



Star Temple

Spirit of Christmas



With Christmas upon us, what do we have that money cannot buy?

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Write to Chris if you have any comments about Star Temple.



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Sally Renshaw

Reader enquiries to
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Customer Services Team

If you would like to speak with one of our friendly reception team, call our credit card booking line on 0800 422 0422.

Also contact reception for general enquiries about Credit Card and Premium line readings.



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Editor's Letter

'Christmas comes but once a year', though I must say it feels like twice, especially on the pocket! In these days of reported gloom and doom we can sometimes forget the simple things that have a huge impact on others. We can get swept away with the pressures that this time of year brings us but it doesn't have to be like that! We have resources that we can use that do not cost a penny. Our feature article covers a more holistic approach to Christmas.

Inside I would like to leave you with a beautiful prayer and blessing.

On behalf of all of us at Star Temple, we hope that you enjoy a wonderful seasonal break. We want to thank you for the support and loyalty you have given us this year and hope that the guidance from beyond given by our readers has been a torch light on your way.

I feel a bit like the Queen giving a Christmas message except I haven't got a butler serving me tea afterwards. And the tiara has only got zirconium in it!

Until the New Year!

Pavlou Landraagon

◆ feng shui tip of the month



What: Don't leave flowers wilting in the house. This time of the year with the beautiful Poinsettias in season, we are more likely to leave them around over the Xmas period. Better to give plants and flowers to someone to enjoy should you be travelling away.

Why: The energy of dead or wilting flowers is resonating old dead Ki. Our aim should always be to bring in live, vibrant healthy energy to resonate in our homes. **PL**



Christmas means a lot of different things to different people. For some it is a religious time to honour the birth of Christ, while others use it as holiday time to escape the winter darkness. Sadly for others it emphasises the loneliness that they feel at other times of the year.

Quite why it is the 25th of December that we use to mark the time of Christ's birth is unclear as it seems that more comprehensive studies of the Bible reveal clues to it having been at some other time of the year.

It appears that our Christmas celebration time culminates from Pagan traditions, mainly the Winter Solstice on the 21st of December when there was a celebration of the birth of the Sun after its lowest ebb. Also the 12 days of the festival of Yule seemingly became our 12 days of Christmas; Yule coming from an Anglo Saxon word meaning 'light' and 'sun'. The Christmas tree itself may have come from the Roman festival of Saturnalia when pine trees were decorated with images of the God Bacchus.

Father Christmas, known to bestow gifts (as well as heroically braving narrow chimney stacks!) was based on St Nicholas who was a Saint canonized after resurrecting three children before later morphing into his latter day image.

Modern times have seen Christmas becoming an expensive and commercial occasion and with pressures mounting during this credit crunch period worries are common.

Stop for a moment and ask ourselves, what we do have that does not cost anything and that all of us have at our disposal in one way

or another?

We have two great resources, time and good intent! Just a few minutes can make a real difference to our family and friends.

- Let each member of the family vow to do one good deed on Christmas day. It may only be small but the good energy increases tenfold. Scientists call it the reciprocity factor showing that an upstream of good actions multiply. Take it in turns at breakfast to announce our good deed for the day (or beyond?).



- Each member contribute a small amount of money and pledge it for a gift that will totally transform someone else's life. A company called Care have some great ideas. Making a small collection of £38 would buy a bicycle that would allow a midwife to get to poverty stricken areas and save a woman's life where it could take hours to walk to a local hospital. £9 would buy a steel bucket that could collect water. A family of 4 would need to put in about £2.25 each, the

cost of a Christmas bauble.

- Maybe we could give some time to someone that we know will be alone on Christmas day and a tin of tea and some choccy biscuits and a chat would be worth more than money could ever buy.

Perhaps Christmas is the time to come out of our own world and open up the life of another? Good will is infectious and anyway think of the karmic brownie points you would collect? PL

Find out more: www.caregifts.org.uk
www.telegraph.co.uk
article 'science explains good will'.

Star Temple Readers

Welcome to our monthly selection of current readers.

For **full details & live availability**, please see
www.startemple.com

All our readers now have a pin number, with many
doing both credit and premium rate readings.

