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Dolly Parton



Her name is synonymous with country music, and her image is glamorous and iconic. But success did not come overnight for Dolly Parton, and the story of her rise to the top can be seen in her astrological signs.

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8 pages packed with
inspiration!

October 2011



Dolly

The country icon came from humble beginnings, and worked her way to the top in true Capricornian fashion - with grit and determination. Her success as an entertainer eventually became astronomical, but to what extent was it written in the stars?



Lucie
Reception



Barney
Managing
Director



Chris
Founder

Star Psychics Ltd
Trading as Star Temple
P.O. Box 132
Tavistock, UK PL19 0WA

tel: 0800 422 0422
office@startemple.com
www.startemple.com

Dolly Parton was born on January 19th 1946 in the US state of Tennessee, in the impoverished Sevierville area by the Smoky Mountains. According to the signs of the zodiac she is a Capricorn, symbolised by the goat, and in the Chinese calendar, she was born in the year of the Dog.

Rise of a country icon

Dolly's story is one of rags to riches. Born into a family of 12 children, she has described her upbringing as 'dirt poor'. But Capricorns are not ones to let their situation get in the way of what they want. They are naturally goal-orientated and have a talent for single-mindedly focusing on their goals. Once a goal has been achieved, it will not be long before a Capricorn has set themselves a new, even loftier goal.

Dolly began singing and writing music at a very early age, and even as a child she would perform on local Tennessee radio and television shows. By the tender age of 13 she already had a contract with a small local record label. As a Capricorn, she had the advantage of being practical in achieving her ambitions, even at an early age.

But despite these early outlets for her voice and her creativity, success did not come easy for Dolly. Immediately after finishing high school, she moved to Nashville to pursue her dream of a country music career. She had some success writing songs for other country music artists, but it would be almost a decade later before her hit single Jolene would catapult her into the big time in 1973. Though Capricorns can have a tendency towards pessimism at times, Dolly persevered and the rest, as they say, is history.

Devotion and the Dog

The Chinese sign of the Dog is immediately obvious in the singer's personal life and her efforts to help others. Above all else, those born in the year of the Dog are particularly devoted and carry with them a strong sense of duty. This is apparent in her 45-year long marriage, which she has long described as her first and last.

Dogs also have a tendency to put others before themselves, and will never ignore the sufferings of others or abandon the less needy. These traits are admirably represented in Dolly's philanthropic work towards people living in the area where she was born and raised, and further afield.

Not forgetting where she came from, she set up the Dollywood foundation. One of the most notable achievements and activities of the foundation is the distribution of free books on a monthly basis to children in the Sevierville area. Building on this success the scheme spread across America, and currently provides an estimated 2.5 million

free books annually to children across more than 30 US states.

Dogs are not by their nature money-minded, so the singer's generosity is understandable. Dogs are however far from saints and are known for their indulgences. Dolly has admitted to spending large sums of money on cosmetic surgery over the years to maintain her iconic image. For those born in the year of the Dog, appearing alluring is an important part of their physical and mental character.

Finally, Dogs are immensely popular amongst virtually all the other animals of the Chinese calendar, as illustrated by Dolly's continued adoration by millions around the world.

“If you don't like the road you're walking, start paving another one.”

- Dolly Parton

Aries (Mar 21 - Apr 19)



The changing season brings ambitions and desires on one hand, and the need for cooperation and sacrifice on the other. These may seem like opposing forces but they don't have to be. First, take a deep breath and remember the recent emotional lesson you learned. Instead of focussing on personal gains, ask how you can bring more abundance to people you care about. Find ways to be happy with less and share with friends and partners. This puts you in harmony with the stars, reveals your strongest allies, and develops your personal goals without you even having to think about it.

Taurus (Apr 20 - May 20)



A bevy of planets is moving through the most healthy and physically active zone of your chart - you'll likely be working hard at self-improvement and feeling the burn. At the same time, Taurus loves the finer things, and the onset of Winter may have you seeking comforts more than ever. Be careful not to seesaw between discipline and indulgence - better to harmonize those earthy appetites with your healthy goals, and find creative ways to reward yourself without falling off the wagon. If you feel at odds with your partner or home life, frequent walks alone in nature will bring peace and clarity.

