



## The geometry behind all things



*Sacred geometry teaches that certain geometric patterns, ratios, and designs define the creation of music, the cosmos, and even our physical world.*

*By studying and observing these sacred energy patterns many believe you can reach illuminating states of awareness.*

Many forms observed in nature can be related to geometry. For example, the chambered nautilus grows at a constant rate and so its shell forms a logarithmic spiral to accommodate that growth without changing shape. Also, honeybees construct hexagonal cells to hold their honey. These and other correspondences are seen by believers in sacred geometry to be further proof of the cosmic significance of geometric forms.

The ancient Greeks used certain geometrically-derived ratios. The most famous is what is termed 'the golden ratio'. This is not an ordinary ratio. It is found naturally in nature. Its specific ratio is 1.618.

For example, it describes the spiral of seeds in sunflowers and the shape of many other natural objects.

The Greeks believed that everything, from the human body to the entire



cosmos, was governed by an order accessible to human reason. Buildings which incorporate the golden ratio tend to be pleasing to the eye compared with buildings constructed with less harmonious proportions. Many believe that they impart a specific vibration that benefits the occupants. For instance, the Parthenon in Athens is known as a geometrical masterpiece. It is very pleasing to the eye due to the unique architecture and adherence to the golden ratio. The ancient Greeks believed that reality is numerical and that the golden ratio expressed an underlying truth about existence.

### Pi and Phi – the sacred numbers

Pi and Phi are numbers that have been a source of fascination to mathematicians for thousands of years. Both are numbers that go on forever without displaying any pattern or repetition.

The circle is the geometry that defines Pi and the circle is traditionally taken as representing God.

*continued on p3* ▷

**020 7686 4300**

for credit/debit card readings with our personal service and money back guarantee.

**0906 110 4326**

for our premium rate readings service – open 24 hours. Live calls cost £1.50 per minute and are recorded.

**ROI 1580 476 919** €2.40 per minute

**Text our Psychics!**

Text **Temple** then your question and send to **84184**. Each reply costs £1.50.

Accuracy cannot be guaranteed.



CONTACTS



Chairman

Chris Odle

Write to Chris if you have any comments about Star Temple.



Managing Director/Readers Manager

Robin Roper

Admin enquiries to 01822 616922.



Customer Services Team

If you would like to speak with one of our nine friendly reception staff – Vicky, Julia, Matt, Cally, Carrie, Emily, Lauren, Sophie and Jodi – please telephone our credit card booking line on 020 7686 4300.



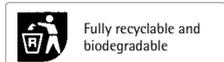
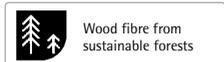
Also contact reception for general enquiries concerning Credit Card and Premium line readers.



Address

Star Temple Ltd  
P.O. Box 132, Tavistock PL19 0WA

Star Temple News uses environmentally friendly paper



Editor's Letter

Welcome to our May newsletter.

*Do you believe there is a pattern to the universe and that it would be absurd to assume that this world came about by accident? The way geometric shapes are evident in nature and are appreciated by human beings intellectually seems to indicate that there is a blueprint that runs through all things. Once you start to delve beneath the surface there are fascinating mathematical formulations that seem to indicate some grand design. We hope that our front page article on Sacred Geometry gives you some food for thought.*

*And our Wellbeing section looks at some of the philosophy behind the Eastern concept of 'Chi', that energy force that permeates all that is. As you will discover, Chi is rather subtle and complex and we have only been able to give you a flavour of what it is in this article. But it would seem that the health benefits of practising Tai Chi and Chi Kung are well worth the effort.*

*If you have any comments you'd like to make about these articles or any other aspect of Star Temple News please do contact me on pat@startemple.net.*

*And don't forget that you can now receive your newsletter electronically. If you would like to do this please contact us and we will be happy to put you on the electronic mailing list.*

*Pat Blackett*  
Pat Blackett

CONTENTS

The geometry behind all things	1
Chi and the Eastern approach to wellbeing	4
Current Readers List	8
Astrology	15

▷ continued from p1



Phi appears in nature as the mathematical basis of the spiral pattern seen in the leaf and petal arrangements of many plants, and in the patterns of billions of stars contained within galaxies. Its extraordinary qualities have been a constant source of inspiration to scientists, philosophers, artists, musicians and architects for many centuries. The ancient Greeks were particularly interested in the association of phi with the pentagon and the pentagram (see right) and how it produced perfect proportions that were pleasing to the eye.

The Symbolism of Numbers

**One/Two** The diameter of a circle can be perceived as one, but in reality it is two, which demonstrates the hidden nature of duality. Two is the number that gives rise to creation because it can recognise the other. Duality, represented by the number 2, is the most fundamental principle of creation. Nothing can exist without its opposite. Thus the diameter of a circle symbolises the first and most fundamental manifestation within creation.

**Three** The next step in creation is three points. When these are in symmetry with each other, they define the equilateral triangle. The ancient Egyptians recognised the power of triangles as symbols of spirit by making them the faces of the pyramids, but they gave them an earthly base, the square. The triangles

pointed the way from earth to spirit in heaven, which is why they were popular as tombs.

**Four** Next we have four, the square, symbolising creation in matter. The square defines the four directions of north, south, east and west. The square and the cube represent physical manifestation. The almost exclusive use of the square and rectangle in western architecture reveals a persistent focus on the material world.

**Five** The next step is five. Five points equally spaced on the circumference of a circle give rise to the pentagon, within which lies the pentagram or 5-pointed star. This is generally accepted as representing man – the head, two legs astride, and two arms outstretched. The United States central administration is housed in a building known as the Pentagon because of its shape.

**Six** Six is explicit in its representation of symmetry and balance. The hexagram is made up of two superimposed equilateral triangles, one inverted. The hexagram represents the challenge for mankind to recognise its own divinity. A building incorporating a thematic hexagon is said to bring with it the vibration of spiritual healing.