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Carla

Credit Card PIN 5501
Mon, Thu, Fri
2pm-6pm
Tue 10am-2pm

◆ clairvoyance
Tarot



Maureen
NEW

Credit/Premium PIN
Mon, Fri, Sun
6am-10am

◆ clairvoyant



Mel

Credit/Premium PIN 7707

Mon 6pm-11pm
Wed 9am-2pm
Thu, Fri 6pm-11pm
Sat 2pm-7pm
Sun 2pm-11pm

◆ psychic
medium



Alison

Credit/Premium PIN 7706

Mon 10am-7pm
Tue 2pm-11pm
Wed, Thurs 2pm-7pm
Fri 7pm-11pm
Sat 9am-2pm

◆ angel, tarot
reiki master



Eric

Credit /Premium PIN 7742

Mon
9am-1pm /2pm-6pm
Wed, Fri 9am-2pm
Thu 2pm-6pm
Tue 9am-2pm

◆ psychic
tarot



Elica

Credit/Premium PIN 7719

Tues, Wed
2pm-7pm

◆ medium
counsellor
healer



Karena

Credit/premium PIN 7703

Fri, Sat 7pm-11pm
Mon, Thu 7pm-11pm

◆ clairsentient
tarot, crystal ball



Jeannie

Credit/Premium PIN 5506

Tue, Wed, Thu
9am-2pm

◆ clairvoyant
clairaudient



Christine

Credit/Premium PIN 5502

Mon, Sat 10am-2pm
Wed 2pm-7pm

◆ clairsentient
medium



Amethyst

Credit/Premium PIN 7790

Mon, Tues, Wed
6pm-12pm

◆ psychic
tarot



Elizabeth

Credit/Premium PIN 7715

Mon 9am-1pm
Thu 7pm-11pm

◆ clairvoyant
clairaudient
clairsentient



Mark

Credit/Premium PIN 7709

Thu 7am-10pm
Sat 9am-2pm

◆ psychic
tarot
crystal ball



Tom

Credit/Premium PIN 7757

Tue, Thu, Fri, Sun
2pm-7pm
Mon 7pm-11pm
Tue 7.30pm-10pm

◆ psychic
tarot
dream analysis



Kathryn

Credit Card 5508

Tue 6pm-9pm
Wed 10am-2pm
Thu, Fri, Sat
6pm-10pm

◆ clairvoyant

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Mia

Credit/Premium PIN 5510

Mon, Tue
2pm-midnight
Wed, Thurs, Fri
7pm-midnight

- ◆ clairvoyant
- clairsentient



Jenny

Credit/Premium PIN 7736

Mon 9pm-midnight
Tues 9.30am-2pm
Wed 10am-2pm
Wed 9pm-midnight
Sun 10am-2pm

- ◆ psychic
- dream analysis



Sandy

Credit Card PIN 5511

Tues, Thurs
7pm-midnight
Fri 9am-2pm
Sat 2pm-11pm

- ◆ medium
- clairvoyant



Rudi

Credit/Premium PIN 7717

Tue 10am-2pm
Mon, Thu 9am-2pm
Wed, Fri 10am-2pm

- ◆ medium
- clairvoyant



Tricia

Credit/Premium PIN 7711

Tue 8pm-midnight
Wed 9pm-midnight

- ◆ psychic
- intuitive healer
- counsellor
- life coach



Gwyneth

Credit/Premium PIN 7735

Mon, Tue 2pm-6pm
Wed 2pm-7pm
Thurs 9am-2pm
Fri 2pm-7pm

- ◆ clairvoyant
- psychic



Rachel

Credit/Premium PIN 7722

Thu, Sat 7pm-midnight
Sun 9am-2pm
2.30pm-6pm/7pm-11pm

- ◆ clairvoyant
- clairaudient
- clairsentient



Richard

Credit/Premium PIN 7708

Tue 2-7pm
7.30pm-midnight
Wed 7pm-midnight
Thu 2-6pm
7.30pm-midnight
Sun 9am-2pm
7pm-midnight

