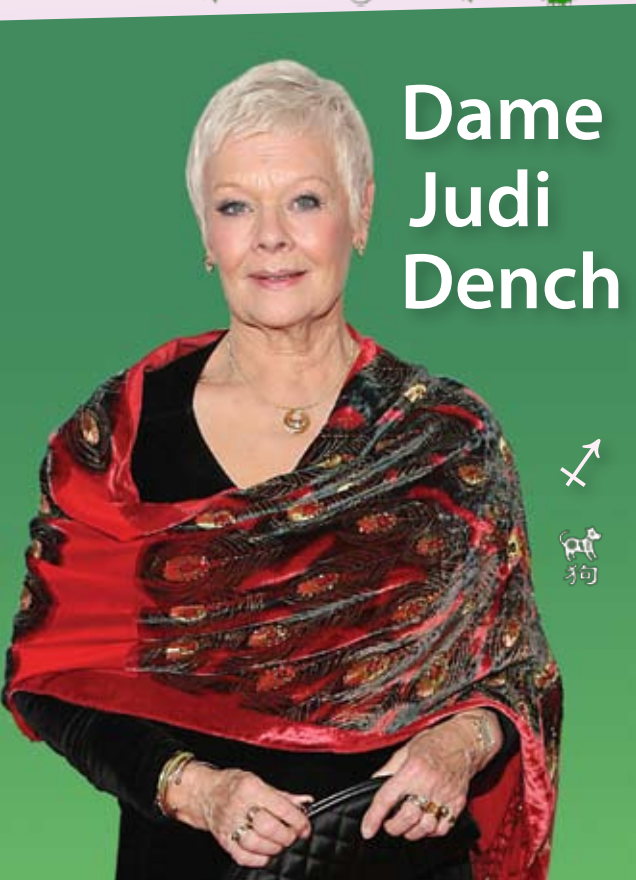


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Dame Judi Dench



Dame Judi is an intensely private person, shunning the media spotlight and rarely giving interviews. But by looking at the astrological signs that influence her, we can glean something of this elusive actress and her captivating personality.

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December 2011

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Dame Judi

Dame Judi was born on the 9th December 1934. Under Western astrology she is governed by the sign of the archer, Sagittarius. According to Eastern beliefs, she is ruled by the psychic energies of the Dog. These two influences combine to create a persona that is an apparent mass of contradictions.



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Dame Judi was born on the 9th December 1934. Under Western astrology she is governed by the sign of the archer, **Sagittarius**. According to Eastern beliefs, she is ruled by the psychic energies of the **Dog**. These two influences combine to create a persona that is an apparent mass of contradictions.

Dame Judi's youth was spent in Yorkshire. Her father was the official doctor to the Theatre Royal in York and her mother and brothers were keen amateur actors. The **Sagittarian archer** points his arrow skyward, symbolising the inner desire to project his thoughts towards a higher plane. Sagittarians have a keen desire for experience that enhances psychic and spiritual awareness. This could well have been instrumental in the young Judi's decision to become an actress.

As a Dog, Dame Judi will have been less eager to pursue this path. However, a Dog has an innate ability to understand other people on a more profound, psychic level and this ability has blessed Dame Judi with an **uncanny insight**



into the way others work. Using this, she has been able to play characters from queens to housewives with equal aplomb. However, the Dog is also a worrier. Despite its ability to read people, the Dog is led by emotional instability and constant anxiety, rather than clairvoyance – although they may be able to **intuit** the intentions of others. Despite her standing as an Oscar winner and theatrical royalty, it is likely that Dame Judi still feels acutely insecure about her abilities as an actress. In a recent interview, she stated that she doesn't "take any of it for granted, ever."

However, Sagittarius is sure-footed and blessed with ability to see further down the road. In her professional life it will be the archer that sets its sights on the next goal, while the Dog will quietly list the reasons as to why it isn't achievable.

In her personal life, Dame Judi is something of an enigma. Her stage and film work suggests both vulnerability and steel, yet which quality is closer to her personality?

Dame Judi's canine sensibilities are rooted in **humanity**. Dogs are incredibly empathetic and ready to fight for what they believe is right. However, they are also riddled with self-doubt and are fiercely self-critical. In Eastern astrology, it is said that Dogs are born old and get younger as they age. In this respect, Dame Judi is entering the stage of life where she may be able to shake off her inherent pessimism and see life in more simplistic psychic terms. The things



that concerned her when she was younger will become less important to her and she will focus on bigger, more important issues. In recent years, Dame Judi has spearheaded a campaign for the public to **recycle their Christmas cards**, evidence that her psyche is more concerned with globally important issues than self-analysis.