How can Sacred Geometry help me?

Many believe that you create more easily when you harness sacred geometry patterns. You may not be able to live in the Parthenon but you can still surround yourself with shapes and drawings that reflect the sacred geometry of the universe. Sacred geometry art and patterns are said to increase vibrations, open minds, and enhance inspiration and creative flow through contemplating the universal blueprint of geometrical creation. □



FURTHER READING

- Sacred Geometry: Deciphering the Code* by Stephen Skinner Gaia Books Ltd, 2006
- Sacred Geometry* by Miranda Lundy, Wooden Books, 2002

# Chi

## and the Eastern approach to Wellbeing



*This month we look at Chi, that mysterious life force and energy source.*

**Wellbeing**

Chi is at the heart of the practice of both Tai Chi and Chi Kung.

We talked to Matthew Rochford from Tai Chi Nation who told us all about the subtle manifestations of this essential life force.

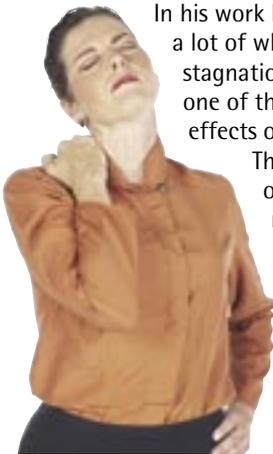
Matthew says: "Working with chi (energy) is an art: a healing art and the art of letting go; a moving expression of the 5 elements; a way of allowing the superficial to subside and the deeper connection to manifest. For many years it has been a way of life and a way of being for many people yet the most profound aspect is perhaps its accessibility – it is not difficult to learn and can certainly be learnt well in a week or over several workshops (Tai Chi takes longer). It is a subtle yet powerful tool for dissolving blocks within ourselves and can lead to a sense of joy and lightness coupled with an ability to approach life with greater ease".

In his work Matthew encounters a lot of what he calls 'liver chi stagnation'. Apparently this is one of the most common side effects of our Western lifestyle.

This is because this kind of stagnation is closely related to stress.

Symptoms include aching shoulders and joint pain.

In Tai Chi, the joints are energy gateways so if you get a build up of stagnant chi in these



**What is Chi?**

Chi is the basis of everything in life. There are three classifications of the Chi known as the three treasures and they all serve different functions.

**Shen** can be equated with spirit; is said to be housed in your heart.  
The belief is that Shen is the part of Chi that goes on after you die and reappears in the next life.

**Jing** can be equated with essence; is said to be housed in kidneys and bones.  
Jing is the Chi that is passed on to you through your genes. You have received your Jing Chi from your parents and your Jing Chi will continue as part of your children.  
Before you are born you take some Jing from your Mother and some from your Father and that forms your essential energetic blueprint for your life ahead. Your constitution will be determined by your Jing Chi. Jing can't really be influenced by food and lifestyle, but can be influenced by more advanced forms of Chi Kung and Tai Chi.

**Chi** can be equated with energy; is everywhere but also present in the blood.  
The third Chi treasure, rather confusingly, also called 'Chi' is your 'energy'. This is for this life and body only and will disappear when you die.

important areas then you are going to experience discomfort. Another side effect of our Western way of life is holding stagnant chi in the upper body, particularly the shoulders. This is caused by the tendency to breathe in and out high up in the lungs which in turn raises the level of the shoulders. The practice of Tai Chi and Chi Kung can help by enabling us to re-establish a proper flow of Chi (energy) in the body.

### Tai Chi and Chi Kung

If you ever wondered, the difference between Tai Chi and Chi Kung is that Tai Chi is based on a martial art whereas Chi Kung is not. But the practice of either of these Eastern disciplines will help to rebalance the muscular system and strengthen the body overall.

When you are stressed or are working too hard and have to dig deep inside yourself for energy to enable you to carry on you are drawing on your Jing energy. This is a particular drain on your kidney energy – located at the centre of your body about 1 and a half inches below the navel within the body. This place is the Tan Tien and is the essential storehouse where the body looks to naturally regulate itself.

This storehouse is drawn on when you work

too hard, but also when you are ill. You can replenish your storehouse centre by practising Tai Chi or Chi Kung. And a great plus for Tai Chi or Chi Kung is that those who regularly practice it very rarely get ill.

This is because you are building up Wei Chi, which is your essential protective Chi. This protects you against pernicious energies that can make you ill. This Wei Chi is very much influenced by your lifestyle.

For example, athletes very often get colds and flu and this comes from the impact of their training regime. They are building up stamina and increasing their lung capacity so in a Western sense we would consider them to be super fit. However, all this excessive training has a weakening effect on the protective Wei Chi.

Through building up Wei Chi by balancing exercise rather than exertion a person can protect themselves from falling ill with colds and flu.

The practices of Tai Chi and Chi Kung also affects the Shen, the Chi connected with your spirit. For instance, if someone is suffering from insomnia this is seen as disturbed Shen. What Chi Kung can do is rebalance that Shen so the person can get a better night's sleep.

In terms of the three treasures, Shen is seen as the most important in that this will be the energy that is most protected by the body. Everything else will go before this does. The body will do anything to keep the heart pumping, the heart being the seat of Shen. ▷



## What about Yin and Yang?

The way to consider Yin and Yang is to think of them like a lens you can use to analyse things. The Tai Chi symbol is the Yin Yang symbol.

In Chinese philosophy Yin and Yang give rise to everything else. Male/Female, Night/Day, Summer/Winter these are all a way of thinking of Yin and Yang.

Let's consider the example of the athlete again. Here we see the principle of Yin and Yang at work. Basically, if you go to any extreme, in this case, activity, then this has to be followed by an extreme of inactivity. Activity will always have the seed of inactivity within it and vice versa. Intensity and activity is equated with Yang, and Yin is associated with down time and inactivity. This principle is well illustrated with the seasons. Yang energy is strongest at the height of summer and Yin energy is strongest at the mid point of winter. They are opposites but they will turn into each other by natural progression.

