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## Bette Midler

Still relevant in a world of fleeting fame and harsh criticism, Bette's astrological signature includes a Sagittarius Sun and the Chinese sign of Rooster. Have these and other psychic forces kept her from falling by the wayside?

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August 2011

INSIDE  
8 pages packed with  
inspiration!



# Bette Midler

She has remained a high profile figure in the entertainment world without falling foul of the scandal culture engineered by press and paparazzi. In a world where the press sets celebrities up so they can knock them down again, what astrological forces give Bette the ability to keep her head above the parapets without fear?



glamorous  
observant  
precise



ambitious  
versatile  
competitive



**Lucie**  
Reception



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Managing  
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Bette Midler was born in Hawaii under the Western sign of Sagittarius and the Chinese sign of the Rooster. After appearing as an extra in the film 'Hawaii', Midler used the money to help her relocate to New York and pursue a career as a professional actress. From 1965 to 1969, she appeared in various theatre productions, including Fiddler on the Roof and Salvation. However, in 1970, Midler turned her back on theatre to immerse herself in the growing cabaret scene. Most famously, she began singing and honing her comic skills in the Continental Baths, a gay bathhouse in the city. Were Bette's psychic abilities so sharp at that time that she was able to see this as a shrewd career move or were her signs simply preoccupied with seeking out new experiences?

## >>> hitting the right targets

In one sense, Midler may have been subject to the desires of the Archer. Sagittarians are born with a gambling streak that can run riot if not kept in check. The Archer likes to shoot as many arrows into the ether as possible, thriving on the excitement of waiting to see which one hits a target. Sagittarians are naturally rebellious and subversive, seeking to kick against the confines of any system they find themselves in. The traditional route to success was never going to be an option for Bette Midler. However, her decision to conduct cabaret evenings in a sauna may also have been informed by her Chinese astrological sign.

On the face of it, Roosters are materialistic, glamorous creatures who love nothing more than to strut in the spotlight and show off their plumage. However, beneath all the primping and posing, Roosters are very observant and almost unnaturally precise with their observations and understanding of those around them. In many ways, this imbues Roosters with a sixth sense. They are able to predict the future to some degree, basing their predictions on the current psychic energies that surround them. Given her situation of the time, Midler's higher powers will have tuned into the growing desire amongst the gay community for them to be accepted by society at large. Of course, these psychic energies had been bubbling away for a long time and when they erupted it was in a flash of colour and creativity, with Midler riding the crest of that psychic wave.

## >>> tuning her psychic antennae

Midler's gambling instincts and psychic awareness paid off and after developing a huge following in the gay community she was spotted by legendary Atlantic Records mogul Ahmet Ertegun, who offered her a record deal. It seems that, at this time, Midler's psychic antennae were tuning into another frequency - that of the feminist movement. The desire of women across America to be seen as equals will have appealed to her Sagittarian sense of danger and need to kick against social constraints. In typical Sagittarian style, this kick was delivered with all the power her hooves could muster. Midler imbued her material with a sense of glitz and vulgarity, using these devices to mask a deeper, more psychic message, pushing the psychic envelope as hard as she could. The feminist Rosalyn Drexler argued that she had "given camp back to women", while Gloria Steinem noted that Midler demonstrated, "that women too are trained to be female impersonators". Bette Midler had been at the forefront of two social revolutions and it only served to engender more respect for her and her talents.

Spontaneity and unpredictability, two of the most prominent Sagittarian traits, have played an enormous part in Midler's life. She married her husband Martin von Haselberg in 1984, just six weeks after meeting him. However, the key to Midler's success is her Rooster's ability to test the psychic waters at any available time. In addition, Roosters are imbued with a keen sense of justice and will fight for the rights of those in difficult circumstances. Midler has strongly allied herself to a number of charitable causes - she is a tireless AIDS campaigner and keen environmentalist, who sponsors rubbish removal.

However, perhaps the key to her professional success is tied in to the same stars that have governed her personal life. Midler remains almost impossible to categorize and no amount of speculation will be able to predict what she does next. At her heart, Bette is a true Sagittarian - spontaneous and unpredictable. However, with her highly attuned Rooster's psychic abilities, she can turn even the most seemingly random decision into a dynamic career choice.