Sagittarius, by contrast, is the incurable optimist of Western astrology and Dame Judi will rely on her archer's attitude to balance the doubtful nature of the Dog.

In her work, Dame Judi Dench portrays characters that are seemingly worlds apart from one another. However, she is almost perfectly balanced in her astrological influences. What may appear to be a dichotomy of psychic energies are, in fact, an almost perfectly balanced arrangement of light and dark, much like the Yin and Yang. Rather than presenting the world with a facade, Dame Judi simply allows each individual to see the aspect of her true nature that they want to see. While some may consider this to be a deception, it is actually psychic honesty on many levels.



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Aries (Mar 21 - Apr 19)



Even though a financial situation has been in the way of something your spirit wants to do, a shift in the stars will open the way this month. Uranus, Mercury and Jupiter all turn direct in key areas of your chart, which clears the blocks and allows a healthy perception of how to get what you want. The position of your ruling planet Mars powers you with a detailed and patient work ethic for manifesting your goal. If you're looking for love, you'll find it right out in the open, and if you're attached, be social with your partner - too much time alone this month will get to you both.

Taurus (Apr 20 - May 20)



Jupiter turns direct in your sign, just in time for the holidays and a coming new year. This spells good fortune for you - the introspection you've lately felt opens up to a bolder self-exploration, and you feel free to expand and grow. Look for ways in which this new inner abundance can bring about material abundance in your daily life - and know that it can. Hold off on any significant business or money moves until the 13th, when Mercury goes direct. If it's love you're after, an intense attraction appears all of a sudden, which may be just the thing to keep you warm.

Gemini (May 21 - June 21)



With all the favours and requests being asked of you lately, it feels like you've hardly had a moment to yourself. Mercury turns direct on the 13th, easing the tension between you and the demands of the world around you. You still won't have a lot of time away from others, but you'll feel invigorated and up for the challenge - which makes a world of difference. Be bold in leaving a social circle that drags on you, as there is a right time for everything. In love and romance, it pays to put your emotions on display and cut to the chase. The object of your affections is turned on by honesty.

DECEMBER HOROSCOPES

CAREER **LOVE** SPIRIT DESTINY



Chris Odle
Astrologer & Shaman

Uranus, Jupiter and Mercury all resume direct motion in December, creating a series of helpful energetic shifts in time for the New Year.

Call **0800 422 0422** for more details

Libra (Sept 23 - Oct 22)



Creating a warm and vibrant atmosphere to share with others helps you to resolve recent issues that resurfaced from the past. Natural landscapes and quiet walks, alone or with someone close, further help organise your psychic energies and prepare you for the big year ahead. If the partnership you want is eluding you, it's because there are strong forces taking you inward. By following this introspection through, you'll be able to attract what you really want. A friend thinks you're talking in circles, but you'll be able to state your case clearly after the 13th with Mercury resumes direct motion.

Scorpio (Oct 23 - Nov 21)



With an abundance of competitive energy arriving on the wings of Sun and Mars, your challenge lies in managing it. A true victory is graced by cooperation and beneficial to many; so how do you get ahead in a selfless way? Strive for transparency in your words, and gently demand it from those close to you. Light will shine in immediately, and your intense drive will be an inspiration rather than a threat. Money moves are shaky until the 13th when Mercury goes direct, so don't finalise anything big until then. Venus is lending you the power of intoxicating words; use this to your advantage, either on a partner or a prospective lover.

Sagittarius (Nov 22 - Dec 21)



As ruling Jupiter moves retrograde through the health area of your chart, you're tempted toward over-indulgence - especially with those decadent birthday and holiday spreads. But if you're serious about health goals, start now and give yourself a head start for 2012. An unrealistic ideal of family life is taking up psychic real estate; freeing yourself from expectations gives you energy to find common ground and stay grounded in your own power. A love interest is more miss than hit until Mercury goes direct on the 13th, at which point you may have your choice between multiple admirers.

Cancer (June 22 - July 22)



Direct and honest communication - even anger - can lead to a transformation in your love life this month. Your sign is known for deep reserves of emotion and psychic energy, and when these overflow, real change results. The best approach is to get clear before you act, which will be easier after Mercury ends its retrograde on the 13th. Avoid indulgences until you speak your truth and set things straight - if you continue to let it ride, your work life will be affected. Later in the month, Jupiter turns direct in the most social area of your chart, opening new doors of inspiration and camaraderie for the coming new year.

