

STAR TEMPLE

The UK's Most Popular and Psychic Network

New Year's Resolutions

Make them stick

Paul Watson

Renowned astrologer
joins Star Temple

Venus ♀

Moves into Capricorn
What it means for you



January 2013

Kate

The Astrological Making
of a Duchess

Special Offer
Inside!

Call our psychics on 0800 422 0422

Book online at startemple.com



Unlike most royal brides, she does not come from an aristocratic background—and yet her pedigree, in everything from fashion to public speaking, bears the unmistakable stamp of royalty. Was it mere chance that lifted this daughter of working class parents into Buckingham Palace—and onto the world stage—or have other forces been guiding her? A look at the astrological signs gives an answer this question, and paints a picture of the woman Catherine will become as she settles into her role as a global icon.

Catherine Elizabeth Middleton was born on 9th January, 1982, making her a Capricorn born in the Chinese year of the Rooster. The best-known traits of Capricorn are persistence, patience and steady progress, while the Rooster is a sociable and spotlight-loving sign. At a glance, it is obvious why this astrological signature made her a desirable choice for Prince William, whose search for a bride was undoubtedly more complicated than most. But like any combination of signs, there is more to Capricorn-Rooster than meets the eye.

Kate's mother and father both worked for British Airways, which in 1984 took the family to the middle-eastern country of Jordan. Kate lived in the city of Amman and attended nursery school for two years. She was only four years old when the family moved back to England, but this early sojourn to a faraway place would have made a lasting impression on her psyche. In youth, Roosters have an air of optimism and ambition as they begin to discover the world around them.



Lucie
Reception



Barney
Managing Director

Star Psychics Ltd (Trading as Star Temple)
P.O. Box 132 • Tavistock, UK • PL19 0WA

0800 422 0422 • office@startemple.com • startemple.com

Although Kate's early years can be described as modest, the Middleton family became decisively upper-class when their startup company, a mail order service for party supplies, met with surprise success. With a family fortune established, Kate's Rooster traits of ambition and social prowess began to mix with the privileges of high society. She was enrolled in premier boarding schools, and it is rumored that the boys at Marlborough College, in a youthful and insensitive contest, rated her a 2 out of 10 in terms of attractiveness.

Fortunately for Kate, no amount of taunting can stop a Capricorn. The Goat is a steady climber, with a keen sense of where the best footholds are. Even as chaos unfolds around it, the approach will be calm and determined. At this early age, it is unlikely that Kate really knew what her goals were—but given her determination and high marks, she must have known that steady work would pay off.

Kate first met the Prince at University of St Andrews. The two became fast friends, and while William was first to show romantic interest, Kate did not jump at the idea of royal romance. Instead, she stayed with the young man she was dating. It was not until this relationship ended, over a year after William's initial approach, that the two began their own natural courtship. The Rooster marches to the beat of his own drummer, and can seldom be cajoled in matters of the heart. He needs a thick-skinned partner who can take the honest truth. These traits were not lost on the perceptive young Prince, whose keen Gemini intellect would have drawn him toward the independent spirit of the Duchess-to-be.

The years of courtship—including the famous split—signaled that Kate was not just a flash-in-the-pan, but a serious bridal prospect. During this time, in true Capricornian fashion, she continued to steadily define herself in the public eye. Even before the engagement, she made a number of best-dressed lists and became celebrated as one of the most fashionable people in

the world. Known for sleek, conservative and classy combinations, often involving neutral colors, Kate's wardrobe continues to be a testament to both her Rooster and Capricorn natures. Her sense of fashion also indicates her understanding of the parameters of royal life, and a determination to succeed in the long haul.

How will all of these psychic energies play out, now that Kate is established as royalty? Roosters enjoy the stage and have no shortage of substantial life goals. This should work to her advantage, as the intense elements of personality feed off the pressure of public life. A sense of diligence and steady progress, both of which are inherent to Capricorn, will be indispensable in years to come.

Charity is another area where Kate is likely to be strong. Whoever the Prince's bride may have been, civil and philanthropic duties were certain—but a different combination of astrological signs may have viewed these things as mere motions to be gone through. The Rooster often seems like he is in it for himself, but beneath the surface is real compassion. Capricorn, in turn, sees the bigger picture and knows what steps must be taken in order to improve it. As

such, Kate's interest in helping people and improving the state of the world is likely to be both effective and genuine. This is already beginning to show in her work with UNICEF, and with other organizations advocating the arts, children, and addiction care. The list of causes in which she is involved will grow long as she becomes more comfortable and confident in her role.