## Give your Chi a boost

Tai Chi Chuan (this is the full name of Tai Chi and means Great Ultimate Fist or Hand) is a practice of meditation within movement, a series of movements performed in a slow, relaxed and harmonised way. It is the Taoist Path to mental, physical, and spiritual wellbeing as well as being a powerful 'internal' martial art.

The gentle nature of Tai Chi makes it suitable for people of all ages and ability. Tai Chi has been proven to improve lung elasticity, balance blood pressure and reduce the impact of ageing. If you are suffering from low energy then all factors have to be considered but the most likely source is going to be post natal Chi which is highly influenced by your lifestyle, ie the food you eat, the exercise you take, the air you breathe. Jing Chi, which can also be involved in low energy is your energetic blueprint. You were in some ways born with

## The Five Elements

The Five Elements are linked to the seasons, of which there are five in Chinese philosophy.

**Wood** (all plant life) - spring - the element to do with growth/decision making and being driven. The negative side of Wood is frustration and anger.

**Fire** - early summer - the element to do with joy and warmth. It can also prove destructive when it is too fierce.

**Earth** - late summer - the element to do with nurturing and sympathy. The negative side of Earth can be an ungroundedness.

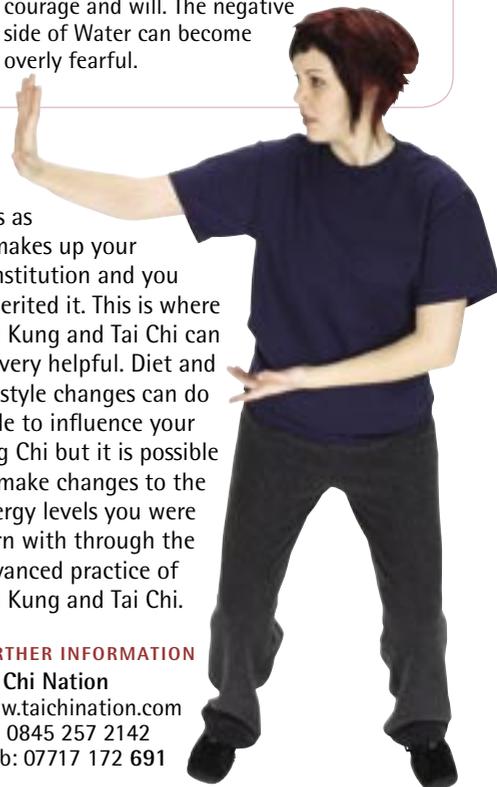
**Metal** - autumn - the element to do with letting go and stoicism. The negative side of Metal can be an emphasis on grief and mourning.

**Water** - winter - the element to do with courage and will. The negative side of Water can become overly fearful.

this as it makes up your constitution and you inherited it. This is where Chi Kung and Tai Chi can be very helpful. Diet and lifestyle changes can do little to influence your Jing Chi but it is possible to make changes to the energy levels you were born with through the advanced practice of Chi Kung and Tai Chi.

### FURTHER INFORMATION

**Tai Chi Nation**  
www.taichination.com  
Tel: 0845 257 2142  
Mob: 07717 172 691



Welcome to our monthly update which lists our readers for both the credit card and premium rate lines, giving full details including when they are available.

Callers are requested to always contact Star Temple readers through our main telephone numbers listed here, so that readers' schedules continue to be respected.

### CREDIT CARD READERS

7 days, 9am-midnight

**020 7686 4300**



### Thomas

*Credit Card Readings*

**Wed, Fri, Sat & Sun** 7pm-midnight

▶ Thomas uses psychic, clairvoyant and mediumship skills and receives impressions from simply hearing

your voice. Spirit people communicate with him through symbols, images and voice. He works with three spirit guides: oriental gentleman, Pang, Orion who helps with healing and his strongest guide, Red Moon, assisting with mediumistic healing. His guides are often helpful with identifying significant periods of time. Clients find Thomas has a relaxing and calming influence and will often return verifying his messages at a later date.



### Jacki

*Credit Card Readings*

**Mon, Wed, Thu** 2pm-7pm

▶ Jacki, a working medium and healer for over 30 years, comes from a long line of psychics. Her own varied

life experiences have helped to make her a compassionate and understanding reader and she holds a regular development circle. Hearing your voice, she makes a strong link with Spirit - enabling you to see your situation more clearly and explore the opportunities for change and development - and she can also link with your loved ones. Jacki's clients say she always leaves them feeling reassured and far more focussed.



### Akasha

*Credit Card Readings*

**Sat** 7pm-midnight

▶ Akasha's readings are essentially concerned with your life's purpose. A gifted clairaudient and natural

healer, she tunes in through angels before channelling "guidance, advice and messages" from Atavars - enlightened spiritual Masters. "They will tell you what they want you to know", she says. "It may not always be what you expect but it will be what you need to know". People often tell her that they can feel the love and encouragement that she is channelling. It is as though their soul has been touched, leaving them stronger and more aware.



### Hazel

*Credit Card Readings*

**Mon, Tue, Sun** 9pm-midnight

**Fri, Sat** 7pm-midnight

▶ As a child Hazel struggled to make her family accept and understand

her strong psychic powers. Now she says "Spirit is my life". A popular platform medium, she also teaches spiritual development, does voluntary work in hospices and runs her own healing centre. Helped by her 'honest and down to earth' Egyptian guide, Hazel tells it as it is, but with empathy and compassion. "My aim is to bring light to anyone who is struggling in darkness and to give them informed and positive hope for the future. That's my philosophy. That's how I work".



