Mercury influence your confidence levels and you feel ready to take charge on 10 July. Everything that you try for the first time will go well. You, or someone close to you, could be offered a place on a very special team. Your family may not approve of your choice of friends but if you bide your time they will soon come round.

**August** Trying a different look may sound like a good idea but wait until Venus is moving forwards again before doing anything too drastic. At work you are strong and fair and this will win you a lot of respect on 2 August. Make sure that all financial agreements are officially approved even when you are dealing with family or friends on 21 August. Mars in your psychic zone means you can read a partner's wishes which gives you the upper hand.

during this period. And when Venus turns to retrograde motion on 27 July you can expect to be raking over some old ground that has been covered many times before. The Full Moon in the cool and reasonable sign of Aquarius on 30 July should help in some way to lighten the mood.

**August** Venus is in backwards motion all month so matters of love will not be plain sailing by any means. There's quite a dynamic set up on 7 August when giant planet, Jupiter, turns to direct motion and ▷ *continued on p16*

## Leo (Jul 24 - Aug 23)

**July** The Sun, your ruler, is in the most psychic area of your chart until 23 July: you will feel able to read people and situations really well. Mars gives you the strength to stand alone instead of relying too much on the approval of others. It's time to show how strong and resolute you can be at work and convince the doubters. When it comes to love, try to focus on all the good things on 30 July rather than spoil the moment with minor niggles.

**August** A fresh start Moon in your own sign makes this a special month. Lucky Jupiter sends you a small windfall on 2 August. A family duty is weighing on you and you can come up with an ingenious way to share the load. Everyone wants to know you on 12 August: why not showcase a talent that you have kept hidden? Just because someone new seems glamorous and exciting it doesn't mean you have to ditch your more loyal friends.

## Libra (Sep 24 - Oct 23)

**July** If you have put an ambition on hold, now is the time to let go and watch it fly. Mercury helps you to shine and you can really impress somebody important. Showing too much pride could mean you lose out on happiness on 9 July. Beware passion driving you into the arms of someone entirely unsuitable. Giving a traditional skill a modern twist is a special talent of yours and could prove profitable on 29 July if you can find the right mix.

**August** Your ruling planet Venus is spinning backwards this month: you really need to get some free space to enable you to catch up. Jupiter highlights your gift for remembering facts and faces on 7 August. It's easy for you to identify with others and this enables you to second-guess their needs and intentions. A friend you have not seen for a long time comes back into your life and has romantic news on 13 August.

## Virgo (Aug 24 - Sep 23)

**July** Your timing could be a bit off in early August so double-check details. You may have to act as a bridge between two sets of friends or work groups on 14 July but you will ensure that even the most stubborn people get along. Your ability to show love and loyalty without words can restore trust in a close relationship. Action planet Mars takes you travelling. Flattery at work could prove to be your downfall on 24 July.

**August** Your natural ability to achieve is strong and you can fulfil a very private ambition on 9 August. Jupiter in your family chart sees you planning to expand your living space. Your ruling planet Mercury joins forces with the Sun in your zone of dreams on 15 August and romance blossoms. If you are already spoken for then you'll both be in agreement with family plans. Do your best to boost the confidence of a talented but insecure relative.

## Scorpio (Oct 24 - Nov 22)

**July** Do you want more from work or love? Now's the time to set out to get it. Under Venus's influence your glow is hypnotic and with action planet Mars in your marriage chart this combination could produce some kind of proposal on 20 July. Sometimes compromise is needed so stop resisting and see your plans move forward. Delving into a family's past or perhaps into your own motivations will grip your imagination on 24 July.

**August** A change of direction linked to your career goes well on 15 August. Mars activates deep emotional connections bringing life changes that move you into a completely different place. Self critical Saturn could have you stressing about your faults on 21 August. Two colleagues who have never got along find they have something in common which means they leave you to get on with your own work rather than sorting them out.

## Astrology continued

▷ *energetic Mars moves into the quick talking sign of Gemini. The New Moon falls in proud and glamorous Leo on 12 August. Planet of communication, Mercury, moves into its own sign of Virgo on 19 August. Finally, there's an eclipse of the Moon on 28 August in Pisces, the sign of sacrifice and redemption. It's time for all of us to let go of things that have been holding us back.*

### Sagittarius (Nov 23 - Dec 21)

**July** You will be able to mix thoughts and feelings in just the right amounts to get results. If you stick to your principles on 1 July you will really impress someone seeking to find the right person for the job. Being overly honest can sometimes be hurtful: this needn't be the case if you choose your words carefully. What starts out as a casual outing could turn your thoughts to romance by the end of the day on 30 July.

**August** Jupiter brings opportunities on 2 August and you will find that a combination of charm and luck turns unpromising beginnings into fruitful endings. Bold Mars in your chart of one-to-one bonds means you can talk to anyone and get the reaction you need. If you were unsuccessful last time it's time to try again. If you find yourself beating off boredom on 15 August then why not take an interesting class and meet some new friends?

### Aquarius (Jan 21 - Feb 19)

**July** You will find that your ideas are taken seriously at work. Don't carry a grudge around: it will only grind you down. Love planet Venus rewinds on 27 July and you realise that you must set emotional limits when it comes to one particular person. Flexibility will help you out when it comes to family affairs and a recent decision having to be revised. The Full Moon in your sign on 30 July means someone close is happy to share your plans.

**August** Indulge the traveller within you on 9 August even if it just means taking a weekend trip with friends: at least you will feel you have got away from it all. Action planet Mars is in control of your romance chart and you will feel quite daring in love matters. Learning a new skill has the potential to change your world. Venus makes a return visit to your partnership zone on 25 August and you find yourself retracing some romantic steps.

### Capricorn (Dec 22 - Jan 20)

**July** Bubbly Mercury turns you into a verbal swashbuckler on 1 July. Partnerships are well starred: it might be time to repair some bonds that have been broken for years. Making a commitment at work feels easy now that you are getting the support you need. Mars in the most daring part of your chart makes a very special connection for you with someone successful. Don't be afraid to reveal a long held fantasy on 14 July.

**August** Mars in your day to day work chart from 7 August enables you to make snap decisions and take bold actions. You will really start to feel that you are finally going places. Venus brings opportunities for strengthening bonds on 13 August. You feel ready to forgive and are able to do so without any bad feelings. This ability to let go will make you feel so much freer than you have done in the past.

### Pisces (Feb 20 - Mar 20)

**July** Be vigilant: leaving your bag in a bar or forgetting your passport is a real possibility. With the New Moon in your pleasure zone on 14 July everything that is new is good and you could come up with some life-changing ideas. Luck is at a high point on 29 July so taking a gamble is OK. Venus in your partnership chart brings strong feelings and, if you can be honest with yourself, a love bond can be strengthened.

**August** If you can spend time with people who make you feel good then you shouldn't go too far wrong. The Sun and Mercury light up your work zone on 15 August and you have a quiet determination to succeed that impresses those in authority. Venus rewinds and brings back a face you haven't seen for a while. The eclipsed Full Moon in your sign on 28 August means you will be considering where you want your life to go from here.