Even as Kate steps out as a public figure in her own right, exhibiting her own willpower will be an important factor. Bumps in the road are inevitable, and Kate's personality is sure to produce some biting remarks in the public arena, yet such flaws are unlikely to throw her significantly off-course. Her powerful astrological signature is small part of why she was destined for the royal family. Those killer fashion instincts are just icing on the cake!



Kate and William with the Obamas



In need of guidance for 2013?

Call our psychics on 0800 422 0422

Aries (Mar 21 - Apr 19)



Bold and beautiful are your keywords to start the new year. Don't be afraid to change your appearance or your opinions, and let the world know where you stand. Innovating on the job comes naturally, and your ideas could make a real difference. Take precautions, however, as something you say or do could really touch someone off. A romantic possibility is strong when you follow your heart and explore new horizons of learning. An established partnership needs a dose of fresh, youthful energy to keep it floating on the tides of the new year. Consistently visualising the changes you want in 2013 will have a remarkable effect.

Taurus (Apr 20 - May 20)



There is still an energetic block on a business or financial move. Have no fear—it will dislodge at the very end of this month, opening the way for success. In the meantime, patience is a virtue that helps you not only financially, but in matters of the heart. If you're on the prowl, you'll find a connection in the classroom, gym, or someplace where discipline and development are the name of the game. This connection will progress slowly, so if you're interested, care for it like a plant and allow it to grow at its own pace. Inner practices like daily meditation or visualisation set the tone for external results, and provide an ideal base for transformation.

Gemini (May 21 - June 21)



A high level of honesty and trust is required as the adventure of 2013 gets underway. You have been called flirty and flighty in the past, but now is the time to show a different side of yourself. By exhibiting the same trustworthiness that you seek in others, you will attract positive energies into your circle, and thus draw nearer to the goals you have set. The past still has an important role to play this month, and someone unexpected will resurface, forcing a change of perspective. It isn't until the 29th that you feel truly ready to move into a new incarnation of yourself. Meanwhile, a financial move is helped along by a timely social engagement.



January 2013 Horoscopes

Call 0800 422 0422 for more info

Venus enters Capricorn while Jupiter turns direct, ushering in a new phase of expansion and clarity.

Libra (Sept 23 - Oct 22)



Pay close attention to body language, as somebody is sending you steamy signals beneath ordinary conversation. Your psychic broadcast is also reaching them, but the picture is fuzzy. Be sure you know what you want, or you may have to deal with an awkward moment! After having carefully considered the pros and cons of undertaking a new endeavor, you are ready to move forward—but not until the end of the month. Use this time to consolidate your psychic strength and set things in order before getting down to the business of a new and exciting year. Slow and steady wins the race.

Scorpio (Oct 23 - Nov 21)



Your focus shifts to others as the new year dawns. You understand that putting love and care into the world around you is a way of loving and caring for yourself. As able as you are to go it alone sometimes, there is no replacement for alchemy of relationships. A love interest may be motivated by more than just feelings, so make sure you know what you are dealing with before going deeper. You do not have to communicate the way you always have. Feel free to change it up and use new expressions. Someone may not like it, but that's just too bad. Embrace change and ignore all attempts to box you in.

Sagittarius (Nov 22 - Dec 21)



Lingering questions about your relationship are healthy, and must be answered as honestly as possible. As long as you give it some serious thought, the right decision will be clear by month's end. Meanwhile, the new year demands changes in your surroundings. If possible, use techniques like Feng Shui to release trapped energy at home and work. Likewise, certain articles of clothing are trapping stagnant psychic energy, and can be thrown out of your wardrobe. Your powers of communication are enhanced, so take the opportunity to address a situation that has been lying dormant. All of this freed energy brings multidimensional growth.

Cancer (June 22 - July 22)



The first big theme of 2013 is interconnectivity. Everyone with whom you interact is a mirror

through which you see aspects of yourself. This is especially true of close friends, partners, and family members. Our spiritual journeys are not separate and exclusive, but rather an intricate web of energy and growth. Be part of a rising tide of compassion that lifts all boats. This is not only good in an abstract way—it brings you closer to what you want as an individual. If you're single, maintain a keen awareness during your daily routine, as new love is likely to be found there. If you're committed, pent up emotions are ticking time bombs. The only way to disarm them is honesty.



Leo (July 23 - Aug 22)



In a psychically-sensitive start to the year, there will be moments when you feel you are in strange

new world. Don't panic—these are just your inner energies re-configuring to meet new challenges ahead. As the world changes, so do we, but with time things will feel normal again. On the relationship front, you are dealing with a lot of red-hot energy. On a mental level this could cause arguments, but on a physical level you could be on cloud nine. It all depends on how you and your partner are able to channel it. New love is highly likely if you're unattached. Demonstrate emotional honesty with someone who interests you. Be the one to reach out and take their hand.