Gemini (May 21 - June 21)



With the recent mood of reason and responsibility lifted, you're more than happy to loosen your collar and have more fun. Even so, reverting back to old patterns isn't doing it for you anymore, what with the influence of Saturn urging you to be more mindful and structured in your free time. In short, museums and theatre will inspire and relax you much more than a sloppy night out this month. At the workplace there is a strong temptation to talk about your emotional and romantic life. Doing so with a close and trusted coworker is safe, but secrets are dying to get out, and even for a Gemini some things are better left unsaid.

OCTOBER

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DESTINY



Chris Odle
Astrologer & Shaman

The mighty Jupiter stays retrograde all month, building an atmosphere of intense inner exploration. Meanwhile, a full moon in Aries adds fireworks to the show.

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Libra (Sept 23 - Oct 22)



Your powers of balance and judgement are extra keen, allowing you to harmonise forces that seem opposite. The world of money and the world of deep-seated emotion may seem contradictory, but their relationship in your life becomes clearer and more defined as the month progresses. When given the chance to accept a big favour or tag along on someone else's dime, allow yourself to see the energetic cords being established, and ask yourself how healthy it really is. You're shining strong and bright in the social realm - thanks anyway, but you aren't in need of handouts.

Scorpio (Oct 23 - Nov 21)



Your emotional and psychic world feels more bottled up than usual, and you aren't sure how to change it. As counter-intuitive as it may seem, the best way is to stop trying to change it; go with the flow and explore your dark side. Meditation and yoga are perfect aids to help you make sense of chaotic feelings. The inner planets are on their way into your sign, and as this happens, you find your voice. The chaos wasn't meaningless - you see the nature of the shift, and you're more comfortable in your own skin. An attractive prospect will stand up and take notice, too, but keeping business and pleasure separate is a good idea.

Sagittarius (Nov 22 - Dec 21)



With all those ideas buzzing in your head and a new passion inspiring you day and night, it's easy to forget about the body, the finances, and the value of a good routine. Social health pursuits like yoga or aerobics classes are the antidote; when the body is happy, the mind and spirit have greater freedom of movement. You're already gifted with natural charm and tireless curiosity, but this month you are especially poised to meet new people - and not just anyone. If romance is to take off and fly in this atmosphere, it will come through wit, courtesy and a little tenderness. Choose your targets well, breath deep, and relax. You already know you can do it.

Cancer (June 22 - July 22)



Opportunities abound, but friends and money don't mix well for you this month. Your feelings

are as likely to get hurt as theirs when things get complicated. Instead of jumping too quickly into something you're not sure about, opt for an open mind, an attentive ear, and realistic long-term strategies. You've got enough on your plate with the careful attention required by your closest relationships. Nourishing your spiritual and artistic self is as simple as restructuring your home environment to be more beautiful and inviting. A romantic night in is perfect if you're attached, and if you're looking for love, don't dismiss what's right in front of you.

Leo (July 23 - Aug 22)



Mars is currently in your sign, giving you a major dose of energy and initiative - but will

you turn this raw force into mojo or mayhem? That really depends on how you manage your communication with others. Luckily the chips are stacked in your favour where conversation is concerned, and you'll have no problem reading people and keeping them entertained. You aren't quite sure where to go with long term goals, due to a handful of planets moving retrograde. Rather than doubting yourself or your plans, stay in the moment and keep things simple until the situation is clear.

Virgo (Aug 23 - Sep 22)



As soon as you cross an item off the to-do list, another two seem to appear in its place! You

don't even seem to notice how tirelessly you've been working - something you happen to be very good at - but even you need a breather. If you're attached to someone special, pay extra attention to your lover. Spend quality time alone together whenever you can. It's important to let go of the day's work when the time comes, and be present with your friends. Otherwise you miss what's really vital, including a bit of surprising good luck. The stars have good things in store for Virgos who know how to lighten up and make spontaneous decisions.