**"I always try to balance the light with the heavy - a few tears of human spirit in with the sequins and the fringes."**

*- Bette Midler*

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**Aries** (Mar 21 - Apr 19)



Little things add up to big change this month, especially where words are concerned! But don't

let the honesty come rushing out all at once - the ice thaws little by little and the situation transforms gradually, especially at work. A love interest or close relationship seems slightly at odds with the urge to reinvent yourself. Anyone holding you back will be challenged until equilibrium is reached. Speaking of challenges, your desire for carefree fun needs healthy and budget-friendly outlets. Let your cash reflect your current spiritual vibration and abundance will increase under the benevolent influence of Jupiter.

**Taurus** (Apr 20 - May 20)



Sobriety can be an uncomfortable word, and it does apply to your stars this month, but don't

worry - this is no suggestion to cut out the sensual pleasures you love, which are rich in the time of harvest and late Summer. Rather, it means achieving balance and not tilting too far towards any one side. Saturn moving through your house of health/discipline, plus Mercury backing into your area of security and home, are key reasons for this. These planets want you to nurture your physical and domestic life, but not at the expense of sensual enjoyment. When a friend tries to talk you down like a cat from a tree, don't be afraid to stay centered where you are.

**Gemini** (May 21 - June 21)



Mercury goes retrograde early in the month and stays that way until the 26th! This effects

everybody, but you especially as Mercury rules Gemini. Consider it a special privilege, bringing new insight into your thought patterns, and reminding you of the importance of non-verbal communication: thoughts, gestures and body language. Also, the conversations you have with yourself become more obvious. How do they help; how do they hinder? Instead of using words at every opportunity, dwell more in the non-verbal. When Mercury turns direct on the 26th, others will find your quicksilver mind both charming and grounding.

# AUGUST HOROSCOPES

CAREER LOVE SPIRIT

**DESTINY**



**Chris Odle**  
Astrologer & Shaman

**Uranus, Neptune, Pluto and Mercury all spend the month moving retrograde, creating a strong vibe of healthy deconstruction and rebuilding.**

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**Libra** (Sept 23 - Oct 22)



You've learned a few valuable lessons in July. Now the stars open up a more social and action-

oriented vibe, and you are happy to go along, finding yourself in the thick of the action with plenty of new people around. The main challenge is preventing your words and emails from getting careless as Mercury retrogrades through the networking area of your chart. Saturn confirms this - so when your tongue slips and you say something you regret later, consider what it means about your image, and how you want the world to know you. Just don't try to change too much too fast. All in good time.

**Scorpio** (Oct 23 - Nov 21)



You thrive on the sense of accomplishment this month, crossing many things of the to-do list. At

the same time, you feel this strange desire to break rules and colour outside the lines - and if that weren't enough, there are robust vibrations of sexual intimacy in the air. You are sometimes known for your psychic and emotional intensity, so you will probably enjoy this whirlpool of powerful creative energies. Look for a grounding influence at work. If you can channel your creativity in the professional world, there's no telling who might notice. Details are likely to slip between the cracks, so take extra care with routine responsibilities.

**Sagittarius** (Nov 22 - Dec 21)



Lucky you: the stars are encouraging more exploration and travel, both inner and outer -

what could be better? The Summer so far has been more about getting healthy on a physical level. Now it's time to nurture your heart's desire to sail uncharted waters. Beware when planning or traveling - things will not be wrinkle-free, since Mercury moves retrograde most of the month. Forge ahead with patience as your special virtue. Your spirit seeks greater harmony with respect to home life, so consider your own illusions about home and family. Love? You'll have at least two openings with sexy Mars in Gemini.

## Cancer (June 22 - July 22)



You are empowered to make things happen in your world this month, and the results are tangible. Good food and drink, along with good scenery, are keys to your emotional well-being. But the stars also pose unique challenges: Mercury retrograde through your 2nd house means that official transactions or contracts are best delayed until the 26th, and a certain social group may tempt you away from the relaxation and soul-searching you need. Your love life is prone to upheaval with Pluto in your relationship zone, and you are also intrigued by prospects of secret love. Have fun, but remember the golden rule!

