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Penelope Cruz



Hailed as one of the world's sexiest women and having dated some of the world's most eligible bachelors, Penelope Cruz has a life that is the envy of most women. How is it that the daughter of a hairdresser and a car mechanic has climbed to such heights, and what role will the stars play in her future?

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inspiration!

June 2011



Penelope

Born in Alcobendas on April 28th 1974, Penelope Cruz is an Aries born in the Chinese Year of the Tiger. Anyone with even the faintest understanding of astrology will realise that this is a combination of two formidable and determined star signs. Although Cruz is intensely private, we may be able to deduce more about her personal journey through the forces that have guided her.



sensitive
analytical
aggressive



insightful
resilient
passionate



Lucie
Reception



Barney
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LIGHTING A FIRE

Penelope's interest in acting didn't materialise until she was in her early teens. Until that point she'd been studying ballet. However, seeing the film *Tie Me Up! Tie Me Down!* lit a fire within her and she threw herself into trying to find an acting agent. It is testament to the combined power of the Tiger and the Ram that the young Cruz didn't give up, even in the face of repeated rejections. Both of these signs are known for their adventurous spirits and their single mindedness, although they approach their goals in slightly different ways. The Ram uses its horns to butt its way through any obstacles that may prevent it attaining its desires, while the Tiger prefers to stalk slowly before deciding when to spring. In this case, Penelope seems to have been guided by her Western star sign. The Ram's horns are protective as well as being used in attack. Criticism and the possibility of failure will have been tossed aside in favour of unwavering optimism – a trait that others might call 'stubborn'.

Yet Penelope's Tiger will also have had its part to play. While the Ram will have given her the resilience to keep throwing herself back into the fray, the Tiger will have used its magnetic charm to influence those around her. Tigers are feared and respected creatures that demand attention on a conscious and subconscious level. Katrina Bayonas, who became Cruz's agent, rejected Penelope three times because she was too young. However, the Ram's resilience kept her coming through the door and the Tiger's hypnotic abilities worked their magic. Katrina supports this, by saying that, "there was a presence. There was just something coming from within."

INFLUENCE OF TIGER

Yet there is more to becoming an internationally acclaimed actress than tenacity and Penelope owes much of her abilities to the influence of the

Tiger. Despite their fearsome reputation, Tigers are supremely sensitive to others. What are used as hunting instincts by animals translate into a supernatural ability to 'read' others in people. Penelope can assess what makes a person tick without any conscious effort whatsoever. Indeed, this ability works on a subconscious level. Cruz, under the guidance of the Tiger, is constantly analyzing those around her, recognising their strengths and weaknesses and storing them in her psyche's data banks for future use. In others, this could manifest as a 'vicious streak'. Because Tigers can see just how others operate, they know how to press the right buttons in an emotional situation – particularly during an argument. For Penelope, this ability has given her a subconscious library through which to trawl when approaching a character.

TAMING THE BEAST

Despite the Tiger's solitary nature, Penelope has found love in her husband, Javier Bardem. But what is it in him that is able to tame a Tiger and reassure a Ram? While both these signs appear self assured, they mask a lot of insecurities. The Tiger is forever testing potential partners and the Ram can be skittish and flighty. The combination of these two signs can conspire to create a child-like and spoilt persona. As Cruz says of herself as a child, she would "start kicking and breaking things" when she didn't get her way. Left unchecked, this behaviour can develop into a selfish and egotistical pattern that drives other away.

Javier's secret weapon is his Western star sign - Pisces. The fish are the oldest signs in the zodiac and contain elements from each of the other signs. With these in his armoury, he will be able to pre-empt any destructive behaviour on Penelope's part and through a deep piscine empathy, turn it into something constructive. However, Penelope is also blessed with a personal insight that will allow her to manage her own negative tendencies. These come from the Ram who, although often impetuous and blinkered, does have enough self-awareness to understand that you cannot continually toss people and problems aside.

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Aries (Mar 21 - Apr 19)



The last few months have brought a parade of planets through your sign, and while you thrive on high energy situations, even you need a break from time to time. You're in luck - everything is clearing out. This gives you an opportunity to reflect on the changes you've seen this Spring. Take a rest, go within, and recharge your batteries. Earthy places with open skies and fresh air have special power for you now, and the month of June is a great time to enjoy them. Slow moving Uranus remains in your sign, holding the theme of change and transformation in place while you take care of yourself.