Virgo (Aug 23 - Sep 22)



A long period of re-evaluating your career will soon come to an end. The time to put thought into action is upon you, and just in time for the 2013! To think that you are trapped is a mistake—there is another way, though certain sacrifices may be required. Carefully weigh your options and take the advice of a close friend. Meanwhile, high expectations are dragging on a relationship. Why not push re-set and be honest with each other about what you really want? Good news if you're single: This year looks to be one of plentiful tinder. It will be easy to start fires, but finding that long-term flame will require diligent clearing of old energies from your past.



Capricorn (Dec 22 - Jan 19)



As always, the new year begins with the sun in your sign. The steadiness of the mountain goat on

steep and winding paths is a symbol of your nature, demonstrating how to be consistent and get results. You stand an excellent chance of achieving a long-standing goal in 2013, provided you take advantage of what's going on in the stars right now. Re-make your personal image in a bold way, as a symbol of your commitment to personal growth. Hair and wardrobe changes, augmented by healthy new routines, are a good way to get the ball rolling. Meanwhile, a love connection shows deep, psychic aspects. The potential could be long-term.

Aquarius (Jan 20 - Feb 18)



Your new year starts with a surge of willpower thanks to Mars, which arrived in your sign just

in time for the countdown. Set your intentions and dive right in. Don't wait until all the decks are cleared, because in real life, that is unlikely to happen! Going 3/4 speed is a good strategy, since pushing the pedal to the metal with Mars in your sign will burn you out. Leave yourself some reserves, and take frequent pauses to cool down. In terms of love, the situation is favourable whether you are looking for a relationship or already have one. Someone close to you is waiting for honesty about how you really feel.

Pisces (Feb 19 - Mar 20)



If you could re-make yourself any way you wanted, what would you be like? You have

a special opportunity to morph and change, and there are an endless number of directions in which you could go. Whichever direction you choose, remember that your true self is already better than anything you can imagine. An issue with family continues to drag, but don't worry. The wrinkles begin to iron out at the very end of the month. Sometimes our roots give us strong resistance to change, but the world is made of transformation and exciting new possibilities. As it is with trees, our roots must adapt if they are to support us.



Psychic Resolve

New Year's resolutions often fade. Here's how to make them last.



Replace *won't* and *no* with *will* and *yes*. Instead of 'I won't eat junk food', try 'I will eat more fruit and vegetables'. This shifts the emphasis from negative to positive, and sends a message of success to the subconscious mind. Most of the time, negative thinking only makes you want something more.

The idea of "never again" is a surefire way to overwhelm your resolve and keep you from realising the change you seek. Allow yourself small amounts of what you fancy. If you want to cut back on something, set specific targets. When quitting completely is within reach, you'll feel it—but until then, don't beat yourself up.



If you aren't making good on little things—"I'll call you tomorrow, we'll get together next week"—you are sending powerful psychic messages to yourself and others. These negative messages disturb your ability to reach your goals. So become aware of the small commitments you make, and only say it if you really mean it. This will cleanse your psychic energy and give backbone to your commitments.

A history of failed resolutions may have caused the term "New Year's Resolution" to lose traction in your psyche. If this is the case, think of a new name like "life changes" or "upgrades." If certain goals have failed in the past, put them on the shelf and try new ones. Finding success in new goals may eventually give you the psychic strength you need to face older, more stubborn challenges.



The more abstract and lofty the goal, the more likely it will be abandoned. You cannot climb Everest unless you make plans to travel to the Himalayas, study a map, acclimate yourself to the air, and so on. So divide your goals into pieces that can be digested by the realities of everyday life. When unforeseen circumstances appear—as they surely will—only manageable goals will survive.

The cleanest psychic energy is found in the world of nature. Appreciating the trees, watching the sunrise, talking long walks—these activities are like spiritual tuning forks. They help us to remember what really matters in life, and what is natural. As long as your resolutions are good ones, and worth pursuing, the language of nature will strengthen your resolve.



Set a reminder on your phone or computer for 1st March. Ask yourself how that New Year's resolution is going. If it's not going well, adjust it! If you were going to meditate for an hour each day, lower the bar to fifteen minutes. Achieving a fraction of the original goal still sends a positive message to the subconscious mind, and lets you know that you are succeeding.

Resolutions often fail because they are rooted in selfishness. To fix this, imagine how your personal success will help and inspire others. Visualise yourself as a piece of the greater puzzle, rather than one individual against the world. Donate to local charities, be courteous on the road, smile at a stranger on the sidewalk. The more good energy you put out, the stronger your resolve will become.



Looking for **inspiration** or **support**? Call our psychics on **0800 422 0422**



Reading the Signs

Renowned Astrologer **PAUL WATSON** brings his amazing skills to the UK's Most Respected Psychic Network.