## Leo (July 23 - Aug 22)



With the Sun in your sign, accompanied by Venus and the Moon, the month ahead looks bright - but Mercury will backtrack through Leo, giving you a lot to consider. The way you present yourself to the world is important, and now comes a true chance to restyle and revitalize yourself. In what ways could you be more honest about your true personality, letting it shine no matter what anyone thinks? You find yourself going back and forth about things, from important decisions to the question of what to wear to the beach. Give yourself space to experiment and change your mind, knowing that Mercury is helping you to re-define who you are in this world.

## Virgo (Aug 23 - Sep 22)



Too many assumptions - or even attempts to analyze the situation - will slow you up this month. The stars are definitely suggesting a go-with-the-flow attitude. There is a lot happening in your inner world, and not knowing exactly what, or where it's all headed, may be irritating at times. The best course of action is to stay attuned to your inner dialogue and be open to surprises. Due to a combined influence of Mercury retrograde and Neptune (which denotes loopholes and unseen aspects), official business moves and important financial transactions should be undertaken with extra care - if possible they should be delayed until Mercury turns direct on the 27th.

## In what ways could you be more honest about your true personality, letting it shine no matter what anyone thinks?



## Capricorn (Dec 22 - Jan 19)



Take a close look at your resources, debts, and how it all ties together with your life's trajectory and purpose. A relationship issue is strongly linked to the financial ebb and flow of the moment, and a careful reorganization of this life area reveals other problem areas you haven't been seeing clearly. Remember - money and legal ties have energetic and spiritual implications. If you deal with any sort of legal or official business, be extra vigilant as Mercury retrograde will throw a few marbles on the path. Pick your steps carefully and you'll come through with flying colours. Love takes on a mysterious and magical flavour, whether established or new...enjoy.

## Aquarius (Jan 20 - Feb 18)



Are you getting what you need emotionally from that significant other? Are they getting what they need from you? The focus shifts towards relationships and intimacy, and Mercury's retrograde acts like a magnifying glass on this area of your world. There is a key point on which you disagree with someone close to you, and when this comes out (possibly in public) you gain a clearer understanding of each other, and the viability of the relationship. Sexual intimacy is high on your list, thanks to the influence of Mars; if you are single, consider playing the field. You are likely to attract attention through sports.

## Pisces (Feb 19 - Mar 20)



The better part of this month features four planets in retrograde: Mercury, Uranus, Neptune and Pluto. In short, the stage is set for another round of deep inner work, Pisces. Are you up for it? If so, let your ruling planet Jupiter be your anchor. It is positively positioned in your chart to create a buzz of positive energy and forward psychic motion as all those retrogrades do their thing. You won't understand these shifting tides intellectually - thankfully you are at home with intuition and can let the analysis slide when need be. Anyway there will be plenty of new ideas and amusements to keep you busy including a spark of new love. 5



# Unlocking The Secret Within

BY BARNEY BATTLES

Secrets are sold on a daily basis - the secret to weight loss, the secret of self-confidence or increasing your attraction. Secrets are valuable things - but what about *the* secret? If we take a little time each day, can we use our own psychic powers to overcome personal obstacles?

Many secrets play on our self-doubt and personal fears. While dieting may cause weight loss and going to the gym might increase self-confidence, these are temporary measures. The real secret to fulfilment is that there is no secret!

## MOTIVATION, WILL POWER & SELF-DISCIPLINE

If you are happy in yourself, spiritually aligned and emotionally attuned to those around you, then you are far more likely to achieve your goals - as opposed to buying into the latest secret. By communicating and communing with your psychic self, you can decide exactly what you want from life and begin the path towards getting it. This is part motivation, will power and self-discipline.

To begin any change, you must first have desire. Without that, any attempt will fail. By committing to a decision and acknowledging that there is an aspect of yourself that you are unhappy with, you are putting the key in your subconscious' ignition and starting the engine. From here on, the real 'secret' is repeated, and you experience positive communication with your psychic self.