Taurus (Apr 20 - May 20)



Another birthday is behind you, but you'll still feel the magic as the inner planets (Mercury, Venus and Mars) linger in your sign this month. Expect a continued flurry of attention, even if you don't want it. If you're in the mood for a Summer fling, the perfect chance comes very early in the month, so be bold! By the 21st the inner planets have all moved on, but another big influence has set up shop in your sign: The mighty and expansive Jupiter. This planet brings wisdom and a big-picture attitude. The last half of the month is therefore a great time to pursue travel, learning, and deep spiritual growth.

Gemini (May 21 - June 21)



It's birthday time, Gemini, and the planets are mingling in your sign. Moon, Venus, Mars and Mercury are on the guest list, ready to give you the gift of magnetic attraction - something better than any wardrobe enhancement. Use these intangibles while you can! You know you love the attention. Just don't get wrapped up in texts or emails when someone is standing right in front of you. A good social butterfly stays present and keeps them coming back for more. On a more sober note, that big career opportunity may prove too good to be true, but don't let it get you down. It probably wouldn't have worked in the long term anyway!

JUNE HOROSCOPES

CAREER **LOVE** SPIRIT DESTINY



Chris Odle
Astrologer & Shaman

Jupiter enters earthy Taurus, awakening your senses to the splendour of Summertime. Meanwhile Saturn turns direct, restoring a much-needed semblance of order.

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Libra (Sept 23 - Oct 22)



Your month starts off with a few weeks of disorder and randomness, but when Saturn goes direct on the 12th, your world becomes a more practical, honest and organized place. This is a golden opportunity to check stagnant items off your to-do list and find inspiration with a new club or course. The swing of Summer also makes you want to exercise and get in shape - just be careful as you are liable to strain yourself by pushing too hard. With all this Summery newness, new love is also a distinct possibility. But your idea of a perfect match is changing, so be patient.

Scorpio (Oct 23 - Nov 21)



It's no secret that your passions run deep, and when your partnership zone is full of planetary energy (as it is this month), including romantic Venus and your own ruling planet Mars, the situation is bound to heat up. Jupiter joins the party on the 4th, bringing a strong soul connection into your world. Don't bother swimming shallow waters - you're looking for something that goes beyond the superficial and speaks to you on spiritual, physical and mental levels. Once you have this, you'll wonder what you ever did without it, and if you're attached, things will be as steamy as when you first met.

Sagittarius (Nov 22 - Dec 21)



Pleasure was the measure last month as the stars gave you a light-hearted and effervescent energy. In June, fitness and diet become the keys to your overall well-being. This is due to the presence of four planets - Mercury, Venus, Mars and Jupiter - in the area of your chart related to health and routine. Instead of limiting yourself to the same old routines, add some hot yoga or competitive sport into the mix, and throw in a massage if you can. The more you change it up, and work on yourself in different ways, the easier it will be to reach your goal of looking and feeling fantastic.

Cancer (June 22 - July 22)



"It's not what you know, it's who you know"-it may be an old saying, but you see the power of networking

first hand this month. Expanding your reach into the world around you is the magical ingredient that brings your dreams into manifestation. The Sun is moving through your reclusive 12th house, so there will be days when you don't feel like getting out the door, but you'll know a can't miss opportunity when you see it. One of your new contacts may even turn out to be something more. If you've been having problems with a spouse or lover, things get clearer when Saturn goes direct on the 12th.

Leo (July 23 - Aug 22)



As the Summer heat gets underway, it's time to turn up the career boosters. The career zone of your

chart is buzzing, and gets a big push when Jupiter enters on the 4th. This signals a meaningful opportunity to bring your work into alignment with who you are and where you're going. Bring friends and acquaintances into this process, as the stars will work through them to help you. Where love is concerned, the object of your affection has been put off by too many words. This will change on the 12th when Saturn goes direct, giving you a little more verbal discretion.

Virgo (Aug 23 - Sep 22)



You may be known for precision and forethought, yet in recent weeks you can't seem to

make your money work hard for you. Well, bang your head against the wall no more! Order is restored around the 12th when Saturn turns direct in your house of finance. Then you're able to see the forest for the trees and make clearer decisions. In fact, if you think quickly on the job, extra dividends are likely to come your way. But even that may not be quite enough - if love is on your mind, look in places where you feel aligned and enlightened, such as a spiritual retreat or community gathering.

