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## Kylie

# Minogue

Despite tough challenges, including a betrayal by ex-boyfriend James Gooding and a battle with cancer, Kylie keeps bouncing back – as cheerful and as resilient as ever. Which psychic influences give her the ability to cope?

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February 2011

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8 pages packed with  
inspiration!

# Kylie Minogue



**GEMINI**

dynamic  
flirty  
outgoing



**MONKEY**

playful  
smart  
manipulative



**Lucie**  
Reception



**Barney**  
Managing  
Director



**Chris**  
Founder

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**From** her humble beginnings on the Australian soap Neighbours, to her subsequent status as the 'Queen of Pop', Kylie Minogue's rise to fame has been spectacular. She has been linked with some of the most eligible bachelors on the planet, including the late Michael Hutchence and singer Lenny Kravitz, and has cheerfully secured her financial future. However, her personal life has been beset with problems, including a betrayal by ex-boyfriend James Gooding, and a tough battle with cancer. Despite constant setbacks, Kylie keeps bouncing back. What psychic influences allow her to stay centered and maintain her place in the public's heart?

Kylie was born on May the 28th 1968, placing her under the guidance of two very influential signs: Gemini and the Monkey.

## A well-defined pattern to life

The Monkey, of all the Chinese star-signs, has a well-defined pattern to its life. The first phase of a Monkey's life is said to be a blissfully happy one. For Kylie, this meant being cast in a number of Australian television shows before being cast in the role of Charlene in Neighbours. Whilst a member of the Neighbours cast, she took part in a Fitzroy Football Club benefit concert and was subsequently signed by Mushroom Records, launching her pop career.

This sort of success is typical of a young Monkey who is attuned to their sign. Monkeys in the first stage of their lives create their own luck. They are cheerful, attractive and charming - the sort of qualities that draw people to them. This is the physical manifestation of the Monkey's psychic positivity which, in effect, is almost sets the template for the adage that 'you create your own luck'. At this stage in her life, Kylie's positive energies attracted positive people and positive opportunity, allowing her to flourish both professionally and spiritually.

## An ability to 'read' people

However, the second phase of Kylie's life also fits the Chinese template, being pitted with difficulty. This is partly because of the transition within her Chinese sign. All astrological forces evolve with the person who is influenced by them. They are not static forces - they mature, develop and change. At this stage of her life, the Monkey's playful and inquisitive nature

gives way to a more tricky and manipulative side. Although Monkeys are not consciously manipulative creatures, they have the uncanny ability to 'read' people very easily. When it comes to the opposite sex, Monkeys are often guilty of playing subtle games to achieve their own ends. While most of Kylie's ex-boyfriends have spoken of her fondly, it could be that many of them felt somehow 'played'.

Monkeys at this stage of their lives also have a tendency for psychic laziness and it could be that Kylie was unconcerned by the effect that her stellar fame may have had on her partners and their relationships.

Kylie's cancer may have roots in her Western star sign. Gemini is blessed with the same enthusiasm for life as the Monkey, but cursed with a rather careless attitude to their own health. This is not to say that Kylie does not eat well or follow well-designed exercise programmes but, rather than in her desire not to miss anything that life has to offer, she will often forget to eat or will deprive herself of sleep. Gemini often fall foul of exhaustion or malnutrition because they want to be at the centre of the psychic storm that is produced by creative energies. For Gemini, this is almost like an addiction and they seek that psychic 'buzz' at every opportunity. However, as with an addiction of any sort, while one part is being nourished, another part will suffer. In Kylie's case, she was diagnosed just before a punishing tour and an appearance at the Glastonbury Festival. This may not be purely coincidental. During the rehearsal periods for these events, the sign of the Twins will have been revelling in the creative process, but possibly pushing Kylie's body to the point where it was unable to fight off any illness.

## Live to experience

Kylie's partner, Andres Velencoso, was born a Pisces in the Chinese Year of the Horse. While the Monkey and the Horse can enjoy a good friendship, they are best advised to remain on that level; both of these signs are flighty and too concerned with their own independence. Pisces and Gemini are not a good match either. Where Gemini is playful and mischievous, Pisceans are over-sensitive and can take things too personally, leading to arguments and mistrust. However, the third phase of a Monkey's life is said to be one of peace and happiness. If Kylie is to remain with her current boyfriend, she must truly embrace the development of her Chinese star sign.

Because Monkeys live to experience, they will have plenty of experience to draw on. Monkeys who are able to reflect upon what life has taught them are able to embrace a level of wisdom and sagacity that will help them to achieve whatever they desire, both professionally and personally.

