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Dustin Hoffman

With a new movie, "The Little Fockers," due to hit the big screen at Christmas, Dustin Hoffman remains one of the most bankable and intriguing actors in Hollywood. Have the stars paved his way?

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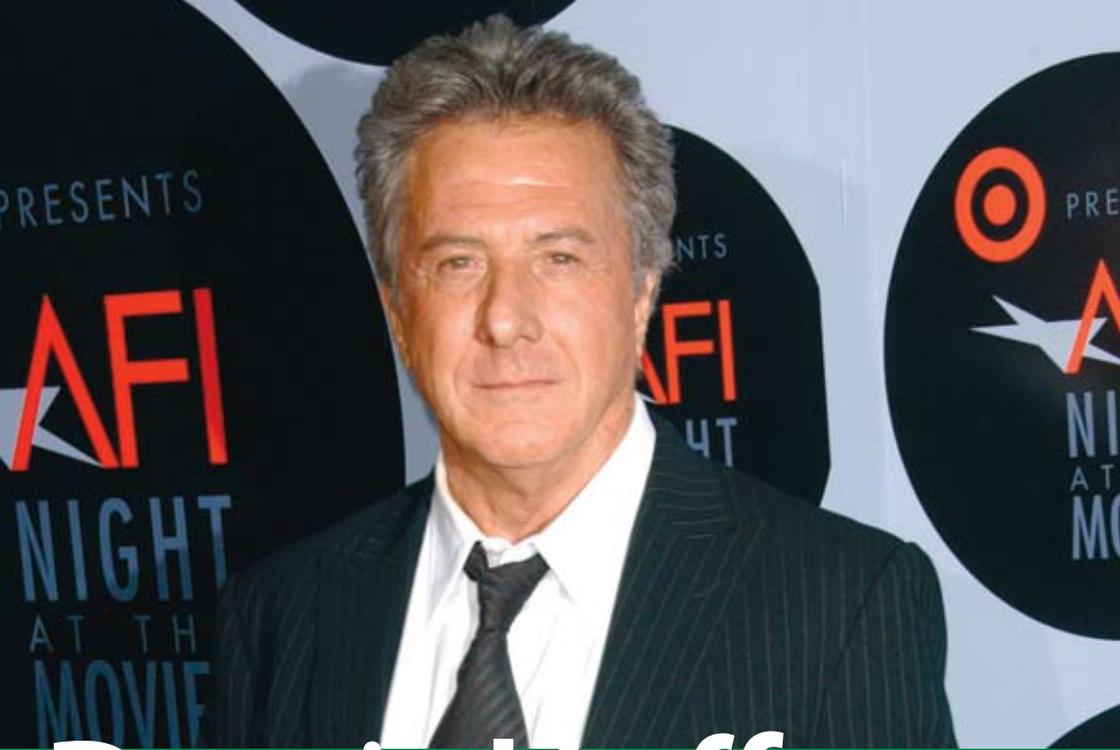
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December 2010

INSIDE
8 pages packed with
inspiration!



Dustin Hoffman

He is not the usual Hollywood star, but the stars above have helped him conquer Tinsel Town and become one of the most enduring actors of his generation.

With a new film, 'Little Fockers', due to hit the big screen, Dustin Hoffman's star is still burning bright. The self-confessed method actor has played a wide variety of roles, ranging from the title role in Tootsie and Ratso Rizzo in Midnight Cowboy through to more unexpected roles such as Master Shifu in Kung Fu Panda. On the face of it, Hoffman is not conventional Hollywood material. So how have the stars helped him to overcome the short-sightedness of the film industry and use his inherent talent to become one of the most successful screen actors of all time?

Dustin is a Leo born in the Chinese Year of the Ox. Initially, he set out to pursue a career in medicine but, after a year at the Santa Monica College, he joined the Pasadena Playhouse. While this might seem a rash move to some, it is fairly typical of a Leo. Those born under the sign of the Lion are drawn to the spotlight and bubble with creativity. If these aspects



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of a Leo are left untapped, they will bubble away inside – rather like someone shaking a can of Coke – until they find an outlet. Leos use artistic endeavours as a form of psychic nourishment. However, rather than it being a selfish undertaking, Leos get an incredible 'buzz' from sharing an artistic experience, revelling in the energies that are shared by all at such an event.