### Marie

*Credit Card Readings*

**Wed, Fri, Sat** 2pm-7pm

▶ Marie, a gifted psychic-medium and clairvoyant, quickly picks up on whichever subject you would like

her to focus on. "It is like watching a film" she says "then, through the ability to hear Spirit, I receive a stream of information to back that up". Marie can 'slip in' to another person's psyche, unravelling in detail the specific thoughts, motivations and true feelings of those around you and helping to examine and heal all kinds of relationship. With her advanced Spiritualist training, she feels privileged to pass on evidence and messages from loved ones in Spirit. "I work only from a place of complete truth".

**Hayley***Credit Card Readings*  
Sun 7pm-midnight

Hayley is always happy to answer specific questions. A sensitive young clairvoyant, she will give you a very rounded reading as she links with all the factors that are affecting your situation. If you wish she will use Tarot for confirmation of what she has picked up psychically, although her precognitive abilities mean that she often anticipates which cards will appear! Hayley likes to read beneath the superficial to touch your deep inner person, leaving you with a stronger belief in yourself.

**Terence***Credit Card Readings*  
Mon 7.30pm-midnight  
Thu 7pm-midnight

With a family background in healing, Terence began developing his psychic talents in his twenties. Using clairvoyance together with tarot cards, a family gift, he frequently receives powerful picture images alongside the card designs. Terence can find information from personal items such as jewellery and, in telephone work, makes a similar link through your star sign. Relationships are a speciality but he will always seek to focus in on your main concerns and desires and point you in the right direction.

**Marcelle***Credit Card Readings*  
Mon 5pm-10pm Tue, Fri 7pm-midnight  
Sat 8pm-midnight Sun 5pm-11pm

Psychic from birth, Marcelle can see auras and spirit people. She receives guidance for you from your loved ones in the spirit world and also receives inspiration from her spirit guides on how to create the most positive outcome for your situation. Offering insights into relationship and financial/career issues, she uncovers past and present influences and shows you how to use your own hidden strengths and talents to influence your future. Marcelle works with the angelic realm and healing energies to provide you with upliftment, peace and strength of mind.

**Lynn***Credit Card Readings*  
Tue, Sun 2pm-9pm Wed 6pm-10pm  
Thu 10am-3pm Fri 2pm-6pm

Lynn describes what happens during a reading as "like someone switching a T.V. on in my head". A clairvoyant and spiritual healer for more than twelve years, she is frequently consulted on love and relationship issues, being able to tune in to others involved in a situation. Lynn's insights into the past and present convince her clients that she has established a genuine link, giving them confidence in her guidance for the future. "I see reading as a privileged responsibility and get great comfort from being able to channel help and empowerment to people in times of need."

**Christine***Credit Card Readings*  
Wed 2pm-7pm Sat 10am-2pm

As a young woman Christine spent many years on a spiritual quest before she could accept that the 'knowing' which had been hers from birth 'unprompted and unwanted' was a precious gift to be shared with others. "I now believe that I act as a 'radio', tuned into an omnipotent force of pure Love... I am only an instrument". Clairvoyant, clairaudient and clairsentient, Christine has worked as a trance medium and healer. She offers compassionate, practical direction and understanding – and a peek into the future – to those seeking guidance and support.

**Jeannie***Credit Card Readings*  
Tue, Wed, Thu, Fri 9am-2pm

When Jeannie was seven years old her mother gave her a set of tarot cards. An unusual present for such a young child – but in this case mother certainly knew best, because Jeannie is powerful natural psychic who, although she helped to design the beautiful 'Daughters of the Moon' tarot deck, now works almost entirely with Spirit. Clairvoyant, clairaudient and clairsentient, she aims to put people in touch with their own intuitive awareness so that they can trust in their path.

**Jan***Credit Card Readings*  
Tue 6pm-10pm  
Sun 9am-1pm/6pm-9pm

A highly experienced reader, Jan works with a spirit guide – a Chinese mandarin – who, she says, is "a very honest gentleman; he wouldn't let me mislead people". She will tell you the truth, but in an understanding and positive way. "It's not what life is doing to you, it's what life is doing for you". Jan will use her powerful clairvoyant insights to enable you to understand the mystery of your own unique life, helping you to take control of your future.

**Yoko***Credit Card Readings*  
Tue, Wed, Thu 7pm-midnight  
Sat 2pm-7pm Sun 10am-5pm

"I believe that we are all here to learn as much as we can about ourselves. It is my aim to help my clients to find the answers that they are seeking – many of which already lie within themselves – so that they can trust and follow their own unique life's path". Clairvoyant, clairaudient and clairsentient, Yoko has been psychic since childhood but says her gift has become much refined since she started reading professionally. Clients greatly appreciate her down-to-earth, positive approach and her willingness to explore whichever issue most concerns them at the time.

**Rudi***Credit Card Readings*  
Mon, Thu 9am-2pm Wed, Fri 10am-2pm  
Premium Rate (PIN 7717)  
Tue 10am-2pm

Combining powerful psychic insights with a reassuringly understanding approach, Rudi is an experienced platform medium, clairvoyant and Tarot reader whose list of clients includes some familiar public names. He also teaches psychic development and is writing a book on his experiences in the world of Spirit. Rudi strives to empower you to make your own choices, often bringing closure to unhappy situations. He feels privileged to be a medium: "It proves to me that our loved ones are alive in the spirit world – when my clients come to know that too it is so fulfilling".

**Richard***Credit Card Readings*  
Tue 2-7pm / 7.30pm-midnight  
Wed 7pm-midnight  
Thu 2-6pm / 7.30pm-midnight  
Sun 9am-2pm / 7pm-midnight

Richard was four years old when he first became aware of his remarkable psychometric abilities. Although tools such as tarot cards, crystals and a mandala are used to focus energy, he depends on his clairsentience to read the forces surrounding his clients. He works with his guides (the main one being a young girl named Grace) and occasionally with people in spirit connected with the client who enable him to give insightful advice. Richard prefers to be an all-rounder, helping people with whichever issues they feel they need advice on at the time.