Rather than doubting yourself or your plans, stay in the moment and keep things simple until the situation is clear.



Capricorn (Dec 22 - Jan 19)



With four planets moving through your career zone, including your ruling planet Saturn, it's time

to bring your lofty visions into form, starting with the most immediate steps. Things are not as constrained as they might seem, and there is room to move forward. This is also true spiritually. Your inner mystic is yearning to be let out, and a wave of strong intuitions puts you in closer contact with spiritual realities - that is, if you're willing to go along for the ride. Everything is tied together; learning to fine tune your psychic instincts has myriad applications which are as practical as they are far-reaching.

Aquarius (Jan 20 - Feb 18)



Are you ready to leave your comfort zone? Whether it happens this

month is not really the question, but how and when. The conversations you've been avoiding are rising to the surface, and your diplomatic skills are about to be tested - especially when the moon is full on the 18th. Mars is in prime position to help you be honest and direct, but you'll need to draw on softer energies - such as the moon - to help you see things from the other point of view. A love prospect is bold and brisk, and likely to be found on a trip or a place of spiritual growth.

Pisces (Feb 19 - Mar 20)



Being overly preoccupied with the past is your primary

pitfall this month; what happened doesn't define you, and there's no point in hounding yourself for the way it went down. When you remove one or two influences in your daily life which trigger negative feelings about the past, you immediately feel better and see more clearly. What was all the fuss about? There is so much positive energy available right here, now that you feel free to reach out and touch it. If you can navigate a spiritual conversation without feeling put off, the end result could be flirty and enjoyable, or even steamy and passionate.

In the modern western world, we tend to think of ourselves as having fixed personalities; we are who we are. Yet the journey from cradle to grave brings about the transformation of the soul, which goes through eight distinct phases.

8 Phases of your Soul's Growth

#1 Exploration

You only need to watch a young infant interact with their surroundings for a few minutes to witness the inquisitiveness and wonder of a young soul. Everything is new, and the soul is fascinated by every aspect of its surroundings.

#3 Quest for acceptance

As well as learning about the external world, when we are a little older we learn about ourselves. Unfortunately this is often confused with how others perceive us to be. Thus we learn that we are 'naughty,' 'greedy,' 'clever,' 'nice' and a host of other adjectives. As children, we also begin to modify our behaviour to earn the acceptance of our parents and peers.

#5 Searching

Whether for purpose and meaning in life or for a soul mate, we all go through a period of searching in our lives. Unfortunately some of us get stuck in this phase and our spiritual development becomes stalled. Finding it hard to settle on any one thing to apply ourselves to, we may become lost and feel a little adrift in the sea of life. Deep inner knowledge and meditation upon your soul's essence can help you to find what you're looking for when you become caught up in the waves.

#7 Understanding

With age comes wisdom, or at least so goes the theory. A truly mature soul will develop a deep understanding of the world, and the people around them. Understanding without judging or attempting to control things opens the soul up to new levels of reality and inner strength. Not all souls reach this level of growth, no matter how long they endure.

#2 Learning

When we are young, our minds and souls are like blank canvasses, ready to be painted. In this metaphor, it is we who hold the brush, but others take our hand and guide it. In the learning process we trust in our elders, parents and teachers to impart upon us honestly the ways of the world.

#4 Independence

The flight from the parental nest and the end of education mark a significant upheaval of the soul, and often a noticeable transformation. Not only must we fend for ourselves, we are also freer than ever to choose our own paths and forge our own fate.

#6 Interdependence


Once our searching is through, we begin to learn the true value of communion with other souls. No soul is an island, and we all need the nourishment of friendship and empathy to sustain us as we grow older. With a helping hand from fate we will find our soul mate- the person whose soul is attuned to our own like a radio receiver.

#8 Acceptance

At the pinnacle of the soul's development is an inner acceptance of all things in the world, the universe and the spiritual realm. Acceptance of what is, rather than yearning for what could be, brings true peace to the soul and a deep sense of inner harmony and balance. Only by passing through each of the preceding seven steps can the soul reach its full potential and take its rightful place in the cosmos.