New love is a distinct possibility at the onset of Summer, but your idea of a perfect match is changing, so be patient.



Capricorn (Dec 22 - Jan 19)



Normally you are good with money, Capricorn, but your financial savvy is temporarily weakened

as Neptune backs into you money zone. Keep an eye on spending, and don't go overboard for new toys or investments unless you've really thought it through. Where friendship and love is concerned, loosen up! It's Summertime and you can have good, wholesome fun - even a guilty pleasure or two. At work you haven't quite been yourself, but this lasts only until the 12th when Saturn turns direct and restores your full sense of discipline and upward striving. If you're in the market for a solid partner, the end of the month brings an opportunity.

Aquarius (Jan 20 - Feb 18)



Psychically speaking, you'll deal with some smoke and mirrors as Neptune goes retrograde

into your 1st house. This makes you feel chaotic and overly sensitive to others, so be alert in situations were tension from the past lingers, and remember that too much stimulation makes a bad situation worse. Home life provides the grounding you need, and if you happen to be trying for children, this is a good time. If you are on a more breezy, independent vibe, fantastic news - the planets assimilate in the later half of June to strike an attractive balance of fun, work and personal discipline.

Pisces (Feb 19 - Mar 20)



Worldly duties have left you feeling a bit cold, but you've taken care of business, so give yourself

a pat on the back. Now it's time to warm up, re-attune to your spiritual self, and do some exploring. Your community is probably bigger than you think, and there are amazing connections just waiting to be discovered. Let yourself talk about your feelings and what's important to you, while staying empowered and in your own center. Neptune turning retrograde will surely plant some doubts in your mind, but only align yourself with those energies that make you feel open, grounded, and rich with relationships.

6 Tips for a Great Summer Solstice

Summer solstice (21st June) was a time of great celebration for our ancestors because of their intimate connection with sun and earth. Taking the time to honour this event is great way to charge your spiritual batteries and connect with your deeper self. Here are six tips.

1. Get outside

If you want to see the full glory of the summer solstice, get outside. Sunrise on 21st June 2011 is at 04:43, and while that may be a little earlier than you usually stagger out of bed, the full majesty and sheer power of this special moment cannot truly be felt from the comfort of your bedroom window. We may be small in the presence of a celestial body like the sun, but every one of us has that connection with our ancestors, our surroundings and the sun itself. Reawaken yours by saluting the solstice sunrise outdoors.

2. Visualise warmth

As you watch the sun climb higher into the sky, visualise your dreams and ambitions climbing with it towards success, like a comet's tail. See the power of the sun filling them with positive energy, driving them forward and up into the higher realms. Picture them manifesting here on earth. Draw new strength and fortitude from this visualisation and afterwards make a note of any images that came to you. These images may be the higher realms giving signs of how to make these visualisations a reality.

3. Recognize your achievements

The summer solstice is a time of celebration. Our ancestors used it to thank the gods for a summer of plenty and to ensure a good harvest see them through the dark months of winter. Use the solstice to look back at the first part of the year and everything you have achieved, both physically and spiritually. Be proud of those achievements and let the warmth of that fill you in the same way that the sun's warmth fills you with hope for the future.

4. Celebrate Love

While solitary contemplation is a great way to personalise your summer solstice, the celebration isn't just about you, it's about how you relate to others and the important people in your life too. Celebrate the summer solstice with someone you love and you can rekindle a renewed flame of passion in your relationship, drawing once more on the strength of the summer sun.

5. Celebrate Friends

While not all of your friends will be willing to get up at 4am to watch the solstice sunrise, a solstice party can be a perfect way to reconnect both on this plain and spiritually with the people that matter most to you. By throwing a solstice party you can send out a blast of positive energy that will echo through the universe and benefit every living creature.

6. Enjoy

The solstice fills us with positive energy, and the positivity you send out into the ether will return to you tenfold. One day of celebrating life and all its wonders in the warmth of the summer sun is an important pause in the background of negativity we are bombarded with every day. Do something you love doing, whether going for a walk in the country, heading for the beach or cooking up a feast for family and friends. Whatever you do, enjoy this summer solstice and reclaim this important festival in your life. By doing so you reinforce your connection with ancestral wisdom and your spiritual self. If that isn't a reason to celebrate, we don't know what is!

Looking for Inspiration?