Outwardly confident, inwardly not

While Leos are outwardly confident and good at self-promotion, they are often riddled with insecurities, often about their personal appearance. For Hoffman, his unconventional looks were to initially work against him. He spent a long time supporting his unrealised career with a series of odd jobs, including working as a typist for the Yellow Pages Directory and as a fragrance tester for Maxwell House.

While this may have been frustrating for his leonine sign, the dedicated and patient Ox will have decided to exploit the situation. Consciously or not, Hoffman's Ox will have guided him towards people watching - soaking up all the personality traits and characteristics of all the people he came into contact with. Where Leo is rash and impulsive, the Ox is patient and logical. In this case, Hoffman's Eastern sign will have begun to lay the foundations for his much-praised versatility as an actor.

Shining in the smallest of roles

The Ox may well have been instrumental in Hoffman's decision to enrol at the famous Actors Studio. With the material he had drawn from real life and an environment in which he was able to practice his craft, Hoffman was able to shine in the smallest of roles, causing him to be noticed by producer Sidney Pink, who subsequently cast him in Madigan's Millions. This period of Hoffman's life will have undoubtedly been lived under the reign of the Lion. A true Leo cannot resist being the centre of attention, although not in an egotistical fashion. Rather, it is a desire

to elevate everything in his kingdom to a level of psychic excellence through a creative process. As if to illustrate this point, Hoffman shared his talents by teaching his craft at a community college night school, basking in the psychic energies created by his students.

After a number of small television roles, Hoffman was cast in *The Graduate* and the beginning of his meteoric career as a film actor was cemented. His early roles such as Ratso Rizzo and Tootsie are very obviously created under the influence of the Lion. However, Hoffman is not a 'showy' actor. He has learned enough about his craft to be able to steal a scene with a mere look or a gesture, rather than trying to 'out-act' anyone else on the screen. This hints at the Ox tempering the Lion's showboating tendencies. While the Lion will be desperate to make his mark, the Ox will have caused Hoffman to really consider what he learned at the Actors Studio and decide best how to employ it.

An ability to 'tune in'

It is Hoffman's ability to tune into both his astrological signs that have helped him portray such a wide range of characters. The Lion fuels his creative energies and thoughts, while the Ox allows him to take stock of what he has learned and put it to the best possible use.

In interview situations, Hoffman comes across as a very different man from the characters he portrays. While he is obviously fiercely intelligent, he is well known for his easy, laid-back company. When he is not working in front of the camera, Hoffman is very much guided by his Chinese star sign. He is continually observing people and using his psychic intuition to 'read' them, so that he might continue to learn more about the human condition. Both the Lion and the Ox are known for their hard working attitudes and, although Hoffman might appear to be a convivial man, his star signs will help to ensure that he is never really out of 'work mode'. Instead, he is continually watching and observing, storing away ideas for his next film role.

Dustin Hoffman

Born 8th August, 1937

Los Angeles, California



LEO

dramatic
proud
creative



OX

dedicated
patient
observant

Aries (Mar 21 - Apr 19)



Just when everything seems ready to fall in place with a career development, Mercury turns retrograde in the 9th and forces you to step back. Around the same time, revolutionary Uranus turns direct, indicating that your strategy has been too focused on the short term. The point is, it's time to look at the big picture as the new year rolls in. Meanwhile, an attraction is combustible with the moon in your partnership zone and Venus in sexy Scorpio. If you're up for love, a chance encounter will bring unexpected results.

Taurus (Apr 20 - May 20)



As the Sun and Mars light up your 8th house, bold action is definitely called for, especially in a financial situation where you are one of several parties with competing interests. Holiday shopping is a perfect example! Take care of business early - before the 10th if possible - because things look quite different by month's end. The Sun and Mars will have moved on, Mercury will be finishing a testy retrograde, and a lunar eclipse falls in your house of personal resources. These factors make less-than-ideal conditions for effective spending. Love, on the other hand, may come more easily, with Venus cozy in your house of partnerships.

