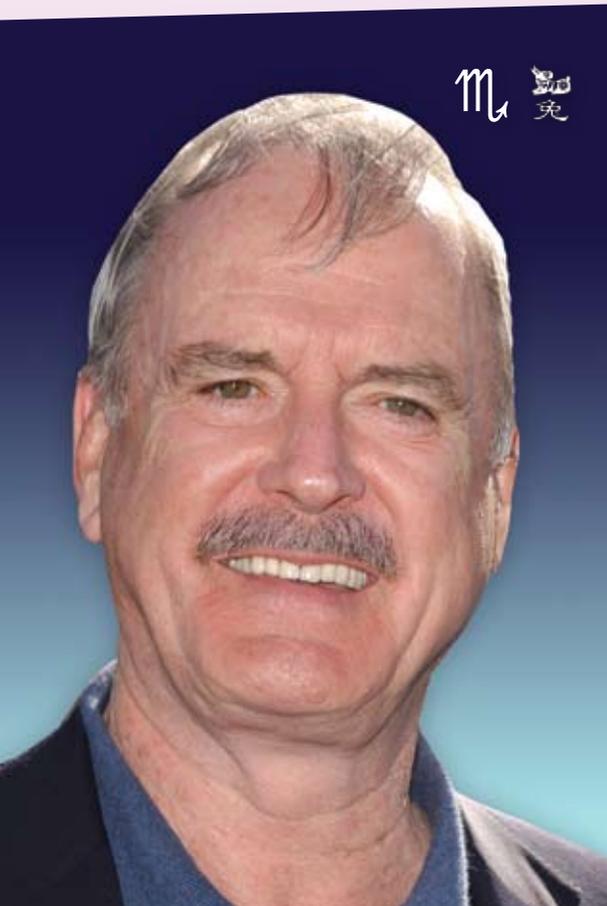


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The comedic work of this **Scorpio** has made him a cult hero and box-office success—but the stars above say there is much more to **John Cleese** than a keen sense of humour. **p2**

Astral Travel Made Easy

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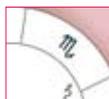
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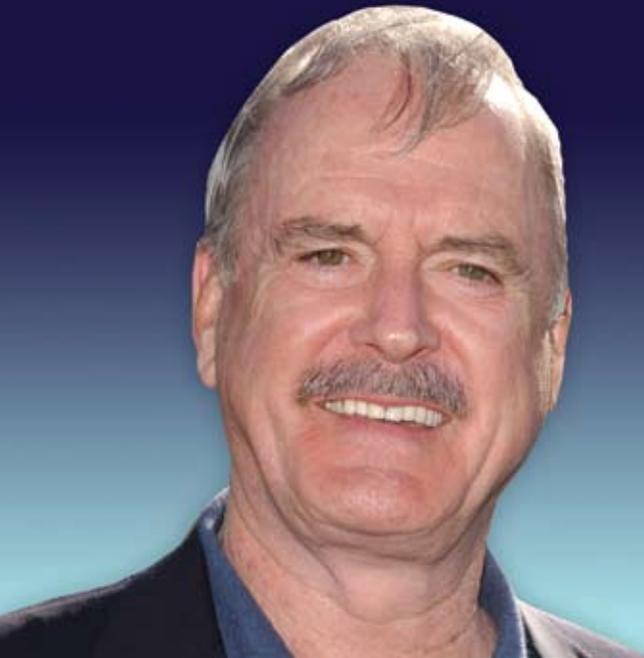
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*see back cover for details

John Cleese



Scorpio



Rabbit



His career spans the better part of four decades, and has earned him a league of fans around the world. Recent success with the *Shrek* series has proven his ability to work on a global stage, even this late in his career. But on a spiritual level, Cleese's long climb from struggling writer to comedy icon has left him with a few scars—and a desire to effect meaningful change upon the world.

John Marwood Cleese was born in Somerset on 27th October, 1939. This places his sun in **Scorpio**, and gives

him the Chinese sign of **Rabbit**—a unique combination that often creates the appearance of innocence in order to mask its deeper, more calculated aspects.