Looking for inspiration? Call our psychics today! **0800 422 0422**






The Secret to your Happiness

However we feel about our lives, most of us know happiness at times. But is there a deeper form of happiness that truly supports us?

Unlocking the secret



In our society, we are taught from a very early age to look for our happiness in other people, and in material possessions. In doing so, we forget the secret to happiness that is within us all from birth, and begin to steadily increase the amount of unhappiness in our lives. Like a drug, we then depend on these small pockets of happiness, while constantly reinforcing our own mental toxicity.

The only way that true, enduring happiness can be achieved is by ceasing to look for it anywhere else but within your mind, heart and soul.


This can be far from easy, as many of are actually mentally conditioned to be unhappy for much of the time. But by consciously forging an inner state of contentedness and peace, it is entirely possible.

Happiness and unhappiness as we imagine them are constructs of the society we live in, with the one reinforcing the other. Real inner happiness does not exist on such a polarised scale, it simply is. It is an acceptance of the way things are, whatever they may be, and though some things in life may displease us and spur us on to take corrective action, they should not upset our mental balance.

In order to experience this kind of happiness, we must cast off our ingrained expectations and beliefs in the happy/ unhappy dichotomy. By doing so, we remove the power of people, things and circumstances to control our lives and our mental states.

True happiness cannot exist in the presence of acquired insecurities, hang-ups, obsessions and fears. It can only come out of a natural, instinctual state of mind - the one we all had when we were very young, before we learned to be unhappy.


What is happiness?



When we are happy we feel content, relaxed and our minds are free of conflict. By focusing on people and things which make us happy, we block out the negative influences which contaminate our minds. By cultivating a state of mind in which this is the norm, we open the door to true happiness and stability, and reduce our reliance on people and things for our own mental wellbeing.

A stable state of happiness is different from its more polarised and fleeting counterpart. It can be an unending source of strength, a wellspring of mental fortitude, and a catalyst of inner peace. But how can it be achieved?

The importance of being present



Happiness can only ever be found in the present moment. Dwelling on the past is like longingly looking at cherished photographs with disdain for your current life, while constantly peering into the future will also only decrease the satisfaction we feel in the here and now. Our souls and our bodies exist only in the moment, and if our minds are not also present there it becomes all but impossible to experience the true joys of life, and the wealth of happiness that is available to all of us.

Happiness is available for you wherever you are at this moment; it only waits for you to recognise it.

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READER PROFILE

Alaine

Star Temple Psychics

Have you had any memorable experiences reading for a client?

I have experienced a number of readings where I feel I have been able to put the client's mind at rest and give them hope and insight into their current situation, and from this helped them to make the right decisions for themselves.

It's like being a sounding board - many customers already know the answers but need encouragement and confidence to listen to their own feelings and find the best way forward. I try to empower them to step back and focus on themselves, and this gives helps them see things in more powerful and realistic perspective. Many customers have said thank you for giving them this help and support - this is greatly rewarding!

What makes a good psychic reading?

The customer comes away feeling that they have been listened to, and connected properly with their reader. Whatever was troubling them before the reading has been sorted out with honesty and clarity, so they feel empowered, full of understanding and able to feel peace once again.



When did you first realise you were psychic?

I have been conscious of my psychic abilities since early childhood. As a teenager I began to interpret the Tarot and 'word of mouth' recommendations quickly brought me clients. Throughout my life I have had many clairvoyant experiences which have strengthened my gifts. I also work professionally as a naturopath, medical herbalist and teacher. I find that I am constantly intergrating my clairvoyance and intuitive skills into this work to also be able to help my clients and students.

Andrea
PIN 7726

Amethyst
PIN 7790

Richard
PIN 7708

Nina
PIN 7786

Kathryn
PIN 5508

Selina
PIN 7727

Sabrina
PIN 7767

Demian
PIN 7730

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PIN 5500

Alaine
PIN 7788

Sandy
PIN 5511

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PIN 7798

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