Over his 25 years' experience as an astrologer, Paul Watson has evolved a practical hands-on approach very different to that of other astrologers in the UK media market. The Paul Watson technique combines principles of Western and Chinese astrology to provide remarkable insight into both individuals and relationships.

The popular demand for Paul's method speaks to its effectiveness. He is currently the resident astrologer on ITV's *This Morning*, where his interpretations of celebrity relationships have proved a massive hit. Between 2003 and 2006 he sat alongside Dermot O'Leary as a regular guest on *Big Brother's Little Brother* (C4), providing a refreshing insight into the ever-changing dynamics of the house. He has provided astrological analysis for *Hell's Kitchen*, and has recently completed a pilot entitled *Zodiac SOS*, where he helps a family overcome their relationship difficulties by analysing dates of birth and compatibility. In addition to his strong presence in television, Paul has been featured in a major print publications, including *The Guardian* and *The Financial Times*.

So who is Paul Watson? Born in the baby boom generation, he grew up on a farm in Plymouth. His childhood fascination with the solar system was nurtured by his father Cliff, an accomplished astrologer

in his own right. But when Paul had his natal chart done at the age of 14, he felt that the reading did not reflect his true character, and became disillusioned with the generic nature of Western astrology. As a result, he set out to discover a deeper link between the planets, the sun and the moon. At the age of 20, he began to investigate Chinese astrology, which is ruled by the moon, as opposed to Western astrology which is ruled by the sun. By fusing the two systems and interpreting the results, Paul realised he could develop a system that was both accurate and intriguing.

Take for example an **Aries Fire Hare** (Born April 4th 1987). Paul's system is about understanding the dynamics between Aries and Hare, and defining the character that derives from these dynamics. Such a character would be feisty (Aries, Fire), driven (Fire, Hare), sensitive (Hare), charismatic (Aries, Fire), and reticent (Hare). He would present an image of strength and bravado (Aries) when in fact he is a constant worrier (Hare).

When you do the math, there are 1440 possible character combinations, along with 2,073,600 possible relationship combinations. Understanding each of these requires a deep knowledge and interpretive skill that makes Paul a unique figure in the world of astrology.

Somebody to Love

The **Somebody to Love** app enables you to discover your true compatibility with partners, friends, celebrities or anyone else—using only your birthday and gender. New users get their own profile and all celebrity comparisons **free**, plus another **two free credits** so they can evaluate Paul's system with friends. Users can then buy further credits for themselves or friends from the settings page.

Find it at the **iPhone App store** or **somebodytolove.com**

Paul Watson with Star Temple

We are delighted to announce that Paul's cutting-edge astrological readings are now directly available to our clients. Whether you seek an individual or relationship analysis, these remarkable insights will change the way you see yourself and the world around you. Remember, there are **1440** individual combinations, and over **2 million** relationship combinations. Understanding yours is a phone call away.

Contact Paul directly on **0800 422 0422** pin # **7797**



Psychic Spotlight Paul Watson

The renowned astrologer, seen on popular TV and radio shows in the UK, brings his unique astrological skills to Star Temple.

Paul uses a synthesis of Eastern and Western astrology to produce uncanny analysis of individuals and relationships. With over 25 years of experience reading the stars, his readings shed light on hidden aspects of psychic chemistry, and leave clients with an exciting new perspective.

Check out the Somebody to Love iPhone app, which uses Paul's unique astrological system to measure compatability, using only your birthdate. Available at the Iphone App Store or somebodytolove.com

For a personal astrological reading with Paul Watson, call Star Temple on 0800 422 0422 and enter pin number 7797.

All psychics only 99p/min for first time credit card callers*

Alaine PIN 7788	Andrea PIN 7726	Eric PIN 7742	Honorine PIN 7778	Julie PIN 5507	Loraine PIN 7776	Rosemary PIN 7733	Suzy PIN 7764
Alison PIN 7706	Athena PIN 7748	Gale PIN 7710	Jade PIN 7717	Karena PIN 7703	Nina PIN 7786	Ruth PIN 7783	Wendy PIN 7701
Amber PIN 5500	Christine PIN 5502	Gill PIN 7796	Jeannie PIN 5506	Kathryn PIN 5508	Rachel PIN 7722	Sam PIN 7713	
Amethyst PIN 7790	Daniel PIN 7700	Gwyneth PIN 7735	Jessica PIN 7777	Liam PIN 7709	Richard PIN 7708	Selina PIN 7727	



Call

credit card
0800 422 0422



Text

SARAH + question to
78887



Click

browse and book online
startemple.com

STAR TEMPLE VIP

Email Sophie@StarTemple.com for information on the VIP programme.

*See startemple.com for full terms and conditions.