Gemini (May 21 - June 21)



If you've just patched things up with a lover or business partner, don't be surprised if the resolution is not as final as it may have seemed. Your own planet Mercury reverses through your house of partnerships for most of the month, forcing you and your other half to revisit anything that may have been glazed over. This applies to friends and family too, and may reveal themes of discord in your relationships. Don't worry - it's best these come to light. The grand finale comes on the 29th when Mercury turns direct, just as the moon is eclipsed in your sign. Ready or not, it's time to iron out those emotional wrinkles.

DECEMBER HOROSCOPES

CAREER LOVE SPIRIT DESTINY



Chris Odle
Astrologer & Shaman

A Mercury retrograde through earthy Capricorn gives the holidays a few surreal twists and turns, punctuated by an emotionally charged lunar eclipse.

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Libra (Sept 23 - Oct 22)



Your physical beauty and the harmony of your surroundings are high priority this month, and feeling good is closely related to feeling beautiful. This is due to Venus, who spends the entire month in your own sign. You are likely to feel sexually charged, and Jupiter in your house of pleasures suggests that options will not be lacking. Keep a close eye on all things financial. The holidays can already induce runaway spending, but with Mercury retrograde in your house of money, miscommunications and lost receipts will almost certainly be part of the picture.

Scorpio (Oct 23 - Nov 21)



With the decorations and confetti all cleared away, this month is about finding greater physical and psychic beauty by healthy and natural means. Jupiter and Uranus together in your house of health and healing bring sudden opportunities and new techniques for reaching your goals in the new year. This could manifest as a new form of exercise or a spiritual practice, but it will definitely be worth signing up for to see where it leads you in the new year. Watch out for flaring tempers at home as a clash of strong wills demands creative diplomacy.

Sagittarius (Nov 22 - Dec 21)



You feel increasingly compassionate during the holiday season. This inspires you to give your time or resources to a worthy cause. Being there for others contributes increasingly to your own sense of wellbeing, and for this reason, watching from the bleachers is not an option. Mars and the Sun in your own sign indicate your need to be in on the action and actively making a positive difference. A shift in living arrangements becomes possible as Jupiter nears Uranus in your 4th house of home and family. Any changes are best solidified next month when the new year is officially underway.

Cancer (June 22 - July 22)



Chances are you've been more tuned into your relationships and physical health lately, and things

may be going great until Mercury turns retrograde and spends the holiday season backtracking through both of these areas! In terms of health, you can avoid giving yourself over to excesses by offering yourself a little of this and a little of that. In relationships, graciously accepting imperfection will allow things to evolve, and grow. Emotional challenges on the home front will complete this month's theme, giving you the choice to seek escapes or strengthen your resolve at the dawn of a new year.

Leo (July 23 - Aug 22)



The holidays are a perfect time to dress up, get out, and grab the spotlight. While your stars do

suggest turning over a new leaf in the health and healing department, the time for implementation may be blissfully premature! Attend a party or two, or play host and let your entire home stand in the spotlight. Enjoying the finer things of the season, including the rush of having all those eyes on you, will be an uplifting influence. Whether or not you're single, you'll have to keep your eyes sharp. You'll see more than one opportunity to allow one thing to lead to another.

Virgo (Aug 23 - Sep 22)



Home for the holidays is nice in theory, but it doesn't always work out as planned. Mercury

backtracking through your home and family zone is likely to create some grade 'A' miscommunication and quarreling as the preparations move into full swing. Luckily, Venus in the 3rd house provides much needed grace and good humour where family is concerned. This Venus position also suggests that if you are considering online dating in the new year, now is the time to start working on your profile! Love may also come uninvited, especially around the lunar eclipse on the 21st.

In terms of physical and psychic health, avoid excesses by allowing yourself a little of this and a little of that.



Capricorn (Dec 22 - Jan 19)



Saturn continues its long journey through your career zone. This month it is joined by the moon's

influence, paving the way for a strong professional finish in 2010. If you find yourself working overtime and wishing you were somewhere else, charity can ground you and provide a healthy connection to the world around you. The spirit of giving is worth tuning into, and is ready to return the favor by enriching you in many ways. You are emotional, reflective, and even somewhat withdrawn this month as forces gather to change you for the better in the new year.