Leo (July 23 - Aug 22)



With Sun and Mercury energising the most decadent area of your chart, things are leaning toward indulgence. This isn't bad - as a matter of fact you need some good fun after an emotional ride last month - but you'll be enjoy it more and budget better if you wait until after the 13th to cut loose. A long term relationship may be gathering too much dust, and you find yourself looking eagerly to the world outside. Talk to your partner and make a plan. When Jupiter goes direct on the 25th, it's a great time to explore new territory and forget what you know about each other. If you're single, good prospects are close to home.

Virgo (Aug 23 - Sep 22)



A surprise from the past catches you off guard, and the resulting insight is too obvious to be ignored. With a new perspective on what came before, you face the future with slightly different eyes. Take the attention and beauty you give to the things outside of you, and let it work inside on a psychic level to clear away energies you don't need. A partner or friend may come to you with a collaborative vision, but it's best put off for now. Focus instead on bringing more inspiration into the friendship, and let things happen naturally when the stars are better positioned for it.

Take the attention you give to outward things, and put it to work inside on a psychic level, to clear away old energies.



Capricorn (Dec 22 - Jan 19)



Saturn has now spent a lot of time in your career zone, and although you've accomplished much, it has been taxing. The solution provided by the cosmos is not to hit the brakes but rather shift gears. A new endeavor - even something as simple as trying to heal a wounded relationship - will give you more energy than will resting on your laurels. A partnership is likely to get caught up in financial quarreling, but you both know that love is beyond money, and the tension will soon be forgotten. If you're in need of a mate, the new moon in your sign (on the 24th) will offer assistance.

Aquarius (Jan 20 - Feb 18)



Friends can become lovers, but friendship is strenuously tested when the honeymoon is over. In a steady partnership, you're confronted with unrealistic ideals. Relationships can draw you out of your comfort zone, and send you running for the company of others. Going to social engagements together is the perfect solution, and you'll have many opportunities in December. Communicate honestly but don't let words get in the way, as friendly gestures and body language will say it better. The world of work and money will ask you to compromise, but luckily your feelings inform you as much as the facts.

Pisces (Feb 19 - Mar 20)



The past has resurfaced and you have experienced the aftershocks. Now you see the beauty and humanness in the events that transpired, and can begin to redefine yourself holistically as you release past energies. Ruling Neptune is on the verge of entering your sign, heralding a new creative phase not only for you, but the cosmos. Enjoy this in the company of others who can share the depth of your thoughts and emotions. Attraction to a potential mate is sudden enough to feel like a rude awakening, and may happen at the workplace, but you'll know after the 13th whether something is actually happening.

6 tips for happier holidays

The holidays are supposed to be a time that we enjoy, when we get the chance to relax and appreciate the company of others. However, the preparations involved, the presence of people we wouldn't normally entertain and the excuse to overindulge can take their toll on us both physically and psychically. In order to take the stress out of holidays and enjoy them to their full potential, there are six basic things you should bear in mind.

plan ahead ★

Too many of us let the holidays creep up on us, so that we end up rushing around and trying to do everything at once. Instead, well before the holidays are upon you take some time to conduct a series of positive visualisations that focus on your perfect holiday experience. With each visualization, try and make a note of the details that come to you - those that would make the celebration run as smoothly as possible. Your subconscious will have collated vital information about the people involved, their likes and dislikes, and using visualizations will help you to plunder your psychic memory banks.

share the burden ★

Rather than deciding to be solely responsible for everyone else's happiness, delegate the duties between your friends and family. Not only will this allow you to enjoy yourself all the more, but it will generate a feeling of community. People working together for a common purpose tend to forge solid and positive psychic bonds, united by their desire to create the perfect occasion.

work within your limits ★

There is little point in trying to facilitate an event that is unrealistic. We are all bound by physical constraints such as money, time and location. It is far better to focus on the spirit of the event, rather than the peripheral frills. By communicating the idea that you want the holiday to be enjoyable and memorable rather than ostentatious and lavish, you will encourage others to take pleasure in the communal experience, rather than the sense of material indulgence which, for some, can be intimidating.

look after yourself ★

The holidays are often a great excuse to overindulge. However, this can exact a physical and psychic cost. The physical self is a manifestation of the psychic self and, too often, we allow ourselves to stagnate in both. As the holidays approach, try to maintain a regime of good physical and psychic health. Eating well, exercising and meditating regularly will allow you to reward yourself over the festive period without that dull, sluggish feeling that can last for weeks afterwards.

be tolerant ★

It is the nature of large gatherings that we are often surrounded by people we would otherwise have little time for. If you are unprepared, this can lead to an exaggeration of bad feeling and intolerance. Decide in advance who will be coming. This will tell you whose partners to expect and give you fair warning of those whose company you find difficult. In anticipation of this, take some time to visualise those people in their best light. Imagine them as being wonderful company and visualise conversations with them that are successful and enriching. Once again, your psychic memory banks will seek out ways to encourage positive feelings between you and re-programme your psyche to engage in a mutually beneficial way.

see the bigger picture ★

It is often easy to forget why we have these gatherings of friends and family. Allow yourself to remember what those people mean to your life and how their coming together will enrich your future on a practical and a psychic level.