As an only child, and an unusually tall one, Cleese is likely to have used humour as a way to **fit in** amongst his peers. The Rabbit served him well in this respect: **graceful, accommodating, and playfully seductive**. One of his earliest jokes was to paint footsteps on the school grounds, giving the impression that a statue had gotten down from its perch and walked to the toilet.

Although gaining acceptance was important to the young comedian, Scorpio gave him a **competitive** attitude at school, where he earned top marks and excelled at sport. It was this side of Cleese, accentuated by a moon in fiery **Aries**, that propelled him to the top of his class, and earned him the chance to read law at Cambridge. Although his destiny was nowhere near the courtroom, it was at Cambridge that the doors of fate cracked open. As a member of the Footlights theatrical club, Cleese gained experience writing and acting for the stage, and met future *Monty Python* collaborator Graham Chapman.



Lucie
Reception



Barney
Managing Director

Star Psychics Ltd
Trading as Star Temple
P.O. Box 132
Tavistock, UK PL19 0WA

tel: 0800 422 0422
office@startemple.com
www.startemple.com

“ You don’t have to be the Dalai Lama ” to tell people that life’s about change.

The 1963 Foolights Revue *A Clump of Plinths*, for which Cleese wrote and acted, was so successful that it ended up on London’s West End, New York’s Broadway, and even the *Ed Sullivan Show*. Cleese lived in America for a time, where he met two more key players in his budding career: *Python* collaborator Terry Gilliam, and actress Connie Booth, who would soon become his first wife.



Throughout these early days, Cleese’s Scorpio side made him far more interested in **artistic value** than fame and riches. If left unchecked, the Rabbit will often give in to superficial pursuits—but when coupled with Scorpio, it adds just the right amount of **levity** and **good luck**.

Cleese was therefore able to focus on the greater value of a project, rather than just his individual role within it.

The popularity of *Monty Python* was the biggest boost of his career. Fittingly, his characters in the *Python* sketches tend to be either highly erratic or stuffy and over-sophisticated. These two personality types shine through him so well because they are aspects of his **true nature**. Scorpio lends an eccentricity which can border on hysteria in extreme cases, while Rabbit is fashionable and refined, often to the point of being satirical without knowing it. Cleese’s Aries moon, meanwhile, provides a **strong emotional light** that keeps audiences captivated on a subconscious level.



Life away from the cameras and writing desk was another animal for Cleese, who married three times during the busiest part of his career. His first marriage to Connie Booth was in many ways the most successful, producing an artistic collaboration and lifelong friendship. When

Scorpio finds a dedicated ally, he will be **fiercely loyal** in return—but when crossed, he is not likely to forget it. Such was the case with Cleese’s third wife, Alyce Faye Eichelberger. The marriage ranked as Cleese’s longest, totaling sixteen years, yet no children were produced and the separation was not amicable. Eichelberger collected £12m in the final settlement, whereupon Cleese launched a public comedy tour to pay the bill. His jaded position is evidenced by statements such as, “I got off lightly. Think what I’d have had to pay Alyce if she had contributed anything to the relationship—such as children, or a conversation.” Once a Scorpio’s sense of personal injustice is aroused, especially in the case of a comedic wit with a large audience, you might never hear the end of it.



Fortunately, Cleese’s artistic and social concerns have always been wide enough to **channel** his attention away from personal problems. This is the influence of the Rabbit, one of the most graceful positions in the Chinese zodiac. Often associated with **politics**, the Rabbit is

likely what led Cleese to prominent positions within several political parties—most recently the Liberal Democrats, for whom he has contributed writings and broadcasts with his signature comedic flavour. In the U.S., where Cleese resides during part of the year, he actively supported Barack Obama’s 2008 campaign for President.

The Rabbit’s ability to focus on the **big picture**, and work for the common good, is a huge asset for any Scorpio. It softens the raw power of the sign, and brings everything into sharper focus. Cleese’s ability to access the extremes of his own personality, while remaining relatively balanced within himself, is a big reason why we find him so funny and endearing—and why he continues to be relevant in the world of showbusiness as he enters his 73rd year.



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Aries (Mar 21 - Apr 19)



Your psychic and emotional sensitivity to the environment—including people and conversations—is heightened all month. Your face is unusually expressive, and people are stealing second glances. Could one of these momentary connections lead to something real? The answer is yes, but only if you seize the moment and step outside your comfort zone. Once you do that, everything comes off without a hitch. Dreams and synchronicities have been strong recently, indicating that a shortcut is available right in front of you. The answer was too obvious to be seen at first.