**Kathryn***Credit Card Readings*  
Mon, Wed 10am-2pm  
Thu, Sat 6pm-10.45pm  
Fri 6.15pm-10.45pm

A much sought after Clairvoyant Kathryn will help you unlock the secrets of your future life path. She provides her many clients with authentic and honest readings. Issues such as relationships, friendships and marriages are closely examined in the strictest confidence. Kathryn has developed her own unique style of reading, combining her different psychic gifts to give you new insight and understanding into your life. Kathryn may also be consulted regarding the removal of negative energies and thought patterns.

**Amber***Credit Card Readings*  
Mon, Tue, Wed 7pm-midnight

A warm and reassuring lady, Amber has a long history in the field of psychic work. Her reading ability was evident from when she was only thirteen years old, with her gifts of clairvoyance, mediumship and psychometry (holding an object to divine information about its owner) running in the family. Amber is in very direct spiritual contact when she gives her readings. In most instances it takes her no more than a minute to "link in". You can be sure of a friendly and sympathetic approach.

**Carla***Credit Card Readings***Mon, Thu, Fri** 2-6/7-9pm **Tue** 10am-2pm  
**Sat** 9am-2pm **Sun** 2pm-7pm

▶ Inheriting her gifts of clairvoyance and empathy from her mother and grandmother who were both psychics, Carla links to your feelings – emotional and physical – while receiving strong mental visual images that enable her to understand and interpret your situation. She can also use Tarot if you wish. Carla has helped many clients through difficult times with her caring, informative readings and her emphasis on the future. "There is always a more positive path forward. I like to give people the awareness and self-belief to find and follow it".

**Paula***Credit Card Readings***Tue, Wed** 10am-2pm

▶ Honest and direct, Paula emphasises the importance of truth in all that she does. "Truth is the starting point – it is the only thing that will set you free", she says. A very accurate and compassionate reader, this life-long clairvoyant can also offer healing visualisations and chakra balancing and she is a gifted colour therapist. With a reassuring and positive approach that combines the spiritual with the practical, Paula will show you how to move on whatever the truths of your situation, leaving you more enlightened, encouraged and empowered.

**Julie***Credit Card Readings***Mon, Sun** 1pm-11pm

▶ Julie has clairvoyance as well as mediumship, clairaudient and clairsentient abilities. She learned initially from her grandmother, who read playing cards and tea leaves. Later she began to pick up on spirit energy in buildings and trained in healing, Reiki and psychic development. Also experienced in NLP, counselling and hypnotherapy, she uses a crystal ball and psychometry and has familiarity with tarot from individual "party" readings. A multi-talented reader who loves helping people using whichever of her talents is most needed.

**Wayne***Credit Card Readings***Mon, Thu** 7pm-midnight **Tue** 9pm-midnight  
**Sun** 10pm-midnight

▶ Wayne realised that he had psychic ability during his teens. With the help of his guides he developed his skills over the years and is now a very experienced spiritual medium, clairvoyant, clairaudient, clairsentient, healer and psychometrist. He is also a Reiki master and Tarot interpreter. "I sense my client's energies as soon as I hear their voice and I try to pass on messages as gently and clearly as I can. Honesty is my fundamental policy – honesty, and the highest good". His clients testify that Wayne's readings leave them feeling uplifted and motivated and a lot more in control of their lives.

**Mia***Credit Card Readings***Mon** 2pm-midnight  
**Wed, Thu, Fri, Sat** 7pm-midnight

▶ Mia uses her natural clairvoyant and clairsentient gifts to connect with you and Spirit to bring light to your current situation and help you find your own personal truths. She has since childhood had powerful psychic visions and prophetic dreams. Mia studied theology at University and her continuing interest in spiritual and mystical traditions across the globe grounds her own intuitive insights. Working without cards, her compassionate, direct and inspiring readings will help you to discover what it is that you most need to know.

**Cassandra***Credit Card Readings***Tue, Fri** 9am-2pm  
**Thu** 2pm-7pm

▶ A very experienced clairvoyant, clairsentient and psychic astrologer, Cassandra channels information from her spiritual guides to give you a sympathetic and helpful reading whatever your questions or concerns. She tunes in to loved ones through your voice and, as a Past Life Therapist, can reveal how your previous incarnations and those of the people around you are affecting your current situation. Although serious about her own and others' spiritual development, Cassandra believes in the power of laughter to heal and this is reflected in her readings.

...

**PREMIUM RATE READERS**

7 days, 24 hours a day

ring

**0906 110 4326**

or any of our published premium numbers and be put through to whoever is available or choose a particular reader by entering their pin code.

If you would like a reading with a preferred reader, see when she/he is on and dial one of our numbers. When prompted enter their pin.

Or if you don't mind who you speak to hold the line to be put through to the next available reader.

**IMPORTANT NOTE**

We have not had enough space to list all our premium rate readers, so if you have had a reading with someone who is not listed and need their pin number, please ring us on 020 7686 4300 and we will be happy to give it to you.

...

**Harry***Premium Rate (PIN 7726)***Tue, Thu, Sun** midnight-6am  
**Fri, Sat** midnight-9am

▶ Harry has been working as a clairvoyant for over twenty years, since a critical illness in his early twenties reawakened the psychic connections with Guides that had been a daily part of his early childhood. Having also worked in a number of other occupations, Harry has a broad experience of life. He aims to take an equally compassionate approach to all clients, whatever their inner or outer circumstances. His readings also encompass the practical aspect, seeking not just the bare facts of a person's life but also how they can change their circumstances to better suit their needs.

**Jayne-Marie***Premium Rate (PIN 7713)***Wed** 10am-2pm **Thu** 8pm-midnight  
**Sun** 7pm-midnight

▶ Jane-Marie was nine when she first saw people in spirit; she thought this was perfectly normal. Consulting a medium after the death of her own son she realised that she could, and should, be using her gift to help others and she has now been working as a professional medium, clairvoyant and psychic for over fourteen years, using the tarot purely as a source of inspiration. Jane-Marie runs her own Spiritual Centre, workshops and development circles and she makes many personal appearances. "I believe everyone has the right to happiness and when guidance is needed to find the way I am happy to be the person to do this".