- ◆ psychic, tarot



Selina

Credit/Premium PIN 7727

Tue, Wed, Thurs
8am-2pm
Fri 9pm-2pm

- ◆ clairvoyant
- medium



Tanith

Credit/Premium PIN 7710

Mon, Wed, Sat
10pm-2am

- ◆ clairvoyant
- tarot



Maria

Credit/Premium PIN 5514

Wed 7pm-11pm
Fri, Sat 2pm-7pm

- ◆ tarot
- angel cards
- reiki



Laura

Premium PIN 7732

Wed 7pm-10pm
Thu 10am-2pm
Fri 10am-2pm
7pm-10pm
Sat 10am-2pm

- ◆ clairvoyant
- psychic



Hayley

Credit Card PIN 5503

Thurs 7pm-11.30pm

- ◆ clairvoyant
- tarot



Hazel

Credit Card PIN 5504

Mon, Fri,
7pm-midnight
Sat, Sun
8pm-midnight

- ◆ psychic
- medium



Thomas

Credit Card PIN 5513

Wed, Fri, Sat & Sun
7pm-midnight

- ◆ clairvoyant
- medium



Julie

Credit/Premium PIN 5507

Mon, Fri,
2pm-midnight
Wed 7pm-midnight
Sun 2pm-12pm

- ◆ clairvoyant
- medium
- crystal ball



Fran

Credit/Premium PIN 7716

Tue, Wed, Sat
7pm-11pm
Sat 7pm-11pm

- ◆ clairvoyant
- medium



Amber

Credit/Premium PIN 5500

Mon, Wed
7pm-11pm
Sun 7pm-11pm

- ◆ clairvoyance,
- mediumship



Love Peace Light

*Love before me
Love behind me
Love at my left
Love at my right
Love above me
Love below me
Love within me
Love in my surroundings
Love to the universe
Love to all*

*Peace before me
Peace behind me
Peace at my left
Peace at my right
Peace above me
Peace below me
Peace within me
Peace in my surroundings
Peace to the universe
Peace to all*

*Light before me
Light behind me
Light at my left
Light at my right
Light above me
Light below me
Light within me
Light in my surroundings
Light to the universe
Light to all*



Astrology

Joanna Watters



I recently had the privilege to meet an amazing Swedish lady by the name of Lena Hjeltman. She is a text book Sagittarian, sign of the higher mind, justice and honesty. The Archer often has many strings to their bow and Lena is a psychologist, Jungian therapist, dream analyst and probably – make that definitely – the most positive person I have ever met. In an important discussion she declared, "Something magical happens, and things progress, when we speak the truth". How often do we lose sight of this? With the Sun in Sagittarius until the 21st, Mercury until the 12th and Mars until the 27th, now is the time to connect with our own truth, whatever that may be. In so doing we refuse to collude with all that is false or unfair. We challenge understanding, our own or that of others, we honour authentic relationships and we find our own.

Aries (Mar 21 - Apr 19)



If you want something doing quickly ask an Aries. In your case this means relying on yourself as few people can match you for speed and efficiency. When your ruler Mars unites with the Sun in Sagittarius on the 5th you have the chance to implement these qualities to huge effect. In love or work it pays now to take the initiative, to accept the challenge, and you will succeed where before you have failed. When Mars moves on into ambitious Capricorn on the 27th your groundwork proves its worth.

Gemini (May 21 - Jun 21)



It's not the easiest start to the month. You may find yourself at odds with the world, or just with yourself, but don't ignore the rumblings of discontent. A change process is at work as your planet Mercury travels to meet up with powerful Pluto on the 12th, coinciding with the Full Moon in your sign. Deep thinking brings illumination, especially in terms of what you don't want. Conquer your fears and take direct action. New Year's Eve is a highlight, for fun and romance, but also for renewed faith in the future.

Taurus (Apr 20 - May 20)



Your planet Venus unites with expansive Jupiter on the 1st and it's time to paint life's canvas with big, broad strokes. Once you truly open your mind to the possibilities that lie ahead you will realize where you have allowed self limiting beliefs to hold you back. Say yes to a work opportunity on the 7th or share your aspirations with a woman whose success you admire – she is inspirational. Festive plans are well starred, especially if you are travelling, and your love life hits a romantic high on the 27th.