Taurus (Apr 20 - May 20)



Deeply considering your own relationship to money leads to an upturn in financial luck. There is more than enough wealth in the universe to go around, if only we know how to ask for it! In the arena of love, moments of tension appear in the midst of passion and fun, much like ants at a picnic. To avoid real trouble, let the tension play out lightly, without too much of a reaction. There is a part of you that is for you alone. As you become more disciplined about your physical health, you prove to yourself and others that you are willing to do what it takes to reach your highest potential.

Gemini (May 21 - June 21)



A small part of you does not want to attend social gatherings this month, but this voice fades away once you arrive. The emotional healing and restoration that comes from socializing cannot be had by any other means—you as a Gemini know this better than anyone! As for that certain someone you've been thinking about, he or she has seen lovers self-destruct before, and wants to know about your serious side. Your charm is second-to-none, but do you know how to look honestly at yourself when the going gets rough? If you prefer to keep it footloose and fancy-free, it's better to look elsewhere. This person is playing for keeps.

Horoscopes October 2012

Jupiter turns retrograde in Gemini, encouraging consistency between our inner and outer lives.

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Libra (Sept 23 - Oct 22)



Saturn has just finished a long stay in your sign. As it moves on, you feel a psychic weight lifted from your shoulders. You are now in prime position to refine your image, go for that new style, and walk down the street with greater confidence. But make no mistake: The ringed planet is a teacher, not a bully. The lesson here is about authenticity—aligning the image you project into the world with your true, inner-self. Take this to heart and you can't go wrong. Saturn often makes things feel heavy for awhile, but leaves you with plenty to be thankful for later. While you're at it, don't forget to thank someone close for being there when you were truly in need.

Scorpio (Oct 23 - Nov 21)



Saturn enters your sign this month, and when that happens, the question is not if there will be work to do, but what kind and how much! In this case you can expect some quality training on how to demonstrate will-power and project a clear picture of yourself to the world. Sometimes, less is more. Be on the lookout for loose ends and unfulfilled promises; these will slow you down. A new love interest is intrigued, but will back away quickly if you rush in with too many strong opinions. Finding the sweet spot between willpower and receptivity is not as easy as it sounds, but nothing could be more worthwhile.

Sagittarius (Nov 22 - Dec 21)



Looking back, you realise that in some ways, you were actually seeing things more clearly in the past! This does not mean you have gone astray; it is simply Jupiter's way of re-connecting you to higher vibrations. What were you doing differently back then? It wouldn't hurt to bring back some of those healthy practices that used to be part of your daily routine. Sure, everything is perfect from a bird's eye view, but on the ground level, you get out whatever you put in. This is a month of psychic restoration, so beware of making new promises. See to the old ones first, and move forward with a clear conscience.

Cancer (June 22 - July 22)



An important task is about to be crossed off your list. Once this happens, a plug is pulled in your psyche, and that stubborn old pattern can drain away like old bath water. Allow fresh inspiration to flood in—your spiritual and worldly lives are not so different after all! Each affects the other in far-reaching ways. Don't wait for change to come to you this month. You'll have to reach for it, scanning your life for unfinished projects, looking for unspoken words and unkept promises. The more you bring these things to completion, the greater the rewards as another New Year approaches.

Leo (July 23 - Aug 22)



If you are in a relationship, the question of commitment looms large on the horizon. Things cannot carry on indefinitely without asking yourself—and your partner—where this is really going. For those who are not currently attached, a new spark is more than likely, but it will flare out quickly without a deeper spiritual connection to fuel the fire. This theme of seriousness in relationships is only one part of a greater change taking place in your psychic landscape. When self-understanding is at the root of your actions, the flowers are beautiful and fragrant. Understanding others then becomes second-nature.