**Karena***Premium Rate (PIN 7703)***Mon** 7pm-midnight **Thu, Sat** 7pm-11pm  
*Credit Card Readings*  
**Fri** 7pm-11pm

▶ A warm and understanding reader with many years experience, Karena inherited her psychic gifts from her grandmother. A powerful clairsentient, she links immediately through the voice and she can also use crystals, tarot or crystal ball to channel the insights that will be most valuable to you. "Honesty is very important to me", she says. "I don't hold things back, because it is only when we really understand our situation that we can begin to move forward". Feedback from her clients confirms Karena's conviction that what she does is very rewarding. "I just want to help. I am so grateful for my gift".

**Beth***Premium Rate (PIN 7700)***Mon, Sun** 9am-2pm/6pm-11pm **Tue** 9am-2pm  
**Fri** 6pm-11pm **Sat** 2pm-7pm

▶ In touch with the world of Spirit since the age of five, Beth has helped countless people to understand their life's purpose. "Our guides are always with us" she says. "They want to help us and only by listening to them can we really move forward". Experiences in her own life have given her a compassionate understanding of the problems of others. Spiritual medium, clairvoyant, healer and teacher, Beth is also a talented Tarot interpreter. This very empathic and positive psychic's warmth and concern for her clients, and the genuine truths of their situations, come over in all her readings.

**Laura***Premium Rate (PIN 7732)***Wed** 7pm-10pm **Thu** 10am-2pm  
**Fri** 10am-2pm/7pm-11pm **Sat** 2pm-7pm

▶ Because she was born into a psychic family Laura's parents encouraged her natural gifts and she began healing at the age of six. As a qualified nurse she continued to work with Spirit until she found that, as her clairvoyant abilities developed and deepened, more and more people were seeking her help on a wide range of issues. Becoming a professional reader "just sort of happened"! A very accurate and intuitive psychic, Laura now runs her own healing sanctuary. "It is my mission to be of service to people; to bring light, love and hope into their lives".

**Tanith***Premium Rate (PIN 7710)***Mon, Wed, Sat** 10pm-2am

▶ Tanith read palms as a young girl and soon realised that what she was picking up was uncannily accurate.

Throughout her years of nursing and raising a family she continued to develop her clairvoyant gifts, finding that her telepathic ability to link into what others were feeling enabled her to show them how to redirect their energy in a healing and beneficial way. With her strong belief in peace, Tanith will help you to find your own inner peace of mind and spirit.

**Liz***Premium Rate (PIN 7720)***Tue, Fri** 7pm-11pm **Sun** 2pm-7pm*Credit Card Readings***Sat** 7pm-11pm

▶ Spiritually and psychically aware from childhood, Liz inherited her gift of mediumistic channeling from her grandmother who was herself a popular medium. Using her counselling skills in all aspects of her psychic work, this sensitive reader has helped many clients traumatised by life's problems and dilemmas. Clairvoyant, spiritual-medium, tarot and dream interpreter and healer, Liz combines impressive accuracy with honesty and compassion. "I like to help people become stronger by showing them how to tap into their own psychic powers – Divine guidance is there for us all. I am just a messenger".

**Marialyn***Premium Rate (PIN 7704)***Tue, Wed, Thu** 10.30pm-2am

▶ Marialyn is a clairvoyant medium and healer, who comes from a family with a strong background in psychic ability.

A caring person by nature, even as a child Marialyn was the one that people came to tell their woes to. She is very easy to talk to and listen to and has received many letters thanking her for her work. One of her greatest rewards as a reader is giving people peace of mind; clients have said that she has changed their lives!

**Mae***Premium Rate (PIN 7722)***Tue** 9am-2pm **Wed, Fri** 2pm-7pm

▶ Mae has been walking her sacred journey between the worlds for many years. An experienced clairvoyant, healer and astrologer, she attunes first with the Divine, and then with her spirit guides to bring you messages from the Otherworld. These are both comforting and uplifting and, because they are direct from her spirit contacts, what the client most needs to hear at that moment. "It is my greatest joy to bring the blessings of the Otherworld through, and to touch others' lives with its beauty. We are never alone and there is always a loving, guiding hand there for us".

**Selina***Premium Rate (PIN 7727)***Tue, Wed** 6am-10am  
**Thu, Fri** 9am-2pm

▶ Working purely through Spirit, clairvoyant medium Selina always tries to give her clients evidence that only they could recognise, to show them that she has established a genuine link. With her intuitive understanding of the principles of cause and effect she is able to bring clarity to the most complex and bewildering situations, honestly but sympathetically. "I read from the heart", she says. A practitioner of Reiki, hypnosis and drama therapy, above all Selina has a deep reverence for nature and the divinity of Mother Earth and this is reflected in all that she does.

**Margot***Premium Rate (PIN 7729)***Mon** 10am-2pm **Sat** 10am-2pm

▶ Margot's warm and sympathetic readings are aimed at freeing and healing the emotions that so often prevent us from fulfilling our true destiny. Extensive study has led her to discover a close affinity between her own Celtic background and the Native American culture, with their shared respect for the earth "and all that dwell thereon". Clairvoyant, clairaudient, a colour therapist and a member of the British Psychics' Association, Margot connects immediately through the voice, working with her spirit guides and angelic energies to clarify your situation. "It is only when we find the right path to travel that we will reach our full potential".

**Amethyst***Premium Rate (PIN 7790)***Mon, Wed** 6pm-11.30pm  
**Tue** 2pm-8pm

▶ Amethyst has been aware of Spirit and the need for healing people, animals and Mother Earth since she was a child. Working with her guides, Senegal and Durula – both ancient Tibetans – and Grey Wolf, a very wise old spirit, she also receives help from the angelic realms to give positive guidance to all in need. She runs healing and development circles and raises much-needed money for animal charities through psychic fairs. Using cards or crystal ball when appropriate, Amethyst seeks to provide self-empowering insights with her uplifting, healing readings.