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The Game of Seduction

Barney Battles

Much has been written about the art of seduction, from using body language to changing your appearance. However, making all these changes at once is next to impossible, and you don't always need a handbook on what to do or say next. The true art of seduction begins on a psychic level and will engender physical and mental subconscious changes, without you even thinking about them. While seduction is often thought of as a means to a physical end, it is the art of making yourself attractive to someone on all levels - spiritually, emotionally and physically. The best place to start is your core.

Programme your subconscious

In attempting to seduce someone, you are making yourself as desirable as possible to them. The first thing you will need is the will to succeed and you can programme your subconscious to embrace this mind set with positive affirmations. Your higher self will only respond to affirmative instruction, so rather than saying to yourself things like "I will not fail," use positive instructions like "I will succeed." Saying these affirmations out loud or writing them down on a regular basis helps to make them real, confirming to your subconscious mind that they are more than just dreams.

Collect some psychic data

Next, you should consider the person who is to be seduced. Begin or end the day with visualisations that focus on them in certain situations. Your subconscious mind is a powerful collector of psychic data and will have stored information that you are not even aware of. All you need to do is to unlock it.

In your visualisations, try and remember moments when your intended 'target' was at their most buoyant, happy and interesting. As you build up a picture of them in those states, expand your visualisations to include what the factors were that led them into these emotional and intellectual peaks. If you were the stimulus for these moments, bring yourself into the picture and concentrate on what you were doing, how you were behaving and how you looked. If someone else was the instigator of these moments, replace their image with your own, being sure to use their actions and behaviour as a template. Transpose yourself into their place. It is worth keeping a journal of how these visualisations make you feel. Visualisations of this kind can be very potent and you may start to notice subtle differences in the way you dress or carry yourself.

Keep your sense of humour

An important factor in all of this is not to forget your sense of humour. Seduction is a game and should be played as such. If you are hoping to attract a soul mate, then you should be using other methods. These are purely to make yourself desirable to someone. In essence, you are using your psychic self to exaggerate the qualities in yourself that others find attractive. While this is not entirely duplicitous, neither is it a candid exploration of your psyche. Relationships require an element of vulnerability - seduction does not.

Don't be afraid of your desires

We have all heard the phrase to 'mentally undress' someone. This is a strong part of psychic seduction techniques. You may find that you are drawn to a particular part of your 'target's' body. Rather than shy away from this, you can consciously visualise touching this part of them with your hands. It may be that you are looking straight into their eyes at this point, but your psychic antennae will transmit energies of desire to those of the person you are focussed on. These thoughts may engender physical symptoms, such as blushing.

These are physical signals brought about by your psychic self and will be picked up on by your target on both physical and psychic levels. Often, this is referred to as a 'twinkle' in someone's eyes. In reality, it is a sign that they find you attractive and, short of actually saying the words, they are letting you know through a higher form of communication. Continuing these visualisations when you are alone will prime your subconscious to transmit waves of desire whenever you meet that person and make the message clearer and more pronounced.

Rehearse the moment

Finally, it is worth mentally rehearsing the moment of seduction itself. By visualising the surroundings, the atmosphere and the conversation, you won't get stuck for something to say or do. Rather than stuttering your way through a possible seduction, have a number of appropriate lines up your sleeve. These will come to you as you imagine the scenario unfolding to the conclusion you desire. The art of seduction is all in the details.

READER PROFILE

Amethyst



PIN 7790

Have you had any memorable experiences reading for a client?

Yes, I have had many many wonderful experiences with clients, which will all be included in a book that I am writing. In one of my phone readings I saw a beautiful striped ginger cat come in. His name was Marmalade, and he gave me such wonderful insight about the lady I was talking to, and she took all of the evidence and said that this was her beloved Marmalade, her pet from many years ago.

When did you first realise you were psychic?

At the age of six I was laying in my bed early one morning. Towards the bottom left of the bed a creature appeared, he was bright red, four feet tall and had the face of a goat mixed with a cow. Looking at him I didn't feel afraid - in fact I felt very reassured and safe. I now realise that that creature was my shamanic teacher, who has been with me ever since, and protects and guides me along my path.

What makes a good psychic reading?

A good psychic reading is when my spiritual guides and angels come in to give evidence, reassurance, healing and upliftment. This allows the client to move forward with their goals and aspirations. I would add that the client needs to have an open mind and heart, and be ready to benefit from the positive, nurturing and healing energies that my guides channel through me via the telephone readings.

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