Your subconscious is unable to discern fantasy from reality. Consider the tension you experience in watching a thriller or the fear you feel during a nightmare. By using imagery to communicate your wants to your psychic self, you are setting the wheels in motion to begin a positive and profound chain reaction. Your subconscious also believes every word you tell it - after all, why would you lie to yourself? Perhaps the biggest surprise to most people is that the subconscious only responds to positive instruction. For example, the instruction "I will eat less today" is far more powerful than "I will not eat so much today", as your psychic self works only from positive energy and positive affirmations.

## LEARN TO RELAX

The first stage of visualisation is to relax. Many people like to practice their visualisations just before they go to sleep or just after they wake up - a time when the veil between the conscious and subconscious mind is at its weakest. Whatever your problem is, you must visualise the exact opposite. If you are lacking confidence then visualise a time when you were at your most self-assured or even create an image of how you would like to be. You should see these images in as much detail as possible and allow the feelings they create to flow through you. Practice these visualisations at least once a day for two weeks, making notes of your thoughts and feelings.

## BE SERIOUS ABOUT YOUR GOALS

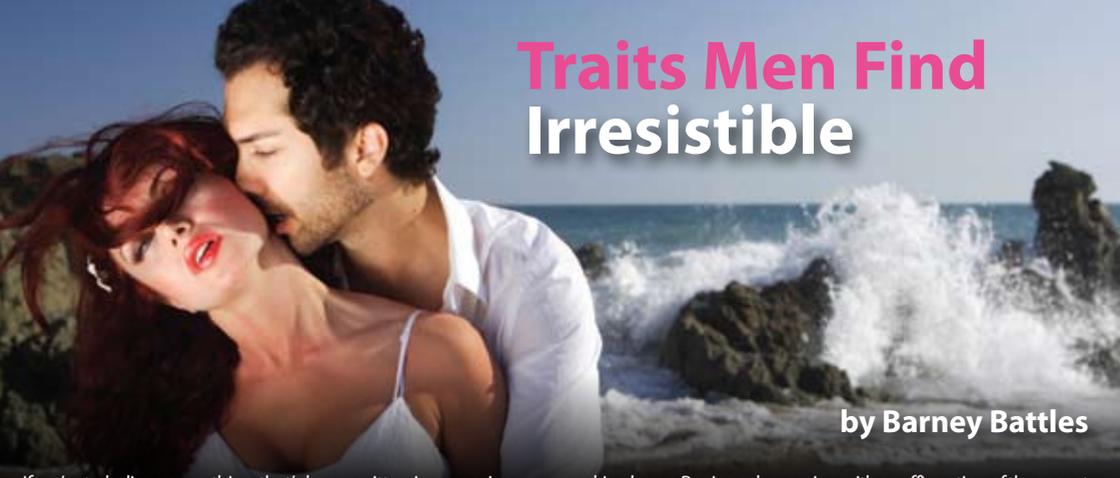
Each morning, make a positive affirmation to yourself out loud. Speaking your intent out loud is almost like drawing up a contract with your subconscious, letting it know that you are serious about your goals. As your psychic self takes on board the intentions you have in mind, it will begin to engineer subtle changes within you. These may take the forms of feelings or a change of attitude. You may even find yourself making on-the-spot decisions that, a little while ago may have seemed beyond your grasp.

Another benefit of this process is that your subconscious will start to alter other aspects of your existence and bring about other positive changes. Your psychic self wants what is best for you and will do all it can to make your desires into reality. Once you are set on the path to overcoming your personal hurdles, continue to commune with your subconscious on a regular basis. By taking time to look within yourself, you will become more attuned to your psychic state, better able to identify problems and blocks.

There are no short cuts to personal fulfilment, but there are more direct paths. Going to the gym because you have been told it is a secret is not the same as going to the gym because you want to and have arrived at that decision through positive action. The latter is more likely to help you maintain good habits than the former, because you have a sense of inner harmony. This has a beneficial effect on your physical being. You may find that many of these so-called secrets have a price tag attached to them, whereas self-knowledge comes free. But don't tell anyone. It's your own, personal secret..