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Become the Hunter

By hunting our dreams on a **psychic level**, we become spiritually healthier - whether we ultimately succeed or not.

Regrets are usually made up of things we wished we had done, as opposed to things we wish we hadn't. We all have dreams, but often these remain unfulfilled - either as the result of our own self-doubts, or the negative opinions of those around us. Chasing dreams is not only a way to enhance life, but a powerful way of empowering our psychic selves and reaching spiritual fulfilment.

STALKING YOUR PREY

In going for a goal, we must prepare as a hunter would in stalking his prey. The first thing he would do is research the target, learning patterns of behaviour and the locations of feeding grounds. As the hunter of a dream, you must prepare in exactly the same way and research the topic until you know it inside out. This might involve reading on the subject, joining internet forums or speaking to people who have realised the same goal. By bombarding your subconscious with all manner of information related to your goal, you are priming it to respond positively in any given situation. Research also helps to demystify the subject of your goal, allowing it to appear more attainable and realistic.

SQUASHING SELF-DOUBT

A powerful way to eradicate doubt from your quest is to visualise it as an insect. Take all the notions that may be preventing you from embarking on your hunt and build a mental image of those factors as a bug that you can squash. Once you have disposed of the creature, replace it with other positive images and affirmations. By transforming your doubts into resolve, you have begun to track your prey.

A hunter will decide on any equipment needed to for a particular hunt, and you must do the same. Joining certain clubs or wearing particular clothing may bring you closer to your goal. As you compile your list, draw up a budget of all the things you feel could help. Then develop a plan to purchase these items.

THE DAY OF THE HUNT

Your subconscious needs to be saturated with images of the dream, so find images that represent your goal and put them in places where you see them frequently. It is also worth choosing a date to begin your hunt. By writing this down on the picture, you confirm to your subconscious self that the hunt is taking place. A specific date gives your psyche the impetus to begin all the psychic arrangements to help you on your way.

The final step is committing to the hunt. Prepare yourself for this with visualisation. Imagine standing on the shore of a large expanse of icy water. In the distance is a boat that contains your goal. In order to reach the boat, you must swim through the icy water. By allowing yourself to experience the fears and doubts that could prevent you from diving into that water, you are honestly taking stock of anything that might get in your way.

Now imagine yourself diving into the water and starting to swim. Acknowledge that the journey will be difficult and will tax your physical and psychic reserves. At the same time, anticipate the feelings of joy and happiness that await you upon reaching the boat. This visualisation communicates to your subconscious that you want to take charge of the situation. You haven't waited for the water to heat up or for someone to come along and push you in - you have decided to take the plunge, knowing that you're in for a challenge.

STAY MOTIVATED

Just as a deer seems to elude a hunter, your dream may appear to slip away from you. In these instances, immerse your subconscious in information and images concerning your dream. The more information you send to your higher self, the more likely it will come up with solutions that inspire and move you forward.



reader profile **Kathryn**

Have you had any memorable experiences reading for a client?

It is difficult to choose one particular experience as there have been so many, but one does stay in my mind. A lady was very sad and distraught because her partner had recently died. She did not believe in everlasting life and was afraid her partner had simply gone. She asked me to tell me something so that she knew beyond doubt that he is ok. After a few moments I said he is telling me to look after the large fern plant in the garden. She was overjoyed because he had grown this very large fern in the garden and had given her instructions on how to look after it before he died...He also gave her other instructions and proof of his survival. This instance has stood out because the lady said I had changed her life. I felt extremely humbled, and I realised it is often the simplest messages that mean the most.

When did you first realise you were psychic?

Even as a child I realized I was different from other children. It was common for me to hear my name being called by somebody unseen, and I had many unseen friends - many of whom still work with me now. I used to be able to see what I now know to be nature spirits and fairies in my parent's garden. My Nan used to call me "that spooky child"!



PIN 7786

What makes a good psychic reading?

Take a little time to prepare yourself for your reading, and spend a few moments contemplating what you would like to know from the reading. I personally feel a good reader should be able to conduct a telephone reading as accurately and precisely as a face-to-face reading.

The reader should always be able to reach to clarify your reason for calling, and help you find the best way forward. A good reading should provide information and reassurance and leave you with a sense of calm and upliftment. I always encourage laughter during my readings as it is good for our health and wellbeing



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