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## Aries (Mar 21 - Apr 19)



During the last few months a gear shift has taken place, and now it's time to accelerate into

the new year. There are plenty of strong elements to help you do it, including Mercury and Pluto in your career zone. These energies, along with Sun, Mars and Neptune in the networking area of your chart, make the month of February highly productive and bursting with opportunity. Only those opportunities that bring you into greater harmony with your true nature will pan out. In terms of love, an attraction is sudden and exciting - but it fades just as quickly.

## Taurus (Apr 20 - May 20)



If you have not made major changes already in 2011, then you have at least felt them. What

began as a sense or an idea, now moves into the practical realm as you embody a new version of yourself. Career changes or developments will likely grow out of this, as the same planets that gave you inspiration and vision last month - namely Sun and Mars - now reside in the more grounded, work-related area of your chart. If you suddenly find yourself in need of financial help during this month, there is a hidden source of support.

## Gemini (May 21 - June 21)



With Spring around the corner, you'll get a head start on starting new. The most active area of your

chart is the one related to spirituality, education, and new forms of personal growth. The presence of four planets there, plus a new moon, brings no shortage of new things to learn. By the same token, a strong impulse to travel means that if you have no tickets, you'll feel the urge to get some. Recent issues with a partner will persist, especially where money is involved. A resolution is definitely developing, but it needs patience and strong communication. If love is new, an exciting fling is about to be tested by life's more sober side.

# FEBRUARY HOROSCOPES

CAREER LOVE **SPIRIT** DESTINY



**Chris Odle**  
Astrologer & Shaman

With inner Spring cleaning just around the corner, a potent combination of planets in Aquarius highlights the importance of friendships and social networks.

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## Libra (Sept 23 - Oct 22)



Romance is in the air, due to a powerful configuration of planets in your 5th house of

lighthearted love and frisky fun, including a new moon. The catch is, either you or your object of affection will see the connection as something more than it is, and move too quickly. A multi-dimensional practice such as dance or yoga keeps you feeling grounded and mentally clear throughout any romantic adventures the month may have in store. Things cool off around the 20th, when traffic clears out of your 5th house and enters your disciplined 6th, leading you to begin the process of physical, spiritual and psychic spring cleaning.

## Scorpio (Oct 23 - Nov 21)



You're famous for loyalty, Scorpio, and this quality has many plus sides; but one of the negatives is

that things can get highly pressurized at home, as they will this month. Mars and Sun are together in the home area of your chart, making perfect conditions for fiery and flaring tempers as old issues are re-hashed. Use a new form of therapy, be it mental, physical or spiritual, to balance the situation and keep the bigger picture in view. Later in the month, thanks to the movement of planets from your 4th to your 5th house, the pressure of home life gives way to a lighter mood, and pleasure becomes the measure.

## Sagittarius (Nov 22 - Dec 21)



You are feeling more confident than usual in your self-expression - perhaps too confident,

if you're not careful. A powerful Sun-Mars conjunction in your 3rd house of communication, in addition to a dark moon and the diaphanous presence of Neptune, set the stage for both creative potency and serious miscommunication. Saturn retrograde adds to the confusion, making it hard to know where other people draw the line. Of course, confidence in communication can and will work wonders this month, as long as you stay cool and don't get carried away.

## Cancer (June 22 - July 22)



With the moon, Mercury and Venus all appearing in your 7th house of partnerships, it's time to lay things out on the table and talk straight with your significant other, close friend, or business partner. (maybe all three!). The balance you seek in relationships is getting closer, but requires persistence and the kind of directness you may find difficult. Luckily, you feel strong and centered in who you are this month, and are able to hold your position with dignity and grace. Stand firm without losing your amazing sensitivity. Your finances need to be re-set and streamlined; the stars will show you how.

## Leo (July 23 - Aug 22)



Now that you've made positive changes in health and routine, it's time to enjoy the benefits! Your 7th house of partnerships is positively lit up, affording more depth and growth in existing relationships, and all kinds of new possibilities if you are single. Just to make certain everyone knows how magnetic you can be, the full moon falls in your sign on the 18th - and when it does, people will notice you even more. Your career zone is visited by two giants - Uranus and Jupiter. This combination gives you an bird's eye view of your work life, but it can lead you toward rash decisions if not duly discussed with a close associate.

## Virgo (Aug 23 - Sep 22)



Mercury sweeps through your sixth house of health and healing, joining a host of other planets. This is a necessary return to logic and discipline after certain excesses of the previous few months. The little angel over your shoulder is talking, and listening to it puts you in a better position to renew a partnership or find new love - especially as Mars, Mercury and Sun all shift to your 7th house of partnerships later in the month. Be careful with money as Saturn continues a long retrograde through your 2nd house of resources, throwing up a constant temptation to overspend.