Aquarius (Jan 20 - Feb 18)



A lively social schedule is made even more intriguing this holiday season as Venus

catwalks through the career area of your chart. This means that holiday engagements will open unexpected doors professionally, and possibly in the areas of romance - especially with Neptune in your first house, which lends you an increased magnetism that others will not fail to notice. A religious or spiritual idea grabs your attention and provides an emotional end-of-year outlet. A person or new lover might also serve that purpose, especially around the 21st, when the moon is eclipsed.

Pisces (Feb 19 - Mar 20)



Finding greater degrees of personal freedom has been on your mind, but something has been

standing in your way. The reason has been revolutionary Uranus moving retrograde through your own sign. When it turns direct early this month, you'll notice a shift of energy. The blocks begin to clear and the road opens toward your new incarnation in 2011. At work, things are fast-paced and demanding, and likely to cause stress between you and a partner. Something cozy and romantic, like a trip to the theatre or a holiday parade, is a perfect remedy.

Angelic Guidance

Angels (meaning 'messengers') figure prominently into the Nativity Story, yet they are found in almost every religion. Hinduism and Buddhism recognize countless "Devas," while Islam, Sikhism, and newer systems such as Theosophy, all speak of Angels. As our understanding of these beings has evolved, ranks and individuals have been recognised, with the Seraphim and four Archangels at the highest peaks of Angelic energy.

But the history of Angels is not as important as their presence in our lives. Countless people, religious and not, have spoken of direct encounters. Like near-death experiences, these encounters have recurring themes: luminosity, melodic voices, pleasant fragrances, a comforting touch - or in cases of immediate danger, the sense of being pushed or lifted. Countless polls reveal that people across the globe believe Angels are present in their lives.

It's up to each of us to discover what angels mean; but to those who have been touched by these graceful spirits, their reality and goodness is unmistakable. Angels embody innocence, purity, peace, and unconditional love. By their closeness to the divine source, they inspire and guide us to find our own divine nature.

Finding an Angel

Finding your guardian angel can be a surprisingly direct experience, but it may take some time. The easiest way is to make a list of Angels from books or the net. Feel which one may be close to you spiritually, and mentally or verbally ask that Angel if it is your guardian.

Ask the Angel to show a "yes" answer by a white feather, or by speaking its name to you randomly, whether on TV, the radio, in print. The answer often comes on the same day. If you get nothing by the following day, the answers is a 'no' or 'don't know'. In this way, move down your list of angels until you get a positive match.

There are also exercises to strengthen your connection with your Guardian Angel and recognise their presence more clearly. These are designed to develop your intuition and psychic receptivity.

Flexing your psychic muscles

The best time to flex your psychic muscles is when your conscious mind is taking second-place to your subconscious - for example, when you are coming out of sleep or going into it. A similar trance can be achieved through meditation. If you can, set aside some time at the end of the day, just as you are preparing to sleep, and relax completely. Visualise yourself in a place in which you feel safe and at peace. This may be a place that you know and have an affinity for, or a place that you create for yourself. If this is the case, do not feel that your choice of setting has any less value than a real one. It is simply your psychic sense creating an environment in which you can attune your senses.

As you become aware of the surroundings in your mind, create a path in the picture that leads to the horizon. Start to follow the path and, as you do so, ask your Guardian Angel to reveal himself. As you continue down the path, you may notice a form appearing in the distance in front of you. It may be insubstantial and indistinct at first, but by concentrating on it, you may be able to discern who or what is being shown to you. Initially, the image may appear random or slightly surreal, but this is only a sign that you need to strengthen your psychic abilities further. By considering the images you have seen during the day, you may gain insight into the identity of your Angel and perhaps the nature of any message they are trying to send.

By repeating this exercise nightly, or at a quiet time during the day, the identity of your Angel will become clearer. As your psychic muscles grow, you may also find that the person who is looking after you becomes more present in your dreams. It is here that we can really listen to any wisdom that they might have for us.

Once you have established a link with your Guardian Angel, you will then be able to communicate with them, using the exercise described as a template. It may be that you receive answers straight away or you might have to wait for a time. Until then, those little incidents that gave you a sense of being watched over will take on greater meaning and offer even greater depths of reassurance.