Cancer (Jun 22 - Jul 22)



With the love planet Venus joining bountiful Jupiter in your relationship sector on the 1st, romance is at the top of your agenda. Draw a firm line under recent differences and focus on a partner's good qualities. The benefits are greater than you might imagine. If you're unattached this is a red letter day for meeting your perfect match – do not sit at home. Work opportunities are also plentiful once you get networking. Take special note of a new contact or idea that surfaces on the 21st and you'll start the New Year in the fast lane.



Leo (Jul 23 - Aug 22)



With your ruler the Sun in fun loving Sagittarius until the 21st you're in the mood to live life to the full. Say yes to party invites, or be the organizing force yourself behind social events, and you'll meet some interesting people. If you're looking for love Venus enters your relationship sector on the 7th and is on your side throughout the month. In your working life anything that sparks your creative talents is well starred, but you must drive a hard bargain if you're going to be paid your true worth.

Libra (Sep 23 - Oct 22)



Home and family life take priority at the beginning of the month and the 1st is the ideal day to lick festive plans into shape. If you're unattached, a Christmas invite, especially one that takes you abroad, is a must. In fact, with your planet Venus and lucky Jupiter paving the way to good fortune, don't prevaricate over any decision or new opportunity that arises at this time. From the 7th your social life takes an upward swing as Venus moves into friendly Aquarius. Keep a new romantic attachment light and breezy for now.

Sagittarius (Nov 22 - Dec 21)



This is your time of year and when the Sun unites with the action planet Mars in your sign on the 5th you'll have even more clout than usual. If you have a battle to fight now's the time to roll up your sleeves and steam in. Get angry if that's what it takes to get at the truth. You're also on a roll when it comes to making the most of an earning opportunity, one that will open up other avenues for the future too. Your love life is sensitive. Look beyond the obvious when the Full Moon on the 12th brings a hidden agenda to light.

Aquarius (Jan 20 - Feb 18)



The fun factor has been a bit scarce of late but that is all set to change when pleasure seeking Venus arrives in your sign on the 7th. It's time to concentrate on the sweeter things of life – romance, beauty, the things you enjoy and the people you love – if you really want to make a positive difference. Only then will you realize that you do not need the company of someone who is negative or controlling. Christmas is laid back and your love life special on the 27th. A new romance bears the hallmarks of longevity.

Virgo (Aug 23 - Sep 22)



Serious Saturn is still trudging through your sign and your work ethic is stronger than ever. Results, however, are unlikely to come easily or quickly. There is simply no substitute for time and effort, especially between the 13th and 15th, and only then will you see if you're winning the battle or facing a dead end. Christmas brings welcome respite from your labors with your planet Mercury enhancing your love life. Christmas Eve is especially well starred for fun time with a partner or for meeting someone unusual.

Scorpio (Oct 23 - Nov 21)



The Sun fires up your planet Mars on the 5th. Deal with a fast moving business matter or personal financial issues at this time while your motivation is high and your vision is sharp. Your other planet Pluto, now at the beginning of a long, long journey through purposeful Capricorn, is bringing the bigger picture into focus. You'll be rethinking ideas and rewriting your script as you recognize a point of transition that holds enormous potential. Events on the 22nd and 28th bring deeper insights and keep you in control.

Capricorn (Dec 22 - Jan 20)



Pluto has arrived and will be in your sign for many years to come but his first lesson is to remind you of your hardiness. When life gets tough you know how to be strong yet sensitive, a powerful combination in the face of big changes or key choices. These start to crystallize from the 12th but hold your own counsel until the 22nd as you figure out your game plan. Christmas time is restorative and then it's all systems go from the 27th as Mars and the New Moon in your sign set you on a dynamic path from which there'll be no turning back.

Pisces (Feb 19 - Mar 20)



There's a sociable and optimistic start to the month as Venus joins your planet Jupiter on the 1st. Enjoy the company of good friends or move things on significantly with a new love interest. Mid month is rocky as the fiery Sun – Mars team squares up to unpredictable Uranus in your sign. Realize that your sensitivity could escalate a drama so play it cool. By the 16th, bad feelings have blown over or a problem resolves itself. New Year's Eve is special and a last minute resolution for 2009 is spot on.