# A multi-dimensional practice such as dance or yoga keeps you feeling grounded and mentally clear.



## Capricorn (Dec 22 - Jan 19)



Recent surprises have forced you to step back and see the bigger picture, but this month signals a return to the gritty details, especially where money and finance is concerned. Your 2nd house of resources is loaded with powerful energy, including the Sun, Mars, Mercury, Neptune, and the new moon! What does all this mean? Simply that money is a prominent item on this month's agenda, and multiple money matters will require your attention. Beauty and personal appearance are also at a prime as Venus transits your 1st house of self, so look smart. Oh, and if you happen to be trying for children, the odds are in your favour all month.

## Aquarius (Jan 20 - Feb 18)



After an intensely reflective start to 2011, you are ready to shine, and the planets are certainly shining in your sign. Sun, Mercury, Mars, Neptune, and a new moon all appear in Aquarius this month, charging you with magnetic energy. Others are bound to notice, be they friends, colleagues, or potential lovers. Travel is likely, as is learning an important new skill, since Jupiter transits your flighty and imaginative 3rd house all month long. Don't worry if inner issues resurface in the midst of all this excitement. You are coming to a higher understanding of how inner change reflects in the outside world.

## Pisces (Feb 19 - Mar 20)



As the Sun prepares to move into your sign, and your birthday approaches, you find yourself in an especially introspective state. This is curious, because you are also feeling social. It's not always one or the other, and this month the stars are asking you to harmonize your inner life with the outer. Pluto and Venus occupy your house of friendships, showing you the value of true friends, and the need to let go of harmful or idle ones. Yours is a rich inner landscape that needs careful nurturing to grow and flourish. You naturally find yourself looking within to find out what you really need in relationships - and what you can do without.

# What Women Don't Know About Men



**Many women think** that they've got a pretty good handle on what men are all about. The stereotypical image of the male concerned solely with beer, sex, sports, cars and more beer however is often substantially wide of the mark, though it may sometimes appear to be true on the surface. Even if you've been with your partner for some time, their behavior at times may remain mysterious.

While there are significant differences between men and women in the way that they conduct their lives, act and love, there also many equally significant similarities that often lie hidden by a macho facade.

## How men deal with emotions

While women tend to wear their feelings on their sleeves and express their love externally, most men internalize their feelings. This can be confused for being unfeeling or cold, yet men are subject to the same depth of feelings, fears and emotions as women. The difference is in the way they express, or conceal, those feelings.

In western society, men are taught from an early age that they must appear strong. Showing emotions that are considered to be feminine is often considered a sign of weakness, and so men, under pressure from their peers and those older than them, learn to suppress these emotions as they grow up. At such a young age, this habit is quickly internalized within the personality. Yet emotions are not something that can be easily locked away or stifled. This may result in those emotions being expressed in different ways that may appear entirely separate from their source, but are in fact barely repressed emotions bubbling to the surface.

Imagine a kettle being brought to the boil. The boiling of the water creates pressure within the kettle, and the natural release point for this is the spout at the top. If this is sealed off however, the pressure will remain inside and continue to build. As the pressure reaches critical levels it will escape from the kettle wherever possible- through tiny cracks in the seams and flaws in the bottom or sides.

When emotion builds within a man, it often finds its path blocked by a lifetime of mental conditioning and societal pressure. Unable to escape via the natural route, it must instead find another way. This may result in sadness being expressed as anger, fear as hate, insecurity as pride, and a whole range of emotionally mismatched combinations.

Even prolonged attempts to conceal true emotions will eventually fail, and this can result in explosive outbursts of temper as the pent up feelings force their way out in any way they can.

## The Cave

Some women feel rejected if their man does not want to spend every waking moment with them. However such time apart is absolutely necessary for the healthy functioning of the relationship. As much as men enjoy and desire the company of women, they also require time by themselves, and time spent in the company of other men.

Because men are not as comfortable expressing their emotions as women are, they need time alone to be themselves, by themselves. While women are happy to share their feelings openly with their partner, many men fear doing so, perhaps because at a subconscious level they are afraid that it will make them less of a man, or result in them losing part of their identity. It may be possible to get your man to 'open up', but if they are not given the space they need, this may bring them to the point where they question the relationship and need to 'take a break'.

## How to understand your man better

Relationships are all about a building an understanding between both partners. While for women this may involve talking about feelings and emotions, for men it is often a much more indirect process. Ask a man about his biggest fears, regrets or wildest dreams and he is likely to either shrug off the question or turn it into a joke. Subtler measures and large amounts of patience are often required if you really want to get to know the true spiritual personality of your partner. This involves painstakingly deciphering his emotional encryption and getting to the root of the true reasons and motives behind his actions.

## Value the differences, cherish the similarities

For a relationship to work, contrast and difference are essential. Like the Ying and the Yang, each part is strikingly different, but together they form a whole in harmony. While it may be frustrating at times, it is far easier to understand a man and accept his idiosyncrasies than it is to change him.