**Tom***Premium Rate (PIN 7757)***Tue, Thu, Fri, Sun** 2pm-7pm*Credit Card Readings***Tue** 7.30pm-10pm

▶ Tom learned his psychic skills directly from his guides in the Other World, who he first saw at the age of seven. A multi-talented reader, he is clairvoyant, clairsentient, a spirit medium, past life therapist, dream analyst and healer, and he uses crystals, pendulum, cards or crystal ball when he feels they are appropriate. Tom gets straight to the heart of the matter. "I like to be as clear as possible, mentioning actual events, dates and times". Accurate and very understanding, he can throw light on all areas of your life, but specialises in relationship issues.

**Louise***Premium Rate (PIN 7745)***Mon, Wed** 2pm-7pm  
**Fri** 9am-2pm

▶ "When clients come to me, not knowing which way to turn, the main things that I try to give them are hope and empowerment – by channelling the in-depth insights that will enable them to take charge of their own lives in the most beneficial way. Clairsentient since childhood, and a practising Spiritualist, Louise takes the responsibilities that come with her psychic gifts very seriously; always telling it as it is, but with compassion and warmth. "Hope is something that we all need. At the end of a reading I like people to put down the phone and say to themselves, "Yes! I can do this".

**Tricia***Premium Rate (PIN 7711)***Tue, Sun** 10pm-2am  
**Wed** 9pm-midnight

▶ Psychic medium Tricia, an experienced intuitive healer, counsellor and teacher will initially confirm a genuine link with you before guiding you compassionately through your consultation. Straight-talking Tricia, a qualified life coach, can help you to move forward in all areas of your life – relationships, career, finance – whichever issue you wish to explore when you call her. Working in many countries, including France and China, has brought her enormous satisfaction, none more so than in seeing others grow and prosper through gaining deeper insights into their lives. "It is such a privilege working with Spirit".

**Alison***Premium Rate (PIN 7706)***Mon, Wed, Thu** 2pm-7pm **Tue** 6pm-10pm  
**Fri** 7pm-midnight

▶ Alison's name in the world of Spirit, which has guided and influenced her throughout her life, is Earth Angel. "I work with love and have a deep awareness of the interconnectedness of all things". In the course of developing her natural clairvoyant and healing abilities she has learned many skills and is now a respected and sought-after Reiki Master, Angel and Tarot card reader, Colour Therapist and Hatha Yoga teacher. A much-travelled psychic, she gains great satisfaction from devoting herself to "the work that Spirit has asked me to perform: helping others to achieve understanding, well-being and true peace of mind".

**Jenny***Premium Rate (PIN 7736)***Mon** 9pm-midnight **Wed** 10am-2pm  
**Sun** 6am-10am / 9pm-midnight

▶ Clairvoyant Jenny welcomes questions. Strongly empathic, this gentle and compassionate psychic healer senses your magnetic force as soon as she hears your voice and with the help of her spirit guide, a young Indian girl called White Eagle, goes straight to the heart of your concerns. Working with crystals and cards when she intuitively feels that they are appropriate as well as with her 'wonderful' angels, Jenny involves her clients in her ethical, in-depth readings as fully as possible. "I like to give people the peace of mind that comes from genuine enlightenment and leave them with a feeling of hope".

**Kerrie****NEW***Premium Rate (PIN 7716)***Tue** 7pm-11pm **Thu** 7pm-midnight  
**Sat** 10am-2pm / 7pm-midnight

▶ As a child Kerrie could see energies, and when people came to her with problems she would "know the answer without considering how" – but it was when she attended a spiritualist church in her twenties that her gift truly flourished. Highly telepathic, clairvoyant, clairaudient and clairsentient, she believes that traumas in her own early life provided valuable lessons and she is a very sympathetic and non-judgemental reader. A natural healer, Kerrie found that Reiki further enhanced her psychic powers. Although specialising in relationships, she brings genuine understanding to your concerns, whatever the issue.

**Eric***Premium Rate (PIN 7742)***Mon, Thu** 2pm-7pm **Wed** 9am-2pm*Credit Card Readings***Tue** 2pm-7pm

▶ Eric works in his own healing sanctuary, leading development groups. A gifted all round psychic, he is clairvoyant, clairaudient and clairsentient, reads Tarot, is a member of the Home Counties Association of Spiritual Healers and a popular platform medium. Spiritually aware from childhood and experienced with many of life's problems, Eric likes to give proof of his link with Spirit during his empathic readings. "The guides are often family members or friends of my clients. The evidence is profoundly astonishing – and their help is invaluable and uplifting".

**Lola***Premium Rate (PIN 7759)***Sat, Sun** 9am-2pm

▶ Psychic ability runs on both sides of Lola's family. From childhood, she has accepted prophetic dreams and spirit world insights as everyday occurrences. "Everyone has an eternally wise Higher Self that connects with the infinite Oneness of the universe (also known as Spirit) where all understanding exists". A natural clairaudient and clairvoyant medium, Lola channels information from Spirit via the Higher Self by sensing the subtle vibrations in people's speech as they describe their situation. Able to tune into and convey pertinent advice on most topics including relationships, she is a particularly clear channel for business, career and legal information.

**Carolyn****NEW***Premium Rate (PIN 7709)***Sun** 7pm-midnight

▶ A down-to-earth psychic with many years' experience, Carolyn has early childhood memories of being clairvoyant. Now she works with her spirit guides to bring clarity and light to your situation, focusing on the best way ahead by reconnecting you to your spiritual pathways. "My guides always show the bigger picture". Empathic and understanding, Carolyn is also a healer and psychic artist, and has worked extensively as a medium, releasing ghosts trapped here from the past. "All aspects of my work are important to me and continue to be a humbling experience".