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# Traits Men Find Irresistible

by Barney Battles

If we're to believe everything that's been written in magazines or shown on the television about how to attract a man, most women wouldn't leave the house until they'd paid a visit to their friendly neighbourhood plastic surgeon or taken out a second mortgage to pay for the cost of overhauling the contents of their wardrobe. A far less costly alternative is to use your innate psychic abilities to give yourself an inner makeover and project an image that will attract the man that you want.

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## Be Confident

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The first thing to do is rediscover your inner confidence. Many of us have had bad relationships or have been through break ups that were less than pleasant. On a psychic level, these experiences can leave us full of self-doubt, which ultimately leads to self-blame. Self-confidence is key to finding the man you want. Begin with positive visualisation. These are most powerful when your subconscious and your conscious mind are still intertwined. If you don't have the time to meditate, then using the time between waking and sleep can be just as effective. You can begin your visualisations at the end of the day or first thing in the morning.

Begin by remembering a time in your life when you feel that you were at your most confident. Make mental notes of how your appearance looked and the way you carried yourself. At the same time, try and identify just how it was you were feeling at that time and, if possible, identify what it was that was helping you feel that way. This may take a number of sessions and, in many ways it is better if it does. Once you have uncovered that confident you from way back when, you should try and distil the images into a snapshot that capture you at your most self-assured. The next stage is to visualise the man that would most complement your self-image but, although you will come to visualise this man, try to focus on the aspects of his personality that would harmonise with your inner-self's vision of yourself rather than just what he looks like.

In the daytime, try and embrace an aspect of your snapshot. This may be something physical, such as a hairstyle or a particular dress, but concentrate on the inner feelings associated with that confidence. Take one aspect at a time and try to incorporate them into your

waking hours. Begin each morning with an affirmation of the aspect you are going to embrace, but ensure that your instructions to yourself are positive. Rather than saying, "Today I will not be afraid to speak my mind" say, "Today I will speak my mind." The difference is that the subconscious does not respond to negative instruction and will react in the opposite way. To illustrate this, try not to think of a blue bear. On reading this, your subconscious will do exactly what you have asked it not to – because it will not be able to process the command 'not.' Your subconscious is programmed to be positive, so use it to your advantage.

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## But Not Too Confident

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Possibly the most irresistible trait for any man is a woman who is at ease with herself. However, you must be careful that your self-confidence does not transform into or communicate itself as arrogance. In your visualisations, your focus on the partner that would best complement the good things about yourself is important, but we are not denying the role they may play in helping you understand and accept the less positive aspects of your personality. Once the physical side of a relationship has become less exciting, the true test of a relationship is what is left - the psychic journey. The psychic journey begins where the physical side leaves off and is an exploration of all the facets, both positive and negative, of your respective psyches. If you have solely focussed on self-improvement and concentrated on making yourself uber-confident, there will be no room for a psychic relationship to flourish. While men are attracted to women who seem happy in their own skins, they also need to feel needed. If you are apparently in complete control of yourself and your life, they will feel surplus to requirements. Showing vulnerability is an act of psychic trust and shows a deep understanding of your own quirks and faults.

The most irresistible combination for any man is a woman who is at home with herself, yet is prepared to admit that there is room for improvement. While the media continues to bombard us with images that suggest we are not worthy unless we look like supermodels, this is not the key to attracting a soul mate. The key is to focus on what is inside you. By releasing your inner potential this will, in turn, have a positive effect on your physical self. Beauty is in the eye of the beholder, so take the time to look at yourself in a positive yet realistic light.

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# READER PROFILE

# Amber

*Have you had any memorable experiences reading for a client?*

I remember a reading I gave some time back, informing a lady client the name of man she would meet. I told her this could lead to marriage, and when it happened she called me back and told me! Experiences like that are so very rewarding.

*What makes a good psychic reading?*

Being a good listener, showing an interest in what the client is saying, and of course providing them with evidence from the spirit world. Also I receive a great deal of pleasure being able to provide real evidence from loved ones who have passed over.



*When did you first realise you were psychic?*

My dad introduced me to the world of spirit from a young age. Then my grandfather died when I was 13, and six weeks later I saw him large as life. I have been hooked since then, and had many unique and powerful psychic experiences.



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