Call **0800 422 0422** for guidance

# Zen and the art of Relationships



*In our pursuit of the perfect romance* and an idealized partner with whom we can live in eternal bliss, we turn to all manner of sources for inspiration, guidance and relationship advice. Glossy magazines, TV talk shows, self-help books, celebrities and self-proclaimed relationship experts all generate significant interest and revenue by providing promises of more effective dating techniques, sure-fire ways for people to please their partners, and secrets to everlasting love.

But all of these originate from outside the individual. Perhaps this act of looking to external sources for relationship advice could be the greatest act of self-sabotage one can commit. If you yourself do not know how best to conduct your love life, what chance is there that someone else with little or no prior knowledge of your personality or your relationship history will know any better? Could it be that by relying on your own innate intuition that you can experience better relationships without spending a penny? For those who choose this path, the spiritual art of Zen can aid you in becoming your own relationship guide and love guru.

## *What is Zen?*

Zen began as an offshoot of Buddhism, originating in India around the 6th century AD, and quickly spreading into China and Japan. Originally known as 'Chan' in the Chinese language, the modern word Zen derives from the Japanese translation of this. Zen Buddhism shunned adherence to rigid spiritual doctrines, instead focusing on the role of meditation and inner reflection to achieve enlightenment.

But Zen is not a simply a spiritual practice or a concept, or even a state of mind. It simply is. Zen is notoriously difficult to describe, but could perhaps be illustrated by the phrase 'whatever is, is.' It seeks not to change the actions of the individual or the state of the world, nor to understand it. Zen is the acceptance of everything exactly as it is - the sky, the trees, the individual - and the realization that everything is one. Practitioners of Zen in its many forms seek to attain this state through regular sitting meditation, known as Zazen. But this is a means to an end (as far as Zen might be described as having an 'end') rather than the thing itself. For those seeking to introduce Zen into their lives without many years of arduous and committed practice, it can also be incorporated into daily living in a far more casual yet deliberate way.

## *How can Zen be applied to relationships?*

In searching for and maintaining romantic relationships we often seek to exert a certain amount of control, consciously or not, over our own desires, the behavior of our partners and the eventual outcome of the relationship. To take a Zen approach to relationships is to relinquish this control and to go with the flow. Zen is not about having expectations that must be met or to chase a particular outcome. It is not about desperately clinging on to love to ensure it stays. It is instead the act of letting love into your life wherever it may appear, and then letting it go if it eventually drifts away.

## *Accept yourself and others*

To accept yourself for who you are is to love yourself, and this can be the most profound and deepest love of all. With self acceptance comes the realization that you are perfect just as you are, and that while you might not be a suitable partner for everyone, for some you may be a perfect match. The renewed confidence of this self-belief and acceptance is also particularly attractive to prospective romantic partners and friends alike.

With the realization that you are perfect in your own way comes with it the parallel realization that so too are other people. Zen teaches us that we are all perfect examples of ourselves and nothing more, and that we are all different threads in the rich tapestry of life. As in a tapestry, some threads will fit well together, while others will clash and be incompatible. And just as the artist would not attempt to change the color of a thread to make it fit with another, it is perhaps unwise to try to change a person we desire because they don't quite fit our perfect picture. In such a situation, Zen teaches us that we can either accept the differences as they are, or we can cast the thread aside and continue our search.

## *Let love be*

Once we have found love, we often try to mold it as we see fit, and to trap it so that it can't leave. In a long-term relationship, love often changes over time, and what was once viewed as an idyllic love straight out of a Hollywood romance might be regarded as stagnant or worn out. But is it our attempts to catch and preserve what we think love should be that thwarts us in our elusive quest for 'true love'?

## READER PROFILE

# RACHEL



PIN 7722

### *Have you had any memorable experiences reading for a client?*

I have had many great experiences with all of my customers, one that stands out is when I was asked if the customer's job would be safe. The reply I got from spirit was a resounding "yes". The very next day on the news, I heard that the company the customer was with had suddenly gone into liquidation. I felt so bad. I thought, oh no, that poor customer!

Well, the customer just so happened to phone again, she said she had been asked to remain with the company under new ownership, and was offered a better job with better pay. What a relief! I was so happy for her and her family.

### *When did you first realise you were psychic?*

I first realised I had psychic ability when I started to have conversations with a spirit child that used to come and visit me in my house when I was six years old. My mother was quite surprised that I used to sit and read to somebody who she could not see.

She told me that this was not unusual and I had been talking and laughing to no one.

My grandmother and mother took me to a spiritualist church when I was 7, and from then I learnt that I had psychic ability, and how to use it for good.

### *What makes a good psychic reading?*

I think what makes a good psychic reading is first and foremost the psychic leaving their own judgements at the door. The psychic needs to be friendly and polite, and to make the customer feel better about their situation and listen to the customer, to make the customer feel valued and heard.

## Star Temple Psychics

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