Unlock Your Psychic Potential

While we are all aware of the five senses that most of us are blessed with, few of us are aware of the fact that we are all blessed with other senses that allow us to see, hear and experience things far beyond our physical limitations. Most people perceive psychic abilities as the privilege of only a few, gifted people, remaining ignorant of their own hidden gifts. Gifts such as clairvoyance, telepathy, clairaudience and intuition are innate in all of us. What we need to do is find ways to unlock them and develop them to their full potential.

Latent psychic talents

Many believe that they have no psychic abilities whatsoever. However, take the time to talk to these people and you will find that all of them have had a psychic experience at some time or other. Circumstances such as déjà vu, a 'gut feeling' or knowing who is on the other end of the telephone before you answer it are all examples of the latent psychic talents that we are all born with. Unfortunately, in this modern age, few of us are given the time or the inclination to tap into these reserves and use them in our daily lives. Instead, the focus is on developing our physical forms and using our mental abilities to deal with the stresses and strains we encounter every day.

Even our ancient ancestors used their psychic abilities. There is a lot of evidence to suggest that cave paintings were used as an early form of positive thinking. Pictures of prey would be daubed on the walls, focussing the psychic energies of the tribe on attaining what they really needed - in this example, food. If we were able to harness our hidden gifts, consider just how much more we could achieve in our everyday lives, both for ourselves and for other people.

Develop the subconscious

The leap from turning a gut feeling into fully formed intuition or uncanny guesses into a precognitive talent isn't a great one. All it requires is the development of your subconscious mind. The subconscious is a powerful, psychic tool, but only by learning how to access it will you be able to discover just what your psychic strengths are. The secret here is to repeatedly instruct your subconscious to develop your abilities. Your subconscious doesn't know the difference between real and imagined events. When you become involved in a book or a film, your subconscious reacts accordingly,

creating physical responses. Feelings of tension, fear or joy can seem very real, despite the fact that your conscious mind is aware that the situation is fictitious. Using this knowledge, any instructions that are given to the subconscious will be interpreted as real and the subconscious will do all in its power to act accordingly. Therefore, if you want to develop your innate psychic powers, all you have to do is tell your unconscious mind and it will get to work.

You may already have an idea as to what your psychic strength is, whether it is based on a sense of things that are about to happen or the seeming ability to know what others are thinking and feeling. The first step in developing your gifts is to attune to your subconscious. The best way to do this is to meditate. Achieving a trance-like state is easier than you might think. Most of us have experienced driving a car and being unable to recall certain parts of the journey. This is because conscious mind has taken a 'back seat' and the subconscious has come to the fore. Daydreams are a similar phenomenon. In meditating, you are allowing the subconscious to surface, whilst maintaining an awareness that allows you to issue positive instructions. During these light trances, tell your subconscious to reveal your psychic strength and to develop it. This may manifest itself as visualising events that have happened and scenarios that you create. The subconscious will absorb these if they are presented in a positive light.

Keep a Diary

After each meditation, keep a diary. Note how you feel and also note any significant events that happen between sessions. Before the next meditation, look at the diary and visualise the events, recreating how you felt as well as what happened. Try and bring these images and feelings with you as you enter your next trance. This will give your subconscious reference material to look on and decide which areas need to be strengthened.

While developing your psychic gifts is never a story of overnight success, you should begin to notice subtle changes very soon. Typically, it is a person's intuition that begins to develop first. As one of our primary survival senses from the past, it is the gift that most people can access quickly. However, as you improve your connection with your subconscious and your intuition develops, you should soon find that your strongest psychic abilities will soon follow.



PIN 7764

READER PROFILE

SUZY

When did you first realise you were psychic?

I first realised that I was "different" at the age of 7, but did not know exactly why or how. Then at 14, I had my first vision. I was not sure why I had the vision or whether I was just imagining things. It was then that I started reading about psychics and realised that I was not the only one - you can imagine my relief!

Have you had any great

experiences with a client you have read for?

I have been very lucky with the customers I have read for as they have all been really appreciative. Time and time again, they have thanked me for my help and told me what a difference I have made to them. Making a difference to someone is the biggest compliment of all!

What makes a good psychic reading?

In order for a client to get a good psychic reading, they should be as relaxed, open and optimistic as possible. This allows good flow of energy and vibration and makes it easier for the reader to connect with the client. It is then that the detail flows.



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