Virgo (Aug 23 - Sep 22)



Someone close to you reveals a secret that you aren't quite comfortable with, but it's for the best. Bringing things into the open creates order, and order is something you can appreciate. Tuning into your deepest emotional impulses, and listening to what they have to say, is a way of collecting missing pieces of the puzzle. Sometimes these pieces are lost in the daily grind, or dismissed as unreal—but they are trying to reveal a more complete picture of your true self. A possible love interest will get away unless you dispense with vague flirtations and make a clear statement.

“This is a month of psychic restoration, so beware of new promises. See to the old ones first, then move forward.”



Capricorn (Dec 22 - Jan 19)



You're no stranger to the idea of pushing yourself hard. Some might say your quest for self-improvement is relentless. But if you've been working overtime lately, whether in the office or at the gym, it's time to focus some of your efforts inward. Spiritual growth sometimes gets stifled by the noise of daily tasks, and when this happens, the pursuit of outward goals becomes an escape from what is going on internally. Look for the support of a friend or mentor—perhaps someone older, whose wisdom you trust. This person will help you to keep your bearings. When your inner-energies are balanced, the world is at your fingertips.



Aquarius (Jan 20 - Feb 18)



Your ruling planet Saturn makes a big transition to Scorpio early in the month. For you, this translates to extra energy for career and personal projects. You suddenly perceive new ways to get ahead and make your dreams a reality. The danger is seeing certain people as pawns in a game, and forgetting the importance of leaning on others to reach your highest potential. Anything you start this month can and will have legs, provided there is a strong foundation that includes other people. If love is on your mind, look in places of wisdom and learning. This is where you will find someone who can relate to your past.



Pisces (Feb 19 - Mar 20)



Imagine your relationships as so many properties. Some of them are well-maintained, while others have fallen into serious disrepair. The grass has not been cut in ages, and the paint is falling off the walls. Not all of them are worth saving, but there is at least one that offers rich rewards if you take the trouble to restore it. Meanwhile, there have been strong psychic energies in your world lately. It is time to begin the process of integration. Things that have been hiding in deep places suddenly appear in the light, giving you the chance to understand yourself in ways you never thought possible.

Astral Travel Made Easy

The term 'astral travel' covers a range of phenomena, from near-death experiences and drug hallucinations to meditation and lucid dreams. In simple terms, astral travel occurs when a person's spiritual awareness moves out of the physical body to higher planes of existence, or to distant parts of our own world. Examples might include the act of looking down on one's own body, witnessing far-off events, or travelling to distant galaxies. Though it cannot be scientifically proven, there is abundant evidence of astral travel in cultures and religions across the globe. Here are three main categories of astral travel.

Involuntary astral travel



This is when you find yourself suddenly thrust outside your body, witnessing events from an entirely different perspective. Near-death experiences (NDE) fall into this category, but it can also occur during other times of extreme emotion or physical crisis. Many NDE survivors describe intense feelings of joy and love, often accompanied by a bright light at the end of a tunnel. There can be culture-specific imagery, such as religious deities. Some describe seeing events in the future, or revisiting scenes from the past.

Voluntary astral travel



Many societies throughout history have experimented with inducing astral travel. Shamans and yogis have brought about supernatural states of being for millennia, using a combination of meditative trance and mind-altering substances. This continues in many isolated tribes around the globe, and is now showing up in modern psychotherapy. Western and Soviet intelligence services are said to have used 'remote viewing' during the Cold War, for purposes of espionage and reconnaissance. Remote viewing and astral projection have also become popular in New Age circles. Many people claim to have communicated with extraterrestrials through such exercises.

Subconscious astral travel



Dreams are the most common form of astral travel, and perhaps the least well-known. Advocates of astral travel propose that our dreams are actually subconscious journeys on the astral plane. A technique known as lucid dreaming can be used to gain further insight into the astral dream world. Lucid dreaming is a state wherein the dreamer 'awakes' within the dream, recognises it as such, and is able to take control of events.

Why do people practise astral travel?

Different groups and people practise astral travel for different reasons. Many tribes believe they can communicate with ancestors and spirit guides, and seek guidance in their everyday lives. For many in the Western world, it is a way of confirming that there is more to life and the universe than meets the eye. Others see it as a way to learn more about their inner-self and the infinite universe around them, and grow closer to God or Source.



Where do I begin?