# Astrology

Pat Blackett



*The Full Moon falls in the passionate and secretive sign of Scorpio on 2 May. Optimistic Jupiter is showing himself in two different lights this month. Firstly, there's a harmonious aspect with realistic Saturn on 6 May: a good time for any business projects. Following that is a difficult square aspect with unpredictable Uranus on 11 May: a time to watch your step.*

*Venus, planet of love moves into home loving Cancer on 8 May and quicksilver Mercury moves into communicative Gemini on 11 May. Things should speed up noticeably when fiery Mars moves into energetic Aries on 15 May. The New Moon falls in earthy Taurus on 16 May. The Sun moves into Gemini on 21 May and finally Mercury moves into family-oriented Cancer on 29 May.*

**Aries** (Mar 21 - Apr 20)

Saturn's intensity could wear you out with crises at work. You may be tempted to hide under the bedcovers on 13 May and this actually isn't a bad idea. Taking some time off will help to clear your head and enable you to get on with the task in hand. Obstacles that have stopped your creative talents going forward will start to ease on 21 May. It's a pressured time as far as relationships are concerned but this period should help you to realise what your real priorities ought to be.

**Taurus** (Apr 21 - May 21)

Both the Sun and Moon are working for you this month and your ideas will impress those who matter on 16 May. You could be finding cash hard to hang on to: have faith and that bonus should be in the bag enabling you to relax for a while. Resist skimming over a document that really needs to be studied carefully on 20 May. Mars infuses you with romantic energy: you could be tempted to reveal some secrets when a new relationship enables you to open up and show your sensitive side.

**Gemini** (May 22 - Jun 22)

Lucky Jupiter sends you an unexpected windfall on 6 May. The proceeds could be put towards a relaxing holiday if you can bear to tear yourself away from work. You should feel in tip top condition mentally and can channel your thoughts in very productive ways. It's time for a whole new confident way of thinking about the future. You should feel in tune with others' needs enabling you to speak on their behalf. It's important to be patient when others are slower on the uptake than you are on 20 May.

**Cancer** (Jun 23 - Jul 23)

Venus in your birth sign from 8 May means the star of love is shining on you. The Full Moon is in your house of romance: don't underestimate the effect you have on others. Make your feelings clear to avoid misunderstandings. If a new career opening requires some travel don't be put off, it's a great opportunity and it would be a shame to miss out. If you're single you'll be on the look out for someone gorgeous on 25 May: make sure you are presenting yourself to your best advantage.

**Leo** (Jul 24 - Aug 23)

A promotion is on the horizon but you'll have to work for it so don't rest on your laurels thinking it will just fall into your lap. That feeling of uncertainty you've been experiencing recently will start to fade so show others what you can do on 3 May. If you are able to overcome secret doubts you can find the confidence to approach the right people. Venus opens up your hidden depths on 7 May and reveals what you really need from those closest to you. Avoid impatience with your nearest and dearest.

**Libra** (Sep 24 - Oct 23)

Venus helps you to get your way on 1 May so go ahead and request a pay rise or that favour from a friend. You find yourself searching deeply for answers to emotional questions and you should get some results. Serious planet Saturn is back in action and promises success on 21 May. You find yourself sharing time with people who see the world like you do. You will have to say no to someone who is being unfair and making demands but it's the right thing to do: don't let yourself feel guilty.

**Sagittarius** (Nov 23 - Dec 21)

Counteract a rather negative mood by updating your wardrobe and being around people who boost your confidence. Strong influences in your career chart mean an offer you had given up on could be back on the cards. You have the opportunity to turn a relationship into the best it can be on 20 May. Remember, honesty has to come before pride on both sides. Pluto brings money from unexpected sources on 27 May. A family decision can't work unless everyone is singing from the same songsheet.

**Aquarius** (Jan 21 - Feb 19)

Domestic life is full of surprises and a family talent could be made public now. Venus in your career section brings happiness and harmony at work and could signify a job move that is right up your street. Mercury throws annoying tasks your way on 20 May but you can handle it. If a friend is critical then take some time to consider where their words are coming from? Is it really that they want to know that you still care? Give yourself a break to avoid burning out on 27 May.

**Virgo** (Aug 24 - Sep 23)

The Sun and Mercury are both highlighting your chart of study on 3 May. Even if you don't have plans to take up a new subject you should enjoy some aspect of learning now. Your horizons are widening: see how much more is out there for you if you are willing to take the risk. Feeling more relaxed within a love relationship enables it to flourish on 25 May. Control planet Saturn could see you disagreeing on a destination with someone who matters: try to back down, it's not worth falling out over.

**Scorpio** (Oct 24 - Nov 22)

Saturn is moving forward in your ambitions chart and this will help you to make solid plans rather than just wishing and hoping. You shouldn't be short of ideas on 2 May and if you have considered working for yourself then now is the perfect time to put any schemes into action. Start small and then you won't get overwhelmed by what's involved. It's important to set some time aside for love on 9 May because planetary activity should be making you feel more sure of your feelings towards one special person.

**Capricorn** (Dec 22 - Jan 20)

A surprise appearance from someone at work enables you to pull some strings with your boss on 6 May. Any competitive situation that puts you in the limelight should work out well so don't let insecurity get in the way. Your mental powers are strong and you are able to use clever words to great effect on 9 May. It's a key month for relationships with Venus in your marriage chart, so set time aside to be romantic. A special friend could be feeling left out so do what you can to reassure them.

**Pisces** (Feb 20 - Mar 20)

Don't be afraid to show how confident you can be on 9 May: it doesn't mean that you are self centred or conceited, you just know what you are good at. Taking a regular new journey is on the cards and there's more to be found on this new route than meets the eye. A lighter touch in love proves to be both effective and attractive. You could be feeling rather frisky on 25 May so use your imagination to spice up your love life: someone close could see you in a completely different light.