Although different cultures have used a variety of methods for astral travel, certain basic elements are universal:

Find a quiet, comfortable place where you will not be disturbed

Clear your mind of all distractions. This takes practice, and will require the discipline of a daily meditation ritual. The purpose here is to silence what Eastern cultures call 'the monkey mind'—the constant chattering of the ego and the conscious mind.

Reach a deep trance state. The key to astral travel is to put your body to sleep while awakening your mind and spirit to the fullest extent.

Feel, don't think. Astral travel can be achieved when the mind is open to limitless possibilities.

Practice constantly. Few things in life come without hard work, and this is especially true when trying to cultivate a receptive mind suitable for astral travel.

In need of inspiration or guidance?

Shield Yourself from Negative Energy

Negative energy is part of life, but when left unchecked, it affects every aspect of our existence. In order to protect ourselves, we must first understand where it comes from, and then take action.



Sources

Negative internal emotions

The most powerful sources of negativity are within one's self. Emotions such as fear, insecurity and jealousy can stem from deep in your own past, or from current events in your life. All other sources of negative energy feed off the energies within your own psyche, so it is essential to turn inward first.

Friends and colleagues

Some friends increase our sense of wellbeing. Others leave us feeling drained. By spending more time with people who empower us, we can maintain balance. Colleagues can be more problematic, as they cannot always be chosen. It may be necessary to confront them, move to different part of the workplace, or in extreme cases, take a job elsewhere.

Romantic partners

The people who affect us most are those we hold dear. Problems can arise from negative actions, such as cheating and abuse, or simply from bad chemistry. Astrological and psychic readings can often reveal where the trouble lies.

Environmental surroundings

In addition to people, the surrounding environment plays a key role in our spiritual health. For example, harsh colours and images can arouse negative vibrations, while natural decor such as plants and flowers create a sense of peace.

Negative media

In the digital age, we are bombarded by negativity. The bright side is that we have a choice. Carefully choosing which media to consume is a powerful way to root out unhealthy vibes.

Food & Chemicals

'You are what you eat' may be a cliché, but it's true. Junk food can affect spiritual balance. Alcohol, tobacco and other drugs can drag on us, especially when used in excess.



Shields

Meditation

A daily meditative regime can help you to gain better control of your mind and emotions, allowing you to prune negative thoughts and accentuate the positive.

Feng Shui

This ancient Chinese practice places importance on the arrangement of physical objects in a room. It suggests that certain arrangements trap negative energy, while others allow flow and balance.

Love compatibility

By finding a partner whose star signs compliment your own, you greatly increase the amount of positive energy in both of your lives. Psychic and astrological readings can be of great use here.

Positive mantras

Repeating positive affirmations throughout your day brings harmony and balance to your psyche. It also has the effect of drowning out negative emotions and thoughts. Mantras can be as simple as saying "I love you" to your reflection in the mirror, or as complex as Sanskrit formulas used for specific energetic purposes.

Power objects

Natural power objects, such as quartz crystals and other precious stones, can help attune you to higher vibrations and keep negative energies from sticking to you. These objects can be worn, kept near you, or used in more disciplined ways.

Smudging & sound

Smudging is a powerful way to cleanse negativity from the physical and energetic body. Incense, sage wands, and essential oils can all work as tools for smudging. Bells and singing bowls can achieve a similar effect.

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featured psychic Honarine

WHAT MAKES A GOOD READING?

I think a good psychic reading is an honest one. I do not believe in making a reading "fit"! I will always be honest. I also feel that a good reading is about giving good energy to the person I am reading for. I like to think they go away happier.

WHEN DID YOU FIRST REALISE YOU WERE PSYCHIC?

I was very intuitive as a child, and as I got older, I used to say things to family and friends, either about something I thought had happened, or something that would happen. I used to tell my mum who was calling before she answered the phone (in days before caller ID!). Eventually I joined a circle to learn how to direct these natural abilities.



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TELL US ABOUT A MEMORABLE EXPERIENCE WITH A CLIENT.

During the very first reading I ever gave, I told the client she would be moving. I described her existing house and also her new one, and told her that she would have a new partner within a year. She did not think that any of this was true, but about six months later she had split with her existing partner, moved to a new property, and started seeing someone else. She called me and said that she could not believe her reading came true. This first reading always